

**San Diego County Childhood Obesity Initiative  
Early Childhood Domain Workgroup  
September 23, 2014**

**Attendees:** Anne Kashiwa, Cheryl Moder, Dan Fesperman, Debbie Miranda, Jamie Moody, Holly Retz, Keturah Swenson, Kim McDougal, Nina Ghatan, Penny Adler, and Roger Pugh.

AGENDA ITEM	DISCUSSION / ISSUES / CONCERNS	DECISIONS / RECOMMENDATIONS / ACTION ITEMS
1. <b>Introduction &amp; Review of Minutes</b>	<ul style="list-style-type: none"> <li>• Group made introductions.</li> <li>• The group reviewed and approved the minutes.</li> </ul>	
2. <b>Feedback on Wellness Champion Checklist</b>	<ul style="list-style-type: none"> <li>• The workgroup reviewed the checklist and provided feedback.</li> </ul>	
3. <b>HEAL Zone Update</b>	<ul style="list-style-type: none"> <li>• October will be a busy month with site visits and a garden build day.</li> </ul>	
4. <b>Action Plan Revisions</b>	<ul style="list-style-type: none"> <li>• Cheryl provided an overview of the <i>Action Plan</i> process and described the difference between the Early Childhood Domain versus the Early Childhood Workgroup. The workgroup reviewed the <i>Action Plan</i> strategies document line by line. Updates will be emailed to the group to review since we will have a presenter next month.</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Send updated <i>Action Plan</i> strategies to workgroup to review and provide feedback.</b></li> </ul>
5. <b>First 5 Presentation</b>	<ul style="list-style-type: none"> <li>• The workgroup shared areas of interested for the First 5 Commission presentation next month, including:               <ul style="list-style-type: none"> <li>○ How preschools are systematically incorporating Live Well into practices for quality preschool?</li> <li>○ Could First 5 incorporate our wellness policy for QPI sites?</li> <li>○ Learn more about their activities, such as partnership with Vons and Kids in the Kitchen, so we don't duplicate activities. If we come together, we can make the events better.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• <b>Nina ask First 5 to present from 10-11:00 and provide time for Q &amp;A.</b></li> </ul>
6. <b>Reports from Agencies</b>	<ul style="list-style-type: none"> <li>• UCSD Lactation Supportive Environments work with hospitals and clinics on creating baby friendly environments. Currently working with six community health centers by providing staff training and support on infant feeding, accommodations, and communications policies. Developing a curriculum with WIC and are working with North County Health Center to provide free training to lactation consultants on scheduling, billing, and financial services.</li> <li>• October 22<sup>nd</sup> at the Central Library, there will be a showing of <i>Raising of America</i>, a documentary on early childhood and the future of our nation. The film will be followed by a panel discussion.</li> <li>• Jamie participates on a monthly call that offers preliminary research findings and lessons learned, she would be happy to share relevant information at each meeting.</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Nina send updated flyer from Penny with link to RSVP</b></li> <li>• <b>Add Jamie as a standing agenda item each month. Jamie notify Kim if more time is needed for updates.</b></li> <li>• <b>Kim organize the Wellness Champion Subcommittee</b></li> <li>• </li> </ul>
7. <b>Next Meeting</b>	<b>October 28, 2014 at 10:00 a.m.</b> at YMCA Childcare Resource Service, 3333 Camino del Rio South #400, San Diego, CA 92108	