

**San Diego County Childhood Obesity Initiative
Early Childhood Workgroup
February 24, 2015**

Attendees: Alex Miranda, Alfredo Contreras, Anne Kashiwa, Cheryl Moder, Cindy Simpson, Debal Acquaro, Debbie Miranda, Donnabel Erfe-Beltran, Holly Retz, Jojo Drinkwater, JuliAnna Arnett, Keturah Swenson, Kim McDougal, Kristine Smith, Maria Fierro, Nina Ghatan, Penny Adler, Shelby Gomez, and Valerie Brew.

AGENDA ITEM	DISCUSSION / ISSUES / CONCERNS	DECISIONS / RECOMMENDATIONS / ACTIONS
1. Introduction & Minutes	<ul style="list-style-type: none"> • Group completed introductions and approved the minutes. 	
2. Workplan Discussion	<ul style="list-style-type: none"> • JuliAnna reviewed the workplan template and project ideas from January. • Workgroup provided feedback on the objectives and activities, then developed action steps, and agreed on responsibilities (please refer to workplan for more details). • Increasing participation in the Wellness Champion program was an area of strong interest. • The workgroup discussed developing a wellness packet for human resource departments of large organizations (such as Qualcomm) to provide to employers taking maternity leave. The resources could include information about the Wellness Champion program, 5-2-1-0, lactation support, WIC resources, etc. • CDA and MAAC expressed interested in helping distribute flyers to providers. • There may be an opportunity for First 5 to require Wellness Champion participation during contract negotiation with QPI sites. 	<ul style="list-style-type: none"> • Joangrace send Nina Wellness Champion materials to forward to workgroup. • Move partner announcement to the top of the agenda for future meetings. • Add Wellness Champion as a standing agenda item and have partners report distribution numbers at monthly meetings.
3. Partner Updates	<ul style="list-style-type: none"> • To ensure adequate time is available, partner announcements will be moved to the top of the agenda for future meetings. • March 20th MAAC is hosting a Health Services Advisory and School Readiness Advisory Committee meeting from 10-12:15pm at Pala Casino and Resort. 	
4. Next Meeting	<ul style="list-style-type: none"> • April 28, 2015 at 10:00 a.m. at YMCA Childcare Resource Service, 3333 Camino del Rio South #400, San Diego, CA 92108 	