



# A Clinical Education and Advocacy Program





# Food Matters: A Clinical Education and Advocacy Program

## Developed by:

Nutrition in Healthcare Leadership Team, a subcommittee of the San Diego County Childhood Obesity Initiative, a program facilitated by Community Health Improvement Partners

Health Care Without Harm

San Francisco Bay Area Physicians for Social Responsibility

University of California San Francisco's Program on Reproductive Health and Environment

## Jointly Sponsored by:

Community Health Improvement Partners

PAC/LAC (Perinatal Advisory Council: Leadership, Advocacy, and Consultation)





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### DISCLOSURE

The following faculty or planning committee do not have any relevant financial relationships with commercial interests :

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## Food Matters: A Clinical Education and Advocacy Program

To inspire clinicians to:



**Provide anticipatory guidance** to patients and families about the importance of healthy foods and a healthy food system.

**Work within health care facilities** to create a healthy food service model that is recognized as integral to a preventive health agenda.



**Work within the community at a local, regional and national level** to promote policies that support the development of a healthy, accessible, and fair food system.



## Nutrition in Healthcare Leadership Team

### Vision:

San Diego County healthcare systems promote optimal health by ensuring all foods and beverages served are healthy, fresh, affordable and produced in a manner that supports the local economy, environment and community.

### Mission:

To advance healthful, sustainable food and beverage practices in San Diego County healthcare systems through collaboration.

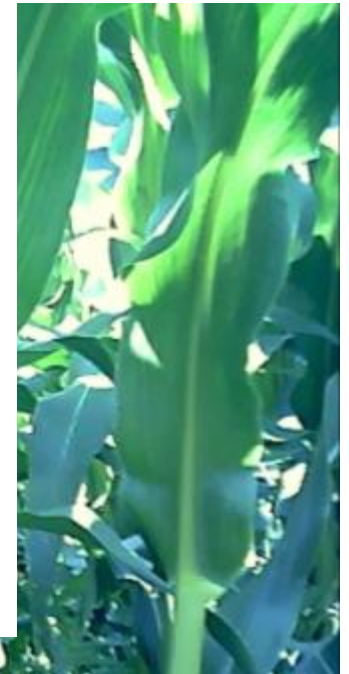




## Nutrition in Healthcare Leadership Team

### Goals:

1. Make **healthful food** the standard
2. Make **healthful beverages** the standard
3. Leverage **collective buying power**
4. Create and foster opportunities for **collaboration**
5. Raise “**food literacy**” among patients, families, employees, physicians, and the community
6. Support **evaluation and tracking** of food and beverage practices





## Nutrition in Healthcare Leadership Team

Alvarado Hospital Medical Center

Kaiser Permanente San Diego

Kindred Hospital

Palomar Health (*co-chair*)

Rady Children's Hospital- San Diego

Scripps Health

Sharp HealthCare (*co-chair*)

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