

3. Mt. Empire Unified	BP 5030	2	Goals for nutrition education will include: <ul style="list-style-type: none"> • Providing nutrition education as part of the health education and physical education curriculum in grades <i>Pre</i>- K-12 and, as appropriate, shall be integrated into core academic subjects and offered through after-school programs.
4. National	BP 5030	3	The Board believes that foods and beverages available to students at district schools should support the health curriculum and promote optimal health. Nutrition standards adopted by the district for all foods and beverages sold to students, including foods and beverages provided through the district’s food service program, student stores, vending machines, fundraisers, or other venues, shall meet or exceed state and federal nutrition standards. <i>(cf. 6300 - Preschool/Early Childhood Education)</i>
5. Oceanside Unified	BP 5030	3	The Board believes that foods and beverages available to students at district schools should support the health curriculum and promote optimal health. Nutritional standards adopted by the district for all foods and beverages sold to students, including foods and beverages provided through the district’s food service program, student stores, vending machines, fundraisers, or other venues, shall meet or exceed state and federal nutritional standards. <i>(cf. 6300 - Preschool/Early Childhood Education)</i>
6. Poway Unified	BP	4	Schools should follow the nutrition standards for pre-kindergarten through grade twelve, including before and after school programs, indicated in Attachments A and B.
7. San Ysidro	BP 5030	7	Foods should: <ul style="list-style-type: none"> • Meet nutritional guidelines required by the Child and Adult Care Food Program to meet Pre-school student’s dietary needs. <p><i>Previous policy:</i> <i>The Governing Board recognizes the link between student health and learning and desires to provide a comprehensive program promoting healthy eating and physical activity for district students in Preschool – 8th grade. The Superintendent or designee shall build a coordinated school health system that supports and reinforces health literacy through the district Wellness Council health education, physical education, Child nutrition services, psychological and counseling services,</i></p>

			<p><i>health promotion for staff, a safe and healthy school environment, and parent/guardian and community involvement.</i></p> <p><i>Pursuant to the requirements of the Education Code, nutrition education shall be provided as part of the health education programs in grades Pre K-8 and, as appropriate, shall be integrated into core academic subjects and offered through before and after-school programs.</i></p> <p><i>The district may:</i></p> <ul style="list-style-type: none"> <i>Require healthy snack choices for all celebrations in Pre-school-8th grade and ensure parental contributions for celebrations meet state/federal standards. Students will use acquired knowledge to practice goal setting and decision making skills with regard to healthy lifestyle choices.</i> <p><i>All students in grades Pre K-8 shall be provided opportunities for moderate-to-vigorous physical activity shall be provided through physical education, recess, school athletic programs, extracurricular programs, before and after-school programs, and other structured and unstructured activities (walking programs, dance, etc.)</i></p>
8. Solana Beach	BP 5030		<p>In order to maximize the district’s ability to provide nutritious meals and snacks, all district schools shall participate in available federal school nutrition programs, including the National School Lunch Programs to the extent possible. When approved by the California Department of Education, the district may sponsor a summer meal program. <i>(cf. 5148.3 – Preschool/Early Childhood Education)</i></p>
9. South Bay	BP 5030	4	<ul style="list-style-type: none"> For all foods available on each campus during the school day, the district shall adopt nutritional guidelines which are consistent with 42 USC 1773 and 1779 and federal regulations and which support the objectives of promoting student health and reducing childhood obesity. In order to maximize the district’s ability to provide nutritious meals and snacks, all district schools shall participate in available federal school nutrition programs, to the extent possible. When approved by the California Department of Education, the district may sponsor a summer meal program. <i>(cf. 5148.3 – Preschool/Early Childhood Education)</i>

<p>10. Warner Unified</p>	<p>BP 5030</p>	<p>4</p>	<ul style="list-style-type: none"> • For all foods available on each campus during the school day, the district shall adopt nutritional guidelines which are consistent with 42 USC 1773 and 1779 and federal regulations and which support the objectives of promoting student health and reducing childhood obesity. • In order to maximize the district’s ability to provide nutritious meals and snacks, all district schools shall participate in available federal school nutrition programs, including the National School Lunch and School Breakfast Programs and after-school snack programs to the extent possible. When approved by the California Department of Education, the district may sponsor a summer meal program. <i>(cf. 5148.3 – Preschool/Early Childhood Education)</i> <p>Previous policy: The Board believes that foods and beverages available to students at district schools should support the health curriculum and promote optimal health. Nutrition standards adopted by the district for all foods and beverages sold to students, including foods and beverages provided through the district’s food service program, student stores, vending machines, fundraisers, or other venues, shall meet or exceed state and federal nutrition standards. <i>(cf. 6300 - Preschool/Early Childhood Education)</i></p>
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