

School Wellness Policy Attributes
“Outside Food (Allergies, Food Safety)”

District Name	BP/AR	Page #	Sentence
1. Alpine Union	BP 5030	c	<u>Sharing of Foods and Beverages</u> . Schools should discourage students from sharing or selling their foods or beverages with one another during meal or snack times, given concerns about allergies, communicable diseases and restrictions on some children's diets.
2. Bonsall Union		6	<p>School staff shall encourage parents/guardians or other volunteers to support the district's nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class parties.</p> <p><i>Previous Policy:</i> <i>Schools should discourage students from sharing food or beverages during meals and snack time, given concerns about allergies and other restrictions on some children’s diets.</i></p>
3. Borrego Springs	BP 5030		School staff shall encourage parents/guardians or other volunteers to support the district’s nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class parties. Class parties or celebrations shall be held after the lunch period when possible.

<p>4. Cajon Valley Union</p>	<p>AR 3550</p> <p>BP 5030</p>	<p>1</p> <p>d</p> <p>b</p>	<p>Encouraging parents/guardians to support student wellness by considering nutritional quality when selecting snacks for class parties/celebrations and limiting foods or beverages that do not meet nutritional standards.</p> <ul style="list-style-type: none"> • Each school participating in the National School Lunch and/or Breakfast Program shall, during each school year, obtain a minimum of two food safety inspections conducted by the county environmental health agency. (42 USC 1758; 7 CFR 210.13, 220.7) • School staff shall encourage parents/guardians or other volunteers to support student wellness by considering nutritional quality when selecting snacks for class parties and limiting foods or beverages that do not meet nutritional standards. Class parties or celebrations in elementary schools shall be held after the lunch period when
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			<p>possible. A list of party and celebration alternatives will be shared with staff and parents.</p>
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<p>5. Carlsbad Unified</p>	<p>BP 5030</p> <p>AR</p>		<p>School staff shall encourage parents/guardians or other volunteers to support the district’s nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class parties and by limiting foods or beverages that do not meet nutritional standards to no more than one such food or beverage per party.</p> <p>Nutrition services shall monitor and implement food safety procedures for all foods sold, served, or consumed on school premises with the exception of food brought from home for individual consumption or staff only functions.</p> <p><i>Previous policy:</i></p> <ul style="list-style-type: none"> • <i>Foods Brought From Home</i> <i>There will be no homemade or home baked foods allowed on campus.</i> • <i>Guidelines for Safe Food Handling on Campus</i> <i>All foods and beverages will be handled by Nutrition Services, teachers, aides, and other staff as per Department of Environmental Health CalCode requirements. Hot foods must be kept hot; cold foods must be kept cold. Attached is an outline of guidelines for safe food handling.</i>
<p>6. Chula Vista Unified</p>	<p>BP 5030</p>	<p>7</p> <p>8</p>	<ul style="list-style-type: none"> • Schools should strongly discourage students from sharing their foods or beverages with one another during meal or snack times, due to concerns about allergies and other restrictions on some children’s diets. • All food items brought on campus by parents/guardians or other volunteers or school staff for celebrations should be store bough, prepackaged, and pre-wrapped items with a label listing ingredients so students with food allergies are protected from accidental exposure. • No home-cooked meals should be served to students in order to minimize the risk of foodborne illnesses.
<p>7. Del Mar Union</p>	<p>BP</p>	<p>2</p>	<p>School staff shall encourage parents/guardians or other volunteers to support the district's nutrition education program by considering nutritional</p>

			quality when selecting any snacks which they may donate for occasional class parties. <i>Previous Policy: Schools should monitor students sharing their foods or beverages with one another during meal</i>
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			<i>or snack times, given concerns about allergies and other restrictions on some children's diets.</i>
8. Encinitas Union	AR	C e	<ul style="list-style-type: none">• <u>Sharing of Foods and Beverages.</u> Schools should discourage students from sharing their foods or beverages with one another during meal or snack times, given concerns about allergies and other restrictions on some children's diets.• <u>Food Brought on Campus:</u> All food brought onto campus by parents, teachers, or staff for celebrations or rewards in the classroom, should be store bought, pre-pared and pre-wrapped food. No home cooked meals should be served to staff or children in order to minimize the risk of food-borne illness.

