

School Wellness Policy Attributes
“Monitor & Evaluate”

District Name	BP/AR	Page #	Sentence
1. Alpine Union	BP 5030	H, I	<ul style="list-style-type: none"> • <u>Monitoring</u>. The superintendent or designee will ensure compliance with established district-wide nutrition and physical activity wellness policies. In each school, the principal or designee will ensure compliance with those policies in his/her school and will report on the school's compliance to the school district superintendent or designee. • The District Food Services Supervisor, as well as the Lead Food Services staff at various sites will ensure compliance with nutrition policies within school food service areas and will report on this matter to the superintendent or designee (or if done at the school level, to the school principal). In addition, the school district will report on the most recent USDA School Meals Initiative (SMI) review findings and any resulting changes. • The superintendent or designee will develop a summary report at least every three years on district-wide compliance with the district's established nutrition and physical activity wellness policies, based on input from schools within the district. That report will be provided to the school board and also distributed to the district health council, parent/teacher organizations, school principals, and school health services personnel in the district. • <u>Policy Review</u>. To help with the initial development of the district's wellness policies, the superintendent or designee will conduct a baseline assessment of the schools' existing nutrition and physical activity environments and policies. The

			results of those school-by-school assessments will be compiled at the district
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			<p>level to identify and prioritize needs.</p> <ul style="list-style-type: none"> Assessments will be repeated every three years to help review policy compliance, assess progress, and determine areas in need of improvement. As part of that review, the school district will review its nutrition and physical activity policies; provision of an environment that supports healthy eating and physical activity; and nutrition and physical education policies and program elements. The district, and individual schools within the district, will, as necessary, revise the wellness policies and develop work plans to facilitate their implementation.
2. Bonsall Union	BP 5030	6	<p>The Superintendent or designee shall assess the implementation and effectiveness of this policy at least once every two years.</p> <p>The assessment shall include the extent to which district schools are in compliance with this policy, the extent to which this policy compares to model wellness policies available from the U.S. Department of Agriculture, and a description of the progress made in attaining the goals of the wellness policy.</p> <p><i>Previous Policy:</i> <i>Every school shall conduct a baseline survey of nutrition and physical activity programs and practices, to be provided and compiled by the Wellness Council. (the general survey will be conducted by each site beginning 2010-11; results will be made available to the schools, district, and community.)</i></p>

