

School Wellness Policy Attributes
“Gardens”

District Name	BP/AR	Page #	Sentence
1. Bonsall Union		7	<p>Nutrition education shall be provided as part of the health education program and, as appropriate, shall be integrated into other academic subjects in the regular educational program, before- and after-school programs, summer learning programs, and school garden programs.</p> <p><i>Previous Policy:</i> <i>Encourage instructional strategies that incorporate experiential learning opportunities (e.g., taste testing, cooking demonstrations, tours of farmers markets, and school gardens) that engage students and family members in reinforcing healthy nutrition behaviors</i></p>
2. Chula Vista	BP 5030	10	<p>School gardens can promote nutrition and support a healthy learning environment. Gardening fosters improved student health and ensures students have the opportunities to experience planting, harvesting, preparing, serving, and tasting self-grown food.</p> <p>The district supports:</p> <ul style="list-style-type: none"> • The use of school property for school gardens that promote nutrition education and physical activity that is integrated with other subject area instruction to enhance learning. • Exploring and establishing partnerships and/or joint-use arrangements with outside organizations to support the sustainability of school gardens at individual school sites as appropriate. • The sustainability of school gardens through activities including, but not limited to, grant writing, fundraising, and/or in-kind donations of materials or other resources. • The site administrator/designee to be responsible for supervising all materials, resources, and services requested for the school site’s garden program, making sure that requests adhere to District protocols and policies. (Education Code 51795-51796.5)

3. Encinitas Union	BP	a	Whereas, school gardens can provide students with experiences in planting, harvesting, preparation, serving and tasting foods, including ceremonies and celebrations that observe food traditions, integrated with the core curriculum, and articulated with state standards.
4. Jamul Dulzura Union	BP 5030	1	Encourage instructional strategies that incorporate experiential learning opportunities (e.g., taste testing, cooking demonstrations, tours of farmers markets,

			and school gardens) that engage students and family members in reinforcing healthy nutrition behaviors.
5. Julian Union	BP 5030	7	<ul style="list-style-type: none"> Julian Elementary and Junior High shall maintain instructional gardens of sufficient size to provide students with experiences in planting, harvesting, preparation, serving and tasting foods, including ceremonies and celebrations that observe food traditions, integrated with nutrition education and core curriculum and aligned with state standards. Staff is encouraged to integrate hands-on experiences in the garden classroom and enrichment activities such as visits to local farms so that students begin to understand how food reaches the table and the implications that has for their health and future.
6. La Mesa Spring Valley	AR	f	Include enjoyable, developmentally-appropriate, culturally-relevant, participatory activities, such as contests, taste testing, farm visits, and school gardens
7. Lemon Grove	BP 5030	3	<p>Schools should provide nutrition education and engage in nutrition promotion that might:</p> <ul style="list-style-type: none"> Include developmentally appropriate, culturally relevant, participatory activities such as taste testing, working in school gardens, and field trips to farms, community gardens, and/or other community locations promoting healthy lifestyles.
8. Mt. Empire	BP 5030	2	<p>Goals for nutrition education will include:</p> <ul style="list-style-type: none"> Promoting nutrition education in the school community outside the classroom such as cafeteria-based nutrition education, nutritional messages as part of school announcements, parent education and school gardens.

9. San Diego Unified	H-7700	3	The district shall support the use of school property for school gardens that promote nutrition education and physical activity as well as explore and establish partnerships and/or joint-use arrangements with outside organizations to support the sustainability of school gardens at individual school sites as appropriate. Instructional gardens will be integrated with other subject areas to enhance student learning.
10. San Marcos		2	Staff is encouraged to integrate hands-on experiences with school gardens to include but not limited to composting, planting and harvesting.
11. San Ysidro	BP 5030	3, 4	<p>School gardens can promote nutrition and support a healthy learning environment. Gardening fosters improved student health and ensures students have the opportunities to experience planting, harvesting, preparing, serving, and tasting self-grown food/</p> <p>The District supports:</p> <ul style="list-style-type: none"> • The use of school property for instructional school gardens that promote nutrition education and physical activity that is integrated with other

			<p>subject area instruction to enhance learning. Instructional school gardens will provide students with experiences in planting, harvesting, preparation, serving and tasting foods. • The sustainability of school gardens through activities including, but not limited to, grant writing, fundraising, and/or in-kind donations of materials or other resources.</p> <ul style="list-style-type: none"> • Utilize resources such as local farm visits and school gardens to create models for healthy activities and help students learn about their food system and apply academic concepts with hands on activities <p><i>Previous policy:</i></p> <ul style="list-style-type: none"> • <i>Utilize school resources such as local farm visits and school gardens to create models for healthy activities and help students learn about their food system and apply academic concepts with hands on activities.</i> • <i>Encourage schools to maintain instructional gardens (tilled ground, raised bed, container, and community garden) of sufficient size to provide students with experiences in planting, harvesting, preparation, serving and tasting foods. These experiences will be integrated with nutrition education and core curriculum, and articulated with state standards.</i> • <i>Encourage instructional strategies that incorporate experiential learning opportunities (e.g., taste testing, cooking demonstrations, tours of farmers markets, and school gardens) that engage students and family members in reinforcing healthy nutrition behaviors.</i>
12. Valley Center-Pauma Unified		1	<p>School Gardens -High School: Pauma School, Tiera Miguel, Gang Ranch is shared by three elementary</p>
13. Albert Einstein		4	<ul style="list-style-type: none"> • AEA should maintain an instructional garden (tilled ground, raised bed, container, nearby park, community garden, farm, or lot), of sufficient size to provide students with experiences in planting, harvesting, preparation, serving, and tasting foods, including ceremonies and celebrations that observe food traditions, integrated with nutrition education and core curriculum, and articulated with state

			<p>standards.</p> <p>▲EA encourages staff to integrate hands-on experiences in gardens and kitchen classrooms, and enriched activities such as farm field studies, farmers' markets tours, and visits to community gardens, with core curriculum so that students begin to understand how food reaches the table and the implications that has for their health and future.</p>
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