<p>9. Escondido Union</p>	<p>BP 5030</p> <p>AR</p> <p>BP 5030</p>	<p>5</p>	<ul style="list-style-type: none"> ● School staff shall encourage parents/guardians or other volunteers to support the district’s nutrition education program by considering nutritional quality when selecting any snacks that they may donate for occasional class parties or celebrations. Foods and beverages that do not meet nutritional standards shall be limited to no more than one food or beverage per party or celebration. ● Class parties or celebrations shall be held after the last lunch period or be incorporated into the school lunch program Nutrition Services. The frequency of class parties or celebrations shall be left to the discretion of the site administrator. <p><i>Previous Policy:</i></p> <ul style="list-style-type: none"> ● <i>Food and beverages donated to schools for consumption at an event (i.e., party, celebration, etc.) occurring during the school day shall be purchased in packaged containers from reputable food production facilities. (No items prepared in whole or in part in someone’s home shall be served to students at any time during the school day.) Each event shall include no more than one food or beverage that does not meet the district nutrition guidelines. No caffeinated</i>
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			<p><i>or soda drinks shall be served at any time.</i></p> <ul style="list-style-type: none"> ● <i>No items prepared in whole or in part in someone’s home shall be served to students at any time on school premises.</i>
<p>10. Fallbrook Union Elementary</p>	<p>BP 5030</p>	<p>5</p>	<p>School staff shall encourage parents/guardians or other volunteers to support the district’s nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class parties. Class parties or celebrations shall be held after the lunch period when possible.</p>

11. Fallbrook Union High	BP 5030		<p>School staff shall encourage parents/guardians or other volunteers to support the district’s nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class functions and by limiting foods or beverages that do not meet nutritional standards to no more than one food or beverage per function. Foods or beverages served at class functions shall be store bought, unopened, and include an ingredient label on packaging. Due to the potential of food borne illness, foods and beverages prepared at home shall not be allowed. Class functions, including parties or celebrations, shall be held after the lunch period when possible.</p> <p><i>Previous Policy:</i> <i>Any food sales conducted outside the district's food service program shall meet nutritional standards specified in law, Board policy, and administrative regulations and shall not reduce student participation in the district's food service program.</i></p>
12. Grossmont Union High	BP	11	<p>Schools should encourage parents to arrange with the district food service department for catering class parties/staff celebrations to ensure food safety and maximize the ability of the district food service department to serve healthy and appealing meals.</p>
13. JamulDulzura Union	BP 5030	6	<p>The district shall:</p> <ul style="list-style-type: none"> • Require that schools limit celebrations that involve food during the school day and encourage the serving of healthful foods
14. Julian Unified	BP 5030	3	<p>(Foods will) Be served in a way that children with peanut allergies have a safe space to eat, a</p>

			<p>table shall be designated as a “Peanut Free Table” at which students may not have any peanut products as needed</p>
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15. Julian Union High	BP 5030	6-7	<ul style="list-style-type: none"> • Parents shall be encouraged to provide their children with food and snacks to bring on campus that meet the nutrition standards adopted by the district. • Foods and beverages offered or sold at school-sponsored events outside the school day will meet the nutrition standards for meals or for foods and beverages sold individually.
16. La Mesa Spring Valley	AR	c	Sharing of Foods and Beverages Schools should discourage students from sharing their foods or beverages with one another during meal or snack times, given concerns about allergies and other restrictions on some children's diets.
17. Lakeside Union	BP	7	School staff shall encourage parents/guardians or other volunteers to support the district's nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class parties. Class parties or celebrations shall be held after the lunch period when possible.
18. Lemon Grove	BP 5030	5	<ul style="list-style-type: none"> • Strongly encouraging parents to send healthy lunches and snacks that comply with California Nutrition Standards and guidelines set forth by the district as outlined above. • Providing parents with a list of foods that meet the district snack, celebrations, and fundraising standards and guidelines. • Informing parents about children sharing their foods or beverages with others during meal or snack times due to concerns about allergies and other restrictions on some children's diets.
19. National	BP 5030	6	<p>School staff shall encourage parents/guardians or other volunteers to support the district's nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class parties.</p> <p><i>Previous Policy:</i> <i>School staff shall encourage</i></p>