<p>3. Borrego Springs Unified</p>	<p>BP 5030</p>	<ul style="list-style-type: none"> • The Superintendent shall designate one or more district or school employees, as appropriate, to ensure that each school site complies with this policy. • The assessment shall include the extent to which district schools are in compliance with this policy, the extent to which this policy compares to model wellness policies available from the U.S. Department of Agriculture, and a description of the progress made in attaining the goals of the wellness policy. • The Board and the Superintendent or designee shall establish indicators that will be used to measure the implementation and effectiveness of the district activities related to student wellness. Such indicators may include, but are not limited to: <ul style="list-style-type: none"> ○ Descriptions of the district’s nutrition education, physical education, and health education curricula and the extent to which they align with state academic content standards and legal requirements. ○ An analysis of the nutritional content of school meals and snacks served in all district programs, based on a sample of menus and production
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		<ul style="list-style-type: none"> records ○ Student participation rates in all school meal and/or snack programs, including the number of students enrolled in the free and reduced-price meals program compared to the number of students eligible for that program ○ Extent to which foods sold on campus outside the food services program, such as through vending machines, student stores, or fundraisers, comply with nutritional standards ○ Results of the state’s physical fitness test at applicable grade levels ○ Number of minutes of physical education offered at each grade span, and the estimated percentage of class time spent in moderate to vigorous physical activity ○ A description of district efforts to provide additional opportunities for physical activity outside of the physical education program ○ A description of other districtwide or schoolbased wellness activities offered, including the number of sites and/or students participating, as appropriate <p><i>Previous policy: The Superintendent or designee shall recommend for Board approval specific quality indicators that will be used to measure the implementation of the policy district-wide and at each district school. These measures shall include, but not be limited to, an analysis of the nutritional content of meals served; student participation rates in school meal programs; any sales of non-nutritious foods and beverages in fundraisers or other venues outside the district’s meal programs; and feedback from food service personnel, school administrators, the school health council, parents/guardians, students, and other appropriate persons.</i></p>
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4. Cajon Valley Union	BP 5030	C	<p>Specific quality indicators used to measure the implementation of the policy District wide and at each school shall include:</p> <ul style="list-style-type: none"> • Descriptions of the District’s nutrition education, physical education, and health education curricula • Number of minutes of physical education instruction offered at each grade span • Type of exemptions granted from physical education • Results of the state’s physical fitness tests • Analysis of the nutritional content of
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			<ul style="list-style-type: none"> meals served based on a sample of menus • Student participation rates in school meal programs • Any sales of non-nutritious foods and beverages in fundraisers or other venues outside of the District’s meal programs • Feedback for Child Nutrition Department personnel, school administrators, parents/guardians, students and other appropriate persons <p>A report on the implementation of this policy and any other Board policies related to nutrition and physical activity shall be provided to the Board at least every two years.</p>
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5. Cardiff Elementary		4	<p>The School Health Council shall conduct a baseline assessment of nutrition and physical activity programs and policies, to be compiled at the district level. The school district shall repeat its nutrition and physical activity assessment at least every two years to determine compliance and measure progress toward implementation of this policy.</p>
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<p>6. Carlsbad Unified</p>	<p>BP 5030</p>	<p>The Board shall establish a plan for measuring implementation of the policy. The Superintendent or designee shall designate at least one person within the district and at each school who is charged with operational responsibility for ensuring that the school site implements this policy.</p> <p>The Board and the Superintendent or designee shall establish indicators that will be used to measure and implement the effectiveness of the district's activities related to student wellness. Such indicators may include, but are not limited to:</p> <ul style="list-style-type: none"> • Descriptions of the district's nutrition education, physical education, and health education curricula • Number of minutes of physical education instruction offered at each grade span • Number and type of exemptions granted from physical education • Results of the state's physical fitness test • An analysis of the nutritional content of
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	AR		<p>school meals and snacks served based on a sample of menus</p> <ul style="list-style-type: none"> • Student participation rates in school meal programs, including the number of students enrolled in the free and reduced price meals program compared to the number of students eligible for that program • The extent to which sales of nonnutritious foods and beverages outside of the food services program, such as through vending machines, student stores, fundraisers, or other venues outside of the district’s meal programs comply with nutritional standards • Feedback from food service personnel, school administrators, the school health council, parents/guardians, students, and other appropriate persons • Any other indicators recommended by the Superintendent or designee and approved by the Board. <p><i>Previous policy:</i> <i>The Council will meet throughout the school year to review the District’s Wellness Policy, Wellness Procedures, assessment results and new legal regulations.</i></p> <p><i>Measurement Device/Assessment</i></p> <ul style="list-style-type: none"> • <i>The District Health and Wellness Council will create and facilitate the administration of a pre and post health and nutrition education student survey to aid in determining the success of our implemented curricula.</i> • <i>Teacher surveys will also be used to attain qualitative data about the curriculum products, student comprehension and implementation techniques.</i> • <i>The District Health and Wellness Council will analyze survey data to determine any changes in student knowledge, attitude and behavior.</i> <p><i>Program Implementation and Evaluation</i> <i>To help with the Wellness Policy implementation, the Health and Wellness Council will facilitate a site by site review. As part of that review, the school district, through the Health and Wellness Council, will review the following indicators:</i></p>
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			<ul style="list-style-type: none">• <i>Descriptions of the district's nutrition education,</i>
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			<p><i>physical education, and health education curricula;</i></p> <ul style="list-style-type: none"> • <i>Number of minutes of physical education instruction offered at each grade span;</i> • <i>Number and type of exemptions granted from physical education;</i> • <i>Results of the state's physical fitness test;</i> • <i>An analysis of the nutritional content of meals served based on a sample of menus</i> <p>• <i>Student participation rates in school meal programs;</i></p> <ul style="list-style-type: none"> • <i>Any sales of non-nutritious foods and beverages in fundraisers or other venues outside of the district's meal programs;</i> • <i>Feedback from food service personnel, school administrators, the Health and Wellness Council, parents/guardians, students, and other appropriate persons.</i> • <i>Any other indicators recommended by the Superintendent and approved by the Board.</i>
7. Chula Vista Elementary	BP 5030	18	<ul style="list-style-type: none"> • Superintendent/designee shall designate at least one person within the District and the site administrator to oversee the implementation and evaluation of the Wellness Policy. Site administrators with assistance from school staff, Parent and Teacher Organizations, and School Site Council at each school are charged with the operational responsibility for ensuring that the school site implements the District's Wellness Policy. • Principal wellness survey to monitor each school's progress implementing the District's Wellness Policy • The Superintendent/designee shall report to the Board at least every two years on the implementation of this policy and any other Board policies related to nutrition and physical activities

8. Coronado Unified	BP	4	The Board shall establish a plan for measuring implementation of the policy. The Superintendent shall designate at least one person within the district and at each school who is charged with operational responsibility for ensuring that the school sites implement the district's wellness policy.
9. Dehesa	BP	3	The Superintendent/Principal or designee shall

			recommend for Board approval specific quality indicators that will be used to measure the implementation of the policy districtwide. These measures shall include, but not be limited to, an analysis of the nutritional content of meals served; student participation rates in school meal programs; any sales of non-nutritious foods and beverages in fundraisers or other venues outside the district's meal programs; and feedback from food service personnel, school administrators, the school health council, parents/guardians, students, and other appropriate persons.
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<p>10. Del Mar Union</p>	<p>BP</p>	<p>2</p>	<p>The Superintendent or designee shall assess the implementation and effectiveness of this policy at least once every two years.</p> <p>The assessment shall include the extent to which district schools are in compliance with this policy, the extent to which this policy compares to model wellness policies available from the U.S. Department of Agriculture, and a description of the progress made in attaining the goals of the wellness policy.</p> <p><i>Previous Policy:</i></p> <ul style="list-style-type: none"> • <i>The Superintendent/designee shall monitor compliance with district child nutrition and physical education policies and administrative regulations and annually receive a report from the Wellness Committee regarding the status of its work.</i> • <i>To help with the initial development of the district’s wellness policies, each school in the district will conduct a baseline assessment of the school’s existing nutrition and physical activity environments and policies through the auspices of the school nurse and health offices. The results of those school-by-school assessments will be compiled at the district level to identify and prioritize needs and forward the results to the District Wellness Committee.</i> • <i>Assessments will be repeated every two years to help review policy compliance, assess progress, and determine areas in need of improvement. As part of that review, the school district will review the nutrition and physical activity program elements and the provision of an environment that supports healthy eating and physical activity. The district will, as necessary, revise the wellness policies and develop work plans to facilitate their implementation.</i>
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11. Encinitas Union	AR	A	<p>I. SCHOOL WELLNESS COUNCIL</p> <ul style="list-style-type: none"> • The school district will have an established school wellness council to develop, implement, monitor, review, and, as necessary, revise school nutrition and
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		j	<p>physical activity policies. The council also will serve as resources to school sites for implementing those policies. This school health council may be represented by individuals from the school and community and should include parents, students, representatives of the school food services, members of the school board, school administrators, teachers, health professionals, and members of the public. They will meet a minimum of four times a school year.</p> <ul style="list-style-type: none"> • <u>Policy Review.</u> To help with the initial development of the district’s wellness policies, each school in the district will conduct a baseline assessment of the school’s existing nutrition and physical activity environments and policies. The results of those school-by-school assessments will be compiled at the district level to identify and prioritize needs. • Assessments will be repeated every three years to help review policy compliance, assess progress, and determine areas in need of improvement. As part of that review, the school district will review our nutrition and physical activity policies; provision of an environment that supports healthy eating and physical activity; and nutrition and physical education policies and program elements. The district, and individual schools within the district, will, as necessary, revise the wellness policies and develop work plans to facilitate their implementation.
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12. Escondido Union	BP	4	<ul style="list-style-type: none"> • The Nutrition Services Department shall monitor and implement food safety procedures for all food sold, served, or consumed on school premises with the exception of food brought from home for individual consumption or staff only functions. • <u>Program Implementation and Evaluation:</u> The board and the superintendent or
	BP	6-7	

