



<b>Meeting Minutes:</b> <b>Schools &amp; After-School Domain</b> <b>July 21, 2015: 11 a.m. – 12:30 p.m.</b> United Way of San Diego County 4699 Murphy Canyon Rd. San Diego CA 92123	<b>Next Domain Meeting:</b> <b>Schools &amp; After-School Domain</b> <b>August 18, 2015: 11 a.m. – 12:30 p.m.</b> United Way of San Diego County 4699 Murphy Canyon Rd. San Diego CA 92123
<b>Attendees:</b> Ashley Cassatt (SD Unified); Cherianne Barry (teacher); Curley Palmer, Deirdre Kleske, Jennifer Flores, Karee Hopkins, Melissa Roberts, Nick Beatman, Roberto Ramirez, Sharon Hughes, (County of SD HHSA); Cynthia Brown (RN); Dave Osterloh (Outdoor Fitness Experience); Huong Yu (SDSU IBACH); Kate McDevitt (UCSD); Kay Stuckhardt (Palomar Health); Melanie Petersen (SD Hunger Coal.); Nanette Lopez, Nicole Ring (Healthy Dining); Susi Jones (JUSD Pathways); Tania White (American Heart Assoc.) <b>Recorder:</b> Nina Ghatan (CHIP)	

Topic/Issue	Discussion	Action
<b>Welcome</b>	<ul style="list-style-type: none"> <li>Deirdre Kleske reviewed the mission of the COI and led introductions.</li> </ul>	
<b>Announcements</b>	<ul style="list-style-type: none"> <li>7/28 Summer Lunch Taskforce is reconvening from 1-2:30pm at 3581 Rosecrans.</li> <li>Childhood Obesity Action Fund- passed the Senate, but still needs to pass the house. If approved, Title IV funding would expand to include physical education as a core subject, which would make available (but not guarantee) some new sources of funding.</li> <li>American Heart Association is seeking a Community Health Director. Refer to their national website for further details.</li> <li>Healthy Dining helps restaurants create and promote healthy options, and are piloting a healthy fundraising program, “Healthy Dining School Rewards,” with the Poway School District to raise funds for school wellness programs. They are in talks now to expand it to San Marcos Unified.</li> <li>Tools for Schools Toolkits are still available. Share this resource with your school contacts.</li> </ul>	
<b>Childhood Obesity Conference Debrief</b>	<ul style="list-style-type: none"> <li>Dr. Rishi Manchanda’s closing plenary discussed the need for medical providers to partner with community health workers to gain a complete understanding of patients’ needs in order to provide comprehensive care. One of the challenges is that the time and effort to do this is currently not reimbursable, unlike more traditional medical interventions.               <ul style="list-style-type: none"> <li>UCSD Center for Community Health pediatric residents will attend future domain meetings to become familiarized with community resources.</li> <li>Palomar is working to reduce remissions through five community linkage areas.</li> <li>COI Healthcare Domain is in discussion with 211 on expanding their physical activity and nutrition database; Kate and Page were invited to join this discussion by attending the next Healthcare Domain meeting.</li> </ul> </li> </ul>	



