



HOTM Rotation for the 2015-2016 School Year

Fall September October November	Peppers Grapes Root Vegetables	Suggested variety Sweet Peppers Daikon Radish
Winter December January February	Apples Salad Greens Citrus	Red Leaf Lettuce Mandarins
Spring March April May	Cooked Greens Cucumbers Strawberries	Bok Choy (featured raw) Persian
Summer June July August	Stone Fruit Avocados Melons	Peaches

Compiled by NEOP partners from the following agencies:

- Orange County Department of Education
- Los Angeles County Department of Public Health
- Los Angeles County Office of Education
- County of Riverside Department of Public Health
- San Bernardino County Superintendent of Schools
- University of California, San Diego, School of Medicine, Department of Pediatrics, Division of Child Development and Community Health
- Southern California Farmers



This material was produced by the California Department of Public Health's Nutrition Education and Obesity Prevention Branch with funding from USDA SNAP-Ed, known in California as CalFresh. These institutions are equal opportunity providers and employers. CalFresh provides assistance to low-income households and can help buy nutritious food for better health. For CalFresh information, call 1-877-847-3663. For important nutrition information, visit www.CaChampionsForChange.net.