			<p>designee shall establish indicators that will be used to measure the implementation and effectiveness of the district's activities related to student wellness. Such indicators may include, but are not limited to:</p> <ul style="list-style-type: none"> ○ Descriptions of the district's nutrition education, physical education, and health education curricula and the extent to which they align with state academic content standards and legal requirements ○ An analysis of the nutritional content of school meals and snacks served in all district programs, based on a sample of menus and production records ○ Student participation rates in all school meal and/or snack programs, including the number of students enrolled in the free and reduced-price meals program compared to the number of students eligible for that program ○ Extent to which foods sold on campus outside the food services program, such as through vending machines, student stores, or fundraisers, comply with nutritional standards ○ Results of the state's physical fitness test at applicable grade levels ○ Number of minutes of physical education offered at each grade span, and the estimated percentage of class time spent in moderate to vigorous physical activity ○ A description of district efforts to provide additional opportunities for physical activity outside of the physical education program ○ A description of other districtwide or school-based wellness activities offered, including the number of sites and/or students participating, as appropriate <ul style="list-style-type: none"> • The superintendent or designee shall inform
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			<p>and update the public, including parents/guardians, students, and others in the community, about the content and implementation of this policy and assessment results. (42 USC 1758b) • In addition, the assessment results shall be submitted to the board for the purposes of evaluating policy and practice, recognizing accomplishments, and making policy adjustments as needed to focus district resources and efforts on actions that are most likely to make a positive impact on student health and achievement.</p> <p><i>Previous Policy:</i></p> <ul style="list-style-type: none">• <u><i>Program Implementation and Evaluation:</i></u> <i>The board shall establish a plan for measuring implementation of the policy. The superintendent shall designate at least one person within the district and at each school who is charged with operational responsibility for ensuring that the school sites implement the district's wellness policy. The superintendent/designee shall effectively communicate the goals and directives of the district's wellness policy with all staff, students, and parents.</i>• <i>The superintendent or designee shall recommend for board approval specific quality indicators that will be used to measure the implementation of the policy district-wide and at each district school. These measures shall include, but not be limited to, an analysis of the nutritional content of meals served; student participation rates in school meal programs; any sales of non-nutritious foods and beverages in fund-raisers or other venues outside the district's meal programs; and feedback from food service personnel, school administrators, the school wellness committee, parents/guardians, students, and other appropriate persons.</i>• <i>The superintendent or designee shall report to the board at least every two years on the implementation of this policy and any other</i>
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		<p><i>board policies related to nutrition and physical activity.</i></p> <p><u>Program Implementation and Evaluation</u> •</p> <p><i>The superintendent's designees will develop and recommend quality indicators for board approval that indicate the level and success of the implementation of the wellness policy. These indicators will be presented in the form of an annual written survey to evaluate the implementation of the wellness policy. • These indicators shall include, but not be limited to, an analysis of the nutritional content of meals served; student</i></p> <p><i>participation rates in school meal programs; any sales of non-nutritious foods and beverages in fundraisers or other venues outside the district's meal programs; and feedback from food service personnel, school administrators, the school wellness committee, parents/guardians, students, and other appropriate persons.</i></p> <p>• <i>This survey will be distributed, collected, and analyzed by the Director of Nutrition Services Department.</i></p>
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<p>13. Escondido Union High</p>	<p>AR</p> <p>AR</p>	<p>1</p> <p>7</p>	<ul style="list-style-type: none"> • <u>District Wellness Committee</u> The school district’s wellness committee will make recommendations to develop, implement, monitor, review, and, as necessary, revise school nutrition and physical activity policy regulations. The district’s Superintendent or his designee may put in place the procedures and administrative regulations necessary as a result of the committee’s recommendations. The committee will also serve as a resource to school sites for implementing those regulations. • <u>Monitoring</u> The superintendent or designee will ensure compliance with established district-wide nutrition and physical activity wellness policies. In each school, the principal or designee will ensure compliance with those policies in his/her school and will report on the school's compliance to the school district superintendent or designee.
<p>14. Fallbrook</p>	<p>BP 5030</p>	<p>5</p>	<ul style="list-style-type: none"> • The Superintendent shall designate one or

