



Meeting Minutes: Schools & After-School Domain October 21, 2014: 11 a.m. – 12:30 p.m. United Way of San Diego County 4699 Murphy Canyon Rd. Room 100 San Diego CA 92123	Next Domain Meeting: Schools & After-School Domain November 18, 2014: 11 a.m. – 12:30 p.m. United Way of San Diego County 4699 Murphy Canyon Rd. Room 100 San Diego CA 92123
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Attendees: Barbara Gates (Lean and Green Kids), Debal Acquaro (North Costal Public Health), Deirdre Kleske (CA Project LEAN), Diana Bergman (Olivewood Gardens), Diana Do, Dianne Bourque, and Karee Hopkins (HSA) , Glenda DeVeauz (YMCA), Heather Berkoben (Dairy Council of CA), Kate McDevitt and Shana Wright (UCSD Center for Community Health), Kay Stuckhardt (Palomar Health), Tania White (American Heart) **Recorder:** Nina Ghatan (CHIP)

Topic/Issue	Discussion	Action
Welcome	<ul style="list-style-type: none"> Deirdre Kleske led introductions. 	
Announcements	<ul style="list-style-type: none"> San Diego Unified and Oceanside School Districts are participating in California Thursdays, a statewide initiative to feature California produce and protein items in school meals. More information at http://www.ecoliteracy.org/essays/california-thursdays American Heart Association has a campaign to reduce sodium intake. 10/25 Olivewood Gardens is hosting Happy Healthy Harvest a community event to celebrate Food Day, Border Bi-national Health Week, and Olivewood Gardens becoming a Live Well partner. Olivewood Gardens is hosting educator workshops on School Gardens and Generating Healthy Eaters. For more information and to register visit olivewoodgardens.org Les Dames d’ Escoffier will be offering scholarships for women interested in becoming culinary professionals. Kate will provide applications when available. For more information visit LDEI.org Let’s Go Local! Produce Showcase is 10/24; 38 growers, 8 distributors, and 30+ institutions have registered. Please invite schools and restaurants attend; contact JuliAnna with questions. Heather requested help securing a location for the Smarter Lunchrooms training. JuliAnna mentioned that she and Nina are also working on it and are waiting to hear back from a few sites. 	<ul style="list-style-type: none"> Take the sodium reduction pledge at www.heart.org
Dairy Council Presentation	<ul style="list-style-type: none"> The Dairy Council of California works to increase consumption of under-consumed food groups including dairy, fruits, and vegetables through resources and education. School resources: free nutrition curriculum for K-12 that aligns with common core and a mobile dairy that teaches kids where their milk comes from. Adult and parent education: fact sheets and information on healthy snacking, nutrition, and Rethink Your Drink. 	<ul style="list-style-type: none"> Visit healthyeating.org



	<ul style="list-style-type: none"> Professional development: teacher trainings on nutrition and workplace wellness. Additional resources: personalized nutrition guidance based on age, gender, and physical activity level, food personality tool with recipes, Smarter Lunchrooms trainings, and healthy celebrations suggestions. Dairy Council programs are free and do not have income criteria. 	
Action Plan- Strategies Update	<ul style="list-style-type: none"> Nearly finished with the Childhood Obesity Action Plan (COAP) revisions. The final version will be sent to the group for review once more before submitting it to the <i>Action Plan</i> committee. Case studies will highlight the District Rep program and the Farm to School Taskforce Take photo of district reps (perhaps holding some sort of sign) at the Nov. meeting. 	<ul style="list-style-type: none"> Nina email COAP document to workgroup Review COAP document by next meeting. Kate share district rep infographic with JuliAnna
Domain Projects	<ul style="list-style-type: none"> Workplan discussion will start in January; begin thinking of how we can work on the overarching strategies of reducing SSB consumption and increasing safe routes to healthy places. Recommendations included completing a needs assessment or SWAT analysis throughout the county to determine school and teacher resources and needs, development of health standards, and incorporating nutrition education in language arts. 	
Lemon Grove	<ul style="list-style-type: none"> Melanie Briones will begin maternity leave and Isabel Singh is the interim director. Community Bonfire will be December 5th. A parent leader who attended a Parents in Action train the trainer session is planning two trainings (one in English and Spanish) for parents using the the Parents in Action lesson plans. These lessons build parent capacity to advocate for healthy school environments. 	<ul style="list-style-type: none"> Deirdre share training dates when available
Connect the Dots	<ul style="list-style-type: none"> Meeting Lemon Grove parent leader at an SSB training and connecting her with another parent at a Live Well event. Tania is going to school to become a teacher and she is excited about all of the resources. Lean and Green Kids is connecting with Fallbrook's wellness committee and possibly Chula Vista Diana helped organize a principals' panel discussion (with COI contacts) for the Gardening with Class Conference. 	<ul style="list-style-type: none"> Sign up for Lean and Green kids Daily Scoop! If you have learned anything today, please act on it!

