

**San Diego County Childhood Obesity Initiative
Early Childhood Domain Workgroup
July 22, 2014**

Attendees: Debbie Miranda, Keturah Swenson, Kim Woodorth, Jojo Drinkwater, Kim McDougal, Anthony Denaro, Cheryl Moder, Kristine Smith, Debal Acquaro, Kathleen Merchant, and Nina Ghatan.

AGENDA ITEM	DISCUSSION / ISSUES / CONCERNS	DECISIONS / RECOMMENDATIONS / ACTION ITEMS
1. Introduction & Review of Minutes	<ul style="list-style-type: none"> • Group made introductions. • The group reviewed and approved the minutes. 	
2. SPARK Collaboration	<ul style="list-style-type: none"> • SPARK and Early Childhood Resource Services discussed hosting a complementary two- to three-hour early childhood workshop for providers. • SPARK can accommodate 75-100 participants and can provide a trainer, A/V, and SPARK lessons and activities that can be adapted and implemented immediately. • Workgroup agreed to hold this idea until pending grant applications are determined so we can define the target audience and accommodate the providers' schedules. 	<ul style="list-style-type: none"> • Continue discussion after October 1st.
3. Action Plan Review & Revision	<ul style="list-style-type: none"> • On hold till next meeting. 	<ul style="list-style-type: none"> • Review action plan & brainstorm for August meeting.
4. Proposed Indicators	<ul style="list-style-type: none"> • On hold. 	<ul style="list-style-type: none"> • Review at an upcoming meeting
5. Feedback on Wellness Champion Checklist	<ul style="list-style-type: none"> • N/A 	<ul style="list-style-type: none"> • Review at the August meeting
6. HEAL Zone Update	<ul style="list-style-type: none"> • Kaiser Lemon Grove HEAL Zone is evaluating the early childhood farm to preschool program in their report. 	
7. Early Childhood Ed. Program Updates	<ul style="list-style-type: none"> • Cindy Swan, with Point Loma Nazarene University, said they are one of the only universities that offer two nutrition courses in the early childhood program. • Cuyamaca College covers nutrition, physical activity, and health in several courses. • Cheryl recommended including a policies/environmental course to train providers on creating healthy environments. • The workgroup agreed to review the Institute of Medicine's recommendations then approach universities individually. • The development of a white paper highlighting current trends in the field and curriculum recommendations could be a useful tool to guide the discussion with universities. • The workgroup needs to determine how we can support universities in 	<ul style="list-style-type: none"> • Kris follow up with Cindy re: physical activity courses. • Review the Institute of Medicine's recommendations & highlight gaps • Kris email Cheryl for a copy of the report & contact the authors re: best practice programs. • Develop a white paper to share with universities.

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	implementing our recommendations.	
<p>8. Breastfeeding Survey/ Awareness Month</p>	<ul style="list-style-type: none"> • Kim presented the findings from the home and center-based childcare providers on breastfeeding gaps and services. Surveys were completed over the phone and via survey monkey in English and Spanish. • English Survey sent to 3612 providers and determined: • Respondents scored high in breastfeeding friendly including 72% coordinate feeding schedule with mom's, 82% update the child's individual feeding plan as the child grows, 86% accept breast milk, 87% provide a clean, private location not bathroom for breastfeeding. • Area for improvement is that only 55% reported to have a breastfeeding policy that is shared with parents. • Spanish survey sent to 860 providers and determined. Providers also scored well in breastfeeding with 81% coordinating schedule with mom's schedule and 81% have individual feeding plans, and 83% provide a clean, private location for breastfeeding. • 29% reported they deny breastfeeding mothers so this is an area for improvement. • The workgroup discussed sending an editable sample policy/template to providers with best practices and including a breastfeeding section on wellness champion checklist. • August is Breastfeeding Month and on August 5th the Breastfeeding Coalition is hosting an awards ceremony to honor businesses and the 2014 Breastfeeding Champion, Dr. Dean Sidelinger. 	<ul style="list-style-type: none"> • Jojo will forward Breastfeeding Coalition's invitation with Nina to distribute
<p>9. Reports from Agencies</p>	<ul style="list-style-type: none"> • Helen Jacobson retired in June and her position is vacant, check out neighborhoodhouse.org for more information. • 8th Biennial Childhood Obesity Conference call for abstracts is out till August 28th. • SPARK is wrapping up the summer institute workshops • The CACFP Roundtable will be held in Palm Springs this year. • Thursday is the first exercising training session at the Episcopal Community Services Early Head Start program. • WIC income guidelines have been updated; contact Jojo for an electronic version of the flyer. • Grandparents raising grandchildren event on August 23rd in North County. Nina will send out and add to newsletter. • Next month we are updating the <i>Acton Plan</i>, which is our guiding document, so please come next month and contribute. 	<ul style="list-style-type: none"> • Nina will post position in newsletter • Submit an abstract. • Contact Jojo if you would like an electronic version of the new WIC income guidelines. • Nina share grandparent's event via newsletter and email.
<p>10. Next Meeting</p>	<p>August 26, 2014 at 10:00 a.m. at YMCA Childcare Resource Service, 3333 Camino del Rio South #400, San Diego, CA 92108</p>	