<p>Union Elementary</p>			<p>more district or school employees, as appropriate, to ensure that each school site complies with this policy.</p> <ul style="list-style-type: none"> • The Superintendent or designee shall inform and update the public, including parents/guardians, students, and others in the community, about the contents and implementation of this policy. He/she shall periodically measure and make available to the public an assessment of the extent to which district schools are in compliance with this policy, the extent to which this policy compares to model wellness policies available to the U.S. Department of Agriculture, and a description of the progress made in attaining the goals of the wellness policy.
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<p>15. Fallbrook Union High</p>	<p>BP 5030</p>		<p>The Board shall establish a plan for measuring implementation of the policy. The Assistant Superintendent of Educational Services, Director of Food Services, and site Principals are charged with operational responsibility for ensuring that the school sites implement the district's wellness policy.</p> <p><i>Previous Policy:</i> <i>The Superintendent or designee shall recommend for Board approval specific quality indicators that will be used to measure the implementation of the policy district wide and at each district school. These measures shall include, but not be limited to, an analysis of the nutritional content of meals served; student participation rates in school meal programs; any sales of non-nutritious foods and beverages in fundraisers or other venues outside the district's meal programs; availability and hygienic conditions of existing facilities; and feedback from food service personnel, school administrators, the school health council, parents/guardians, students, and other appropriate persons. The California Project LEAN Key Policy Elements Worksheet A will be used in the implementation monitoring process.</i></p>
<p>16. Grossmont Union High</p>	<p>BP</p>	<p>7</p>	<p>Beginning on the first day of the 2006-07 school year (August 21, 2006) the following standards shall be instituted, monitored, and evaluated.</p>

		11 & 12	<p>This Grossmont Union High School District Wellness Policy shall be evaluated annually by the District Child Nutrition and Physical Activity Advisory Committee. Recommended modifications and additions to Wellness Policy must be sent to Cabinet by March of each ensuing year and submitted to the Governing Board for approval no later than May of said year.</p> <ul style="list-style-type: none">• MONITORING<ul style="list-style-type: none">• The district superintendent or designee should recommend specific quality indicators used to measure the implementation of the policy (e.g., nutrient analysis of school meals, school meal participation rates, sales of nonfoods/beverages from fund-raisers and other venues, feedback from school/district food service personnel, administrators, members of the district Child Nutrition and Physical Activity Advisory Committee, parents, and other appropriate persons).• The Governing Board should be involved in establishing the goals for the school wellness policy, success indicators, reporting methodology, monitoring curriculum requirements, and frequency of reporting to the board.
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<p>17. JamulDulzura Union</p>	<p>BP 5030</p>	<p>6</p>	<p>The Food Services Director shall be responsible for implementing and evaluating this policy district wide. School/district food service staff and other members of the health council shall provide continued assistance in implementing this policy.</p> <p>To determine whether the policy is being effectively implemented districtwide and at each district school, the following indicators shall be used:</p> <ul style="list-style-type: none"> • Descriptions of the district’s nutrition education, physical education, and health education curricula • Number of minutes of physical education instruction offered at each grade span • Number and type of exemptions granted
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		<p>from physical education</p> <ul style="list-style-type: none"> • Results of the state’s physical fitness test • An analysis of the nutritional content of meals served based on a sample of menus • Student participation rates in school meal programs • Any sales of non-nutritious foods and beverages in fundraisers or other venues outside of the district’s meal programs • Feedback from food service personnel, school administrators, the school health council, parent/guardians, students, and other appropriate persons • Any other indicators recommended by the Superintendent and approved by the Board <p><i>Previous Policy:</i> <i>The health council, in collaboration with the district superintendent, shall submit for board approval a plan that includes specific quality indicators (e.g., nutrient analysis of school meals, physical activity offerings and student participation rate, school meal participation rates, sales of non-nutritious foods/beverages from fund-raisers and other venues, feedback from school/district food service personnel, administrators, members of the school health council, parents, and other appropriate persons) for implementing and evaluating this student wellness policy.</i></p> <ul style="list-style-type: none"> • <i>Every school shall conduct a baseline assessment of nutrition and physical activity programs and practices, to be compiled at the district level.</i> • <i>The school district shall repeat its nutrition and physical activity assessment at least every two years to determine compliance and measure progress toward the goals specified in this policy.</i>
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18. Julian Union	BP	d	The superintendent or designee will ensure compliance with established district-wide nutrition and physical activity wellness policies. School food service staff will ensure compliance with nutrition policies within school food
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			<p>service areas and will report on this matter to the superintendent. In addition, the school district will report on the most recent USDA School Meals Initiative (SMI) review findings and any resulting changes. If the district has not received a SMI review from the state agency within the past five years, the district will request from the state agency that a SMI review be scheduled as soon as possible.</p> <ul style="list-style-type: none"> • The District will report on a periodic basis to the State and general public about the school wellness environment including nutrition education, whether all students are meeting age-appropriate physical education recommendations based on state and national guidelines, and the amount of time students are required to spend in physical education.
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<p>19. Julian Union High</p>	<p>BP 5030</p>	<p>12</p>	<p>The superintendent or designee will ensure compliance with established districtwide nutrition and physical activity wellness policies.</p> <p>Assessments will be repeated every three years to help review policy compliance, assess progress, and determine areas in need of improvement.</p> <p><i>Previous Policy:</i> <i>The school health council, in collaboration with the district superintendent will submit for board approval a plan that includes specific quality indicators (e.g., nutrient analysis of school meals, physical activity offerings and student participation rates, school meal participation rates, sales of non-nutritious foods/beverages from fund-raisers and other venues, feedback from school/district food service personnel, administrators, member of the student health council, parents and other appropriate persons) for implementing and evaluating this student wellness policy. Every school shall conduct a baseline assessment of nutrition and physical activity programs and practices, to be compiled at the district level.</i></p>
<p>20. La Mesa Spring Valley</p>	<p>BP</p>	<p>A</p>	<p>This policy will be reviewed annually through the use of implementation surveys.</p>