	<ul style="list-style-type: none"> <li>• Culture of Health Through Diverse Collaboration session described the impact of obesity on military forces: 70% of kids coming out of school cannot meet the demands of the military and 25% is due to physical fitness. Mission Readiness, a national group, framed this as an economic and national security issue.</li> <li>• Bang for your Buck session discussed the need for interventions to exist for five years to make the greatest impact.</li> <li>• Lactation Accommodations session highlighted the work of UCSD in partnership with 30 businesses and 10 school districts to improve lactation accommodation policies. Nick Beatty, an intern with the County, has reviewed school district lactation accommodation policies; the information will be available on the COI Policy Clearinghouse, along with policy language on mental/emotional/behavioral health.</li> <li>• Stress and Obesity session discussed evidence that shows that stress does not necessarily cause overeating, which is believed to be a learned behavior. Mindfulness taste tests and meditation in schools can be tools to teach students how to cope with stressful situations.</li> <li>• Final takeaways: BMI is still the best way to measure obesity and educators can use real world examples to tie nutrition education with common core (ex: reading nutrition labels).</li> <li>• Congratulations to Kate and Colin for doing a wonderful job presenting on the District Rep program and Nutrition in Healthcare Leadership Team (NHTL).</li> </ul>	
<p><b>PE/PA- News of the Day</b></p>	<ul style="list-style-type: none"> <li>• Encourage schools to participate in the Gimmie 5 Challenge by challenging students to do five healthy activities a day: <a href="http://www.letsmove.gov/blog/2015/02/23/first-lady-has-challenge-you-gimmefive">http://www.letsmove.gov/blog/2015/02/23/first-lady-has-challenge-you-gimmefive</a></li> <li>• Shape America has a 50 Million Strong campaign has shifted focus from teacher outcomes to student achievement: <a href="http://www.shapeamerica.org/prodev/50million.cfm">http://www.shapeamerica.org/prodev/50million.cfm</a></li> <li>• FITNESSGRAM is no longer housed at Human Kinetics; it is now housed at US Games and aligns with Common Core curriculum: <a href="http://www.usgames.com/fitnessgram/">http://www.usgames.com/fitnessgram/</a></li> </ul>	<ul style="list-style-type: none"> <li>• Paige to present new web resource (Fit2Learn, Fit4Life) at future meeting.</li> </ul>
<p><b>Farm to School Update</b></p>	<ul style="list-style-type: none"> <li>• The COI was selected is become involved with the Ed Med Collaborative, which is working with schools and hospitals to shift to healthy foods, including antibiotic-free poultry.</li> <li>• Farm to School Taskforce (F2STF) is focusing on grower engagement. Meetings will resume in September. (9/11 from 10 – 12 noon at Carlsbad Unified School District)</li> <li>• Future trainings:             <ul style="list-style-type: none"> <li>○ Incorporating farm to school language in school wellness policies- event will train district wellness leads, district reps, and nutrition directors on how to support local sourcing, school gardens and nutrition education in wellness policies. The event will also</li> </ul> </li> </ul>	



	<p>include a presentation from a school district that has successfully implemented changes. The workgroup recommended the training be scheduled for early October.</p> <ul style="list-style-type: none"> <li>○ Garden to Café Training- targeted to district food service staff interested in receiving information on how to start a Garden to Café certification program in their district. District reps and community partners will also be invited to attend.</li> </ul>	
<p><b>Project Updates</b></p>	<p>Healthy Fundraising (HF) Project – background and goals described to group: to collect, recognize and share examples of healthy school fundraising, ideally at least one from each school district.</p> <ul style="list-style-type: none"> <li>• HF Champions Recognition – showed promotional flyer, HF collection form, and sample recognition letter.</li> <li>• Updates: Four HF examples have been collected from four districts, recognition at school board meetings are planned for San Marcos &amp; Escondido in Sept. (Kay)</li> <li>• Ideas to promote/recognize: <ul style="list-style-type: none"> <li>○ For board meetings, recognition letter should include some facts about district’s fitness scores and wellness activities on the back, to present to board members.</li> <li>○ If a COI e-news article is done, a link should be emailed to each district &amp; school included.</li> <li>○ Reach out to 9<sup>th</sup> District PTA (Deirdre); district wellness leads (District Reps).</li> <li>○ Encourage district wellness leads to forward to PTA/PTO groups, DAC and DELAC (district parent groups)</li> <li>○ Would be good to translate flyer and HF collection form into Spanish.</li> <li>○ Concern raised about promoting commercial fundraising companies (i.e., APEX). Should include disclaimer when sharing HF examples and encourage people to contact those who have used the companies to learn of their experiences.</li> </ul> </li> </ul> <p>Partner Education and collaboration-</p> <ul style="list-style-type: none"> <li>• Invite Mission Readiness to present at future workgroup meeting.</li> <li>• Invite Head Start and other preschool entities to Garden to Café Training</li> <li>• Need more after-school partners at the table, what are they currently doing?</li> <li>• Wellness policy implementation monitoring resources</li> </ul> <p>Physical Education and Physical Activity-</p> <ul style="list-style-type: none"> <li>• Share “Every Child Achieves Act” (Action Fund) information with other Domain Champions.</li> <li>• Project members will bring ideas to draft project workplan over the next few meetings.</li> <li>• Paige will present to the North County Collaborative (via Kay) on PE/PA.</li> <li>• Food for thought: highlight best practices for physical education teachers.</li> </ul>	<p>Partners to share Healthy Fundraising Flyer and collection form with wellness leads, PTA leads, and others to find examples of healthy school fundraisers.</p> <p>Documents will be emailed to partners after August workgroup meeting.</p>

