

## **Julian Farm to School Goals**

### Goal #1 (Education)

Increase students' and their families' knowledge of where their food comes from, how it is grown, and the benefits of eating local, healthy food (specifically fruits and vegetables)

### Goal #2 (Procurement/Infrastructure)

Improve students and families' nutrition by increasing their exposure and access to fresh, locally grown fruits and vegetables and healthy snacks with a special emphasis on food-insecure families

### Goal #3 (Outreach)

Share F2S information and best practices outside of our school community

## **Julian Harvest of the Month Calendar**

September: Tomatoes

October: Apples

November/Dec: Broccoli

February: Kale

March: Citrus

April: Peas

May: Spinach