	AR	j	<p>Monitoring and Policy Review</p> <ul style="list-style-type: none">• Monitoring The Superintendent or designee will ensure compliance with established district-wide nutrition and physical activity wellness policies. In each school, the principal or designee will ensure compliance with those policies in his/her school and will report on the school's compliance to the school district Superintendent or designee.• School food service staff, at the school or district level, will ensure compliance with nutrition policies within school food service areas and will report on this matter to the Superintendent (or if done at the school level, to the school principal). In addition, the school district will report on the most recent USDA School Meals Initiative (SMI) review findings and any resulting changes. If the district has not received a SMI review from the state agency within the past five years, the district will request from the state agency that a SMI review be scheduled as soon as possible.
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<p>21. Lakeside Union</p>	<p>BP</p>	<p>6-7</p>	<p>The Superintendent or designee shall inform and update the public, including parents/guardians, students, and others in the community, about the contents and implementation of this policy. He/she shall periodically measure and make available to the public an assessment of the extent to which district schools are in compliance with this policy, the extent to which this policy compares to model wellness policies available from the U.S. Department of Agriculture, and a description of the progress made in attaining the goals of the wellness policy</p> <p>To determine whether the policy is being effectively implemented districtwide and at each district school, the following indicators shall be used:</p> <ul style="list-style-type: none"> • Descriptions of the district’s nutrition education, physical education, and health education curricula by grade level • Number of minutes of physical education
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			<p>instruction offered at each grade span</p> <ul style="list-style-type: none"> • Number and type of exemptions granted from physical education • Results of the state’s physical fitness test • An analysis of the nutritional content of meals served based on a sample of menus • Student participation rates in school meal programs, compared to percentage of students eligible for free and reduced-price meals • Number of sales of non-nutritious foods and beverages in fundraisers or other venues outside of the district’s meal programs • Feedback from food service personnel, school administrators, the school health council, parents/guardians, students, teachers, before- and after-school program staff, and/or other appropriate persons • Any other indicators recommended by the Superintendent and approved by the Board
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<p>22. Lemon Grove</p>	<p>BP 5030</p>	<p>6-7</p>	<p>To determine whether the policy is being effectively implemented districtwide and at each district school, the following indicators shall be used:</p> <ul style="list-style-type: none"> • Descriptions of the district’s nutrition education, physical education, and health education curricula by grade level • Number of minutes of physical education instruction offered at each grade span • Number and type of exemptions granted from physical education • Results of the state’s physical fitness test • An analysis of the nutritional content of meals served based on a sample of menus • Student participation rates in school meal programs, compared to percentage of students eligible for free and reduced-price meals • Feedback from food service personnel, school administrators, the school health council, parents/guardians, students, teachers, before- and after-school program staff, and other appropriate persons • Any other indicators recommended by the Superintendent and approved by the Board
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		<p><i>Previous Policy:</i></p> <p><i>To determine whether the policy is being effectively implemented district-wide and at each district school, the following indicators shall be used:</i></p> <ul style="list-style-type: none"><i>• Descriptions of the district's nutrition education, physical education, and health education curricula</i><i>• Number of minutes of physical education instruction offered at each grade span •</i> <i>Number and type of exemptions granted from physical education</i><i>• Results of the state's physical fitness test</i><i>• An analysis of the nutritional content of meals served based on a sample of menus •</i> <i>Student participation rates in school meal programs</i><i>• Any sales of non-nutritious foods and beverages in fundraisers or other venues outside of the district's meal programs</i><i>• Feedback from food service personnel, school administrators, the District Wellness Committee, parents/guardians, students and other appropriate persons</i><i>• Any other indicators recommended by the Superintendent and approved by the Board</i>
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<p>23. Mt. Empire Unified</p>	<p>BP 5030</p>	<p>5</p>	<ul style="list-style-type: none"> ● The Superintendent shall recommend for Board approval specific quality indicators that will be used to measure the implementation of the policy district-wide and at each district school. These measures shall include, but not be limited to, an analysis of the nutritional content of meals served; student participation rates in school meal programs; any sales of non-nutritious foods and beverages in fundraisers or other venues outside the district’s meal programs; and feedback from food service personnel, school administrators, the school district wellness council, parents/guardians, students, and other appropriate persons. ● The Superintendent or designee shall report to the Board annually on the implementation of this policy and any other Board policies related to nutrition and physical activity.
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24. National	BP 5030	6-7	<p>The Superintendent or designee shall assess the implementation and effectiveness of this policy at least once every two years.</p> <p>The assessment shall include the extent to which district schools are in compliance with this policy, the extent to which this policy compares to model wellness policies available from the U.S. Department of Agriculture, and a description of the progress made in attaining the goals of the wellness policy. (42 USC 1758b)</p> <p>The Board and the Superintendent or designee shall establish indicators that will be used to measure the implementation and effectiveness of the district activities related to student wellness. Such indicators may include, but are not limited to:</p> <ol style="list-style-type: none">1. Descriptions of the district's nutrition education, physical education, and health education curricula and the extent to which they align with state academic content standards and legal requirements2. An analysis of the nutritional content of school meals and snacks served in all district programs, based on a sample of menus and production records3. Student participation rates in all school meal and/or snack programs, including the number of students enrolled in the free and reduced-price meals program compared to the number of students eligible for that program4. Extent to which foods sold on campus outside the food services program, such as through vending machines, student stores, or fundraisers, comply with nutritional standards
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			<p>5. Results of the state's physical fitness test at applicable grade levels</p> <p>6. Number of minutes of physical education offered at each grade span, and the estimated percentage of class time spent in moderate to vigorous physical activity</p> <p>7. A description of district efforts to provide additional opportunities for physical activity outside of the physical education program</p> <p>8. A description of other districtwide or school-based wellness activities offered, including the number of sites and/or students participating, as appropriate</p>
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<p>25. Oceanside Unified</p>	<p>BP 5030</p>		<p>ard shall establish a plan for measuring entation of this policy. The itendent shall designate at least one within the district and at each school who ged with operational responsibility for g that each school site implements this policy.</p> <p>rmine whether the policy is being fectively implemented districtwide and at district each sc used school, the following indicators shall be</p> <ul style="list-style-type: none"> • Descriptions of the district’s nutrition education, physical education, and health education curricula • Number of minutes of physical education instruction offered at each grade span • Number and type of exemptions granted from physical education • Results of the state’s physical fitness test • An analysis of the nutritional content of meals served based on a sample of menus • Student participation rates in school meal programs • Any sales of non-nutritious foods and beverages in fundraisers or other venues outside of the district’s meal programs. • Feedback from food service personnel, school administrators, the wellness council, parents/guardians, students, and other appropriate persons • Any other indicators recommended by the Superintendent and approved by the Board <p>The Superintendent or designee shall report to the Board at least every two years on the implementation of this policy and any other Board policies related to nutrition and physical activity.</p>
<p>26. Poway Unified</p>	<p>BP</p>	<p>8</p>	<ul style="list-style-type: none"> • District representatives shall develop a plan for implementing the wellness policy and measuring implementation district-wide.