			<p><i>parents/guardians or other volunteers to support the district's nutrition education program by providing only foods or beverages that meet nutritional standards for classroom celebrations. Class parties or celebrations shall be held after the lunch period.</i></p>
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20. Oceanside	BP 5030		<ul style="list-style-type: none"> • School staff shall require parents/guardians or other volunteers to support the district's nutrition education program by meeting or exceeding nutritional guidelines set forth in Administrative Regulation 5030 when selecting any snacks which they may donate for occasional class parties. Class parties or celebrations shall be held after the lunch period when possible.
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21. Poway Unified	BP	4	<ul style="list-style-type: none"> • All foods sold or served at school should have a food label listing ingredients so students with food allergies are protected from accidental exposure. • <i>Homemade Food Items</i> - To ensure food safety, all food to be shared with other students should be commercially prepared, prepackaged, unopened, and, when possible, individually wrapped. Foods prepared at home may be used only for individual student and staff lunches/snacks, and consumed by staff members only on a voluntary basis.
	BP	6	<p style="text-align: center;">Food Safety</p> <ul style="list-style-type: none"> • School administrators should encourage teachers to order foods for classroom parties that provide food in compliance with the Health Code to ensure compliance with food safety and sanitation regulations. Hazard Analysis and Critical Control Points (HACCP) plans and guidelines shall be implemented to prevent food-borne illness in schools. • All foods and beverages made available at school shall comply with state and local food safety and sanitation regulations. Food service equipment and facilities must meet applicable local and state standards for health, sanitation, and safety. • All food handlers must meet the food safety certification requirements established by the San Diego County Department of Environmental Health.
22. Ramona Unified	AR 5030	11	<p>Classroom Parties and Educational Events</p> <p>School administrators will encourage parents and school staff to use healthy foods and beverages that meet nutritional guidelines for</p>

			<p>classroom parties and events, in support of the district’s nutritional goals. Foods that do not meet nutritional standards shall be limited to no more than one food or beverage per class function. A listing of healthy snacks and foods for parties is available from the Food and Nutrition Services Department. The Food and Nutrition Services Department provides a BBQ lunch or dinner for special events such as all school field days, all school celebrations and the all district music festival. Only foods and beverages that meet nutrition guidelines are used for such activities.</p>
23. San Pasqual	BP	7	<p>Staff will encourage parents/guardians or volunteers to consider nutritional quality when selecting snacks for parties and omitting foods or beverages that do not meet nutritional standards.</p>
24. San Ysidro	BP 5030	11	<ul style="list-style-type: none"> • No outside food items should be brought into the school without permission from Educational Services (School Nurse) and clearance from Nutrition Services. • There will be no homemade or home baked foods allowed on campus. • Schools should discourage students from sharing or selling their foods or beverages with one another during meal or snack times, given concerns about allergies, contagious diseases and restrictions in some children’s diets. • Parents of students with known allergies should be contacted prior to the classroom celebration or school event. • All teachers shall receive training and written information from the DSN specific to any child in their classes who has severe allergies and Epi-Pen orders.

25. Solana Beach	BP 5030		<p>School staff shall encourage parents/guardians or other volunteers to support the district’s nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class parties. Class parties or celebrations shall be held after the lunch period when possible.</p> <p><i>Previous Policy:</i></p>
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			<p><u><i>Sharing of Foods and Beverages</i></u> <i>Schools should discourage students from sharing their foods or beverages with one another during meal or snack times, given concerns about allergies and other restrictions on some children’s diets.</i></p>
26. South Bay	BP 5030	4 5	<ul style="list-style-type: none"> • The Board believes that foods and beverages available to students at district schools, including those available outside the district’s food services program, should support the health curriculum and promote optimal health. • School staff shall encourage parents/guardians or other volunteers to support the district’s nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class parties. Class parties or celebrations shall be held after the lunch period when possible.
27. Vallecitos Elementary	BP 5030	2	<ul style="list-style-type: none"> • School staff shall encourage parents/guardians or other volunteers to support the district’s nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class parties and by limiting foods or beverages that do not meet nutritional standards to no more than one such food or beverage per party. Class parties or celebrations shall be held after the lunch period when possible.

28. Valley Center – Pauma Unified	BP 5030	3	<ul style="list-style-type: none"> • School staff shall encourage parents/guardians or other volunteers to support the district’s nutrition education program by focusing classroom celebrations on activities, rather than food. Foods and beverages served at school or classroom celebrations are encouraged to meet the District’s Nutritional Standards for fat, sugar, calories, and sodium content. Class parties or celebrations shall be held after the lunch period when possible.
29. Vista Unified	BP 5030	2	<ul style="list-style-type: none"> • A list of all compliant food and/or beverages that school organizations may use for fundraising purposes will be available at each school.
			<ul style="list-style-type: none"> • The School site staff shall encourage parents/guardians or other volunteers to use non-food items, which they may donate for occasional class parties. • All foods and beverages donated to classrooms must be selected from the district-approved list of snacks, which is available in the front office of all schools and the district website.
30. Warner Unified	BP 5030	5	<ul style="list-style-type: none"> • School staff shall encourage parents/guardians or other volunteers to support the district’s nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class parties. Class parties or celebrations shall be held after the lunch period when possible.