

**San Diego County Childhood Obesity Initiative  
Early Childhood Workgroup  
April 28, 2015**

**Attendees:** Alex Miranda, Anne Kashiwa, Cheryl Moder, Caroline Darsney, Debal Acquaro, Donnabel Erfe-Beltran, Jamie Moody, Joangrace Espiritu, Karee Hopkins, Keturah Swenson, Kim McDougal, Kim Woodworth, Laura Jeanes, Nina Ghatan, Penny Adler, Shana Bruno, Stan Miller, Veronica Klinger, and Victoria Garcia,

AGENDA ITEM	DISCUSSION / ISSUES / CONCERNS	DECISIONS / RECOMMENDATIONS / ACTIONS
<b>1. Introduction &amp; Minutes</b>	<ul style="list-style-type: none"> <li>Group completed introductions and approved the minutes.</li> </ul>	
<b>2. Partner Announcements</b>	<ul style="list-style-type: none"> <li>NHA held a Let's Move Head Start Olympics on 4/24</li> <li>Jamie researched strategies for childhood obesity prevention for the CDC, recommended strategies include: identifying a key facilitator to connect linkages and maintain momentum, ensure adequate funding and resources, and support providers.</li> <li>League of Women Voters showed Raising of America; plan to convene early childhood experts to develop a workbook for companies to educate staff of nutrition, healthy eating, and resources.</li> <li>CHIP's third annual Brew Rendezvous is 5/17 from 1-4 at SILO.</li> <li>YMCA provider appreciation day on 5/17; event includes surfing lessons, archery, rock climbing wall, and healthy lunch buffet.</li> <li>4/25 AKA hosted a provider appreciation day and provided info on farm to preschool.</li> <li>Jamie is investigating way to bridge the gap between research and practitioners; she is seeking success stories, updates, and challenges.</li> </ul>	<ul style="list-style-type: none"> <li>Joangrace will send Nina the flyer to distribute to group.</li> <li>Contact Joangrace if you would like to host a resource table.</li> </ul>
<b>3. Finalize Workplan</b>	<ul style="list-style-type: none"> <li>Timeline was updated and workplan was finalized.</li> </ul>	
<b>4. Research Updates- Jamie Moody</b>	<ul style="list-style-type: none"> <li>Food Friends Fun with New Foods is an evidence-based curriculum that introduces kids to new foods and incorporates physical activity.</li> <li>Program results included: increased consumption of new foods for parents and children, and improved gross motor skills (although they were still below normal compared to children in their age group).</li> </ul>	<ul style="list-style-type: none"> <li>Visit <a href="http://foodfriends.org">foodfriends.org</a> for more information</li> </ul>
<b>5. Wellness Champion Updates</b>	<ul style="list-style-type: none"> <li>Mid City grant ends in August; five more providers are need to meet the target (30). Ketty agreed to reach out to providers in the area.</li> <li>5/9 is a cooking education workshop at the Y Cook Kitchen.</li> <li>North County grant (until January) is going well. Currently working with 11 sites (target is 25).</li> <li>There is a high demand for the SNAP County grant; target was five providers and currently 10 are interested. Due to high demand, Kim plans to ask for additional funding to expand the program.</li> </ul>	<ul style="list-style-type: none"> <li>Kim W send Nina flyer to forward to the group.</li> <li>Promote program in Mid City and North County.</li> </ul>
<b>6. CACFP Regulations Update</b>	<ul style="list-style-type: none"> <li>Deadline was extended until next month, can discuss further in May.</li> </ul>	<ul style="list-style-type: none"> <li>Nina share recommendation letter that was submitted along with the tip sheet. Let us know if you submit a letter on behalf of</li> </ul>

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		<i>your organization.</i>
<b>7. Breastfeeding Policy</b>	<ul style="list-style-type: none"> <li>• LSE, YMCA CRS, and SDCBC developed three key questions that parents can ask to determine if childcare sites are breastfeeding friendly.</li> <li>• Sample policies have been developed and they are soliciting feedback from the SDCBC and other partners to better understand how to provide support to clients, employees, and families.</li> <li>• Kim presented the findings to LSEAT advisory team.</li> </ul>	
<b>8. Next Meeting</b>	<ul style="list-style-type: none"> <li>• <b>May 26, 2015 at 10:00 a.m.</b> at YMCA Childcare Resource Service, 3333 Camino del Rio South #400, San Diego, CA 92108</li> </ul>	