			<ul style="list-style-type: none">• The superintendent, or designee, shall ensure compliance with the adopted wellness policy and its nutrition standards. In each school, the principal, or designee, will ensure compliance with those policies in his/her school and will report on the school's compliance to the superintendent, or designee.• The Food and Nutrition Director will ensure compliance with nutrition policies within school food and nutrition areas and will report on this matter to the Deputy Superintendent.
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<p>27. Ramona Unified</p>	<p>AR 5030</p>	<p>12</p>	<p>Site administrators will monitor the success of the implementation and compliance with the policy. The district superintendent or designee will recommend specific quality indicators used to measure the implementation of the policy, including nutrient analysis of school meals and a la carte food items, school meal participation rates, sales of non-foods/beverages from fundraisers and other venues, feedback from school/district food service personnel, administrators, parents, and appropriate persons.</p> <p><i>Previous Policy:</i></p> <ul style="list-style-type: none"> • <i>The Board shall establish a plan for measuring implementation of the policy. The Superintendent shall designate at least one person within the district and at each school who is charged with operational responsibility for ensuring that the school sites implement the district’s wellness policy.</i> • <i>The Superintendent or designee shall recommend for Board approval specific quality indicators that will be used to measure the implementation of the policy district-wide and at each district school. These measures shall include, but not be limited to, an analysis of the nutritional content of meals served; student participation rates in school meal programs; any sales of non-nutritious foods and beverages in fundraisers or other venues outside the district’s meal programs; and feedback from food service personnel, school</i>
			<p><i>administrators, parents/guardians, students, and other appropriate persons.</i></p>

<p>28. San Diego Unified</p>	<p>AP</p>	<p>5</p>	<p>The “Wellness Policy” and the corresponding “Framework” will be evaluated every three years. The review and evaluation will focus on policy effectiveness and impact. Evaluation tools may include surveys as well as observation and interviews from district schools Updates to the “Wellness Policy” and “Framework” will be made as appropriate.</p> <p>District Coordinated School Health Council will create/identify an assessment tool to be used by the schools to monitor their efforts to improve student and staff wellness. All schools will implement all required components of the wellness policy and complete the assessment tool.</p> <p><i>Previous Policy:</i> The Coordinator shall ensure communication to program and site administrators of the Wellness Policy (H-7700) and this procedure. A report of progress toward compliance with the goals of this procedure and the Wellness Policy shall be made annually for the next three years, then semiannually to the Superintendent and Board of Education. This report shall include feedback from all stakeholders and the District Coordinated School Health Council.</p>
<p>29. San Dieguito Union High</p>	<p>BP 5030</p> <p>AR 5030</p>	<p>1</p> <p>8</p>	<p>The Board shall involve parents/guardians, students, and school personnel in the development, implementation and monitoring of the district wellness policy. The district Parent Curriculum Advisory Council and the district Physical Education Academic Committee, the Life Skills Academic Committee and Coordinating Council shall be involved in the development, implementation and monitoring of the wellness policy.</p> <ul style="list-style-type: none"> • The Superintendent or designee will ensure district-wide and individual school compliance with the school wellness policy. • The principal or designee should ensure individual school compliance.

<p>30. San Pasqual Unified</p>		<p>5</p>	<p>The District Superintendent or designee will ensure district wide compliance with this policy. The District Superintendent or designee will assign operational responsibility for implementing and evaluating this policy to at least one person at the District/Site level. School/District food service staff and other members of the school health committee will provide continued assistance in implementing this policy.</p> <p><i>Previous Policy:</i></p> <ul style="list-style-type: none"> • <i>Superintendent will appoint a district Health Committee. This committee will consist of representatives of parents, middle school age students, school food service providers and teachers including a physical education teacher.</i> • <i>The Health Committee will ensure</i>
			<p><i>communication to the staff, Board and families. A report of progress with goals of the procedures will be made to the Board of Education on a regular basis.</i></p>

<p>31. San Ysidro</p>	<p>BP</p>	<p>15</p>	<ul style="list-style-type: none"> • The Governing Board shall establish a plan for measuring implementation of the policy. Schools/district, school administrators, food service staff, and other members of the school health committee shall provide continued assistance in implementing this policy. • The Superintendent shall designate at least one person within the District and a site administrator at each school to oversee the implementation and evaluation of the Wellness Policy. Site administrators with the assistance from school staff, parent and teacher organizations, and the School Site Council at each school are charged with the operational responsibility for ensuring that the school site implements the District’s Wellness Policy. • The Superintendent and Wellness Committee Chairperson shall recommend for Governing Board approval specific quality indicators that will be used to measure the implementation of the policy district wide at each district school. • These measures shall include but not be limited to: <ul style="list-style-type: none"> ○ An analysis of the nutritional content of meals served ○ Student participation rates in school meal programs; ○ Summary of District/school events that supports positive healthy lifestyles. ○ Surveys and follow-ups to students and staff about the meal program and school activities. ○ Any sales of non-nutritious foods, and beverages in fundraisers or other venues outside the district’s meal programs; ○ Feedback from food service personnel, school administrators, the school health committee, parents/guardians, students, and other appropriate persons.
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		<p><i>Previous Policy:</i></p> <ul style="list-style-type: none"><i>• The Governing Board shall establish a plan for measuring implementation of the policy. Schools/district, school administrator, food service staff, and other members of the school health council shall provide continued assistance in implementing this policy. The Superintendent shall designate the school administrator or designee at each school who is charges with operational responsibility for ensuring that the school sites implement the district's wellness policy. Special assistance will be provided to schools not meeting this policy.</i><i>• The Superintendent or designee shall recommend for Governing Board approval specific quality indicators that will be used to measure the implementation of the policy district wide and at each district school. These measures shall include, but not be limited to, an analysis of the nutritional content of meals serves; student participation rates in school meal programs; any sales of non-nutritious foods and beverages in fundraisers or other venues outside the district's meal programs; and feedback from food service personnel, school administrators, the school health council, parents/guardians, students, and other appropriate persons.</i><i>• The Superintendent or designee shall report to the Governing Board at least each year for the first 2 years and thereafter every two years on the implementation of this policy and any other Board policies related to nutrition and physical activity. As necessary, the wellness related policies shall be revised and or modified to reflect state and federal laws and evaluation results.</i>
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<p>32. Solana Beach</p>	<p>BP 5030</p>	<ul style="list-style-type: none"> • The Superintendent shall designate one or more district or school employees, as appropriate to ensure that each school site complies with this policy. • The Superintendent or designee shall assess the implementation and effectiveness of this policy at least once every two years.
		<ul style="list-style-type: none"> • The assessment shall include the extent to which district schools are in compliance with this policy, the extent to which this policy compares to model wellness policies available from the U.S. Department of Agriculture, and a description of the progress made in attaining the goals of the wellness policy. • The Board and the Superintendent or designee shall establish indicators that will be used to measure the implementation and effectiveness of the district activities related to student wellness. Such indicators may include, but are not limited to: <ul style="list-style-type: none"> ○ Descriptions of the district’s nutrition education, physical education, and health education curricula and the extent to which they align with state academic content standards and legal requirements ○ An analysis of the nutritional content of school meals and snacks served in all district programs, based on a sample of menus and production records. ○ Student participation rates in all school meal and/or snack programs, including the number of students enrolled in the free and reduced-price meals program compared to the number of students eligible for that program ○ Extent to which foods sold on campus outside the food services program, such as through vending machines, student stores, or fundraisers, comply with nutritional standards. ○ Results of the state’s physical fitness test at applicable grade levels ○ Number of minutes of physical education offered at each grade span, and the estimated percentage of class time spent in moderate to vigorous physical activity ○ A description of district efforts to provide additional opportunities for physical activity outside of the physical education program ○ A description of other districtwide or school-

based wellness activities offered, including the number of sites and/or students participating, as appropriate

Previous Policy:

Monitoring

The Superintendent or designee will ensure

		<i>compliance with established district-wide nutrition and physical activity wellness policies. School food service staff, at the school or district level, will ensure compliance with nutrition policies within school food service areas and will report on this matter to the Superintendent or designee. In addition, the District will report on the most recent USDA School Meals Initiative (SMI) and Coordinated Review Effort (CRE) review findings and any resulting changes.</i>
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<p>33. South Bay Union</p>	<p>BP 5030</p>	<p>5, 6</p>	<ul style="list-style-type: none"> • The Superintendent shall designate one or more district or school employees, as appropriate, to ensure that each school site complies with this policy. • The Superintendent or designee shall assess the implementation and effectiveness of this policy at least once every two years. • The Board and the Superintendent or designee shall establish indicators that will be used to measure the implementation and effectiveness of the district activities related to student wellness. Such indicators may include, but are not limited to: descriptions of the district’s nutrition education, physical education, and health education curricula and the extent to which they align with state academic content standards and legal requirements; an analysis of the nutritional content of school meals and snacks served in all district programs, based on a sample of menus and production records; student participation rates in all school meal and/or snack programs, including the number of students enrolled in the free and reducedprice meals program compared to the number of students eligible for that program; extent to which foods sold on campus outside the food services program, such as through vending machines, student stores, or fundraisers, comply with nutritional standards; results of the state’s physical fitness test at applicable grade levels; number of minutes of physical education offered at each grade span, and the estimated percentage of class time spent in moderate to vigorous physical activity; a description of district efforts to provide additional opportunities for physical activity
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			<p>outside of the physical education program; a description of other districtwide or schoolbased wellness activities offered, including the number of sites and/or students participating, as appropriate.</p> <p><i>Previous policy:</i></p> <ul style="list-style-type: none">• <i>The Board shall establish a plan for measuring implementation of the policy. The Superintendent shall designate at least one person within the district and at each school who is charged with operational responsibility for ensuring that the school sites implement the district's wellness policy.</i>• <i>The Superintendent or designee shall recommend for Board approval specific quality indicators that will be used to measure the implementation of the policy district-wide and at each district school. These measures shall include, but not be limited to, an analysis of the nutritional content of meals served; student participation rates in school meal programs; any sales of non-nutritious foods and beverages in fundraisers or other venues outside the district's meal programs; and feedback from food service personnel, school administrators, parents/guardians, students, and other appropriate persons.</i>
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<p>34. Vallecitos Elementary</p>	<p>BP 5030</p>	<p>3</p>	<ul style="list-style-type: none"> • The Board shall establish a plan for measuring implementation of this policy. The Superintendent shall designate at least one person within the district and at each school who is charged with operational responsibility for ensuring that each school site implements this policy. • To determine whether the policy is being effectively implemented district-wide and at each district school, the following indicators shall be used: <ul style="list-style-type: none"> ○ Descriptions of the district’s nutrition education, physical education, and health education curricula ○ Number of minutes of physical education instruction offered at each grade span
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			<ul style="list-style-type: none"> ○ Number and type of exemptions granted from physical education ○ Results of the state’s physical fitness test ○ An analysis of the nutritional content of meals served based on a sample of menus ○ Student participation rates in school meal programs ○ Any sales of non-nutritious foods and beverages in fundraisers or other venues outside of the district’s meal programs ○ Feedback from food service personnel, school administrators, the school health council, parents/guardians, students, and other appropriate persons ○ Any other indicators recommended by the Superintendent and the approved by the Board
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<p>35. Valley Center-Pauma Unified</p>	<p>BP 5030</p>	<p>3</p>	<ul style="list-style-type: none"> • The Board shall establish a plan for measuring implementation of the policy. The Superintendent shall designate at least one person within the district and at each school who is charged with operational responsibility for ensuring that the school sites implement the district’s wellness policy. (42 USC 1751 Note) The Wellness Advisory Council shall include stakeholders and shall meet a minimum of two times annually to monitor and evaluate the implementation of the policy. • The Superintendent or designee shall recommend for Board approval specific quality indicators that will be used to measure the implementation of the policy districtwide and at each district school. These measures shall include, but not be limited to, an analysis of the nutritional content of meals served; student participation rates in school meal programs; any sales of non-nutritious foods and beverages in fundraisers or other venues outside the district’s meal programs; and
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			<p>feedback from food service personnel, school administrators, the school health council, parents/guardians, students, and other appropriate persons.</p> <ul style="list-style-type: none"> • The Superintendent or designee shall report to the Board at least every two years on the implementation of this policy and any other Board policies related to nutrition and physical activity. This policy shall be revised as necessary.
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36. Vista Unified	BP 5030	2	<ul style="list-style-type: none"> • The Board shall establish a plan for monitoring the implementation and compliance of all the district wellness policies. The Superintendent shall designate at least one (1) person within the district and a representative at each school site to ensure that the school sites comply with the district’s wellness policies. • Specific quality indicators will be used to measure the implementation and compliance of the wellness policies, district wide and at each school site. These measures shall include but not be limited to: <ul style="list-style-type: none"> • Physical Education minutes • Other Food Sales • Nutrition Education • School Nutrition Program
37. Warner Unified	BP 5030	5	<ul style="list-style-type: none"> • The Superintendent shall designate one or more district or school employees, as appropriate, to ensure that each school site complies with this policy. • The Superintendent or designee shall assess the implementation and effectiveness of this policy at least once every two years. • The assessment shall include the extent to which district schools are in compliance with this policy, the extent to which this policy compares to model wellness policies available from the U.S. Department of Agriculture, and a description of the progress made in attaining the goals of the wellness policy. • The Board and the Superintendent or designee shall establish indicators that will be used to measure the implementation and effectiveness of the district activities related to student wellness.

			<ul style="list-style-type: none"> to: <ul style="list-style-type: none"> ○ Descriptions of the district’s nutrition education, physical education, and health education curricula and the extent to which they align with state academic content standards and legal requirements
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- An analysis of the nutritional content of school meals and snacks served in all district programs, based on a sample of menus and production records
- Student participation rates in all school meal and/or snack programs, including the number of students enrolled in the free and reduced-price meals program compared to the number of students eligible for that program
- Extent to which foods sold on campus outside the food services program, such as through vending machines, student stores, or fundraisers, comply with nutritional standards
- Results of the state's physical fitness test at applicable grade levels
- Number of minutes of physical education offered at each grade span, and the estimated percentage of class time spent in moderate to vigorous physical activity
- A description of district efforts to provide additional opportunities for physical activity outside of the physical education program
- A description of other districtwide or schoolbased wellness activities offered, including the number of sites and/or students participating, as appropriate

Previous policy:

- *The Board shall establish a plan for monitoring the implementation and compliance of all the district wellness policies. The Superintendent shall designate at least one (1) person within the district and a representative at each school site to ensure that the school sites comply with the district's wellness policies.*
- *To determine whether the policy is being effectively implemented district wide and at each district school, the following indicators shall be used: descriptions of the districts's nutrition education, physical education and health education curricula; number of minutes of physical education instruction offered at each grade span; number and type of exemptions granted from physical education; results of the state's physical*

		<i>fitness test; an analysis of the nutritional content of meals served based on a sample of menus; student participation rates in school meal programs; any sales of non-nutritious foods and beverages in fundraisers or other venues outside of the district's meal programs; feedback from food service personnel, school administrators, the school health council, parents/guardians, students and other appropriate persons and any other indicators recommended by the Superintendent and approved by the Board.</i>
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