

**San Diego County Childhood Obesity Initiative
Early Childhood Workgroup
July 23, 2015**

Attendees: Anne Kashiwa, Cheryl Moder, Holly Retz, Jamie Moody, Joangrace Espiritu, Jake McGough, Josh Bariuan, Keturah Swenson, Kim McDougal, Kim Woodworth, Linda Dao, Lynn Officer, Nina Ghatan, Osvaldo Alvarado, Parisa Mohammad, Selina Brollini, Shana Bruno, Shelby Gomez, Stan Miller, Tosha Sanchez, and Veronica Klinger.

AGENDA ITEM	DISCUSSION	ACTION ITEMS
1. Introduction & Minutes	<ul style="list-style-type: none"> Group completed introductions and approved the minutes. 	<ul style="list-style-type: none"> Jamie verify accuracy of bullet 3 in the research update and follow up with Nina.
2. Partner Announcements	<ul style="list-style-type: none"> 10/23 from 2-5pm is CHIP's 3rd Annual Let's Go Local (LGL) Produce Showcase at the Leichtag Ranch. The event connects buys with growers and distributors; hope to increase participation of early childcare providers this year. 7/31 P3SD is convening early childcare and schools partners to increase access to early childhood education and improve the transition to kindergarten. CAPSLO Head Start is going to begin serving pregnant women in Poway and Ramona and offer Early Head Start in home setting. San Diego County Office of Ed. released a RFP for a vendor to support QPI sites by completing a nutritional assessment, helping identify healthier food options, and providing coaching. YMCA CRS submitted an application; deadline to apply is July 30. 	<ul style="list-style-type: none"> Share LGL promotional materials when available. Next month provide recap of P3SD event.
3. AB 290-Stan Miller	<ul style="list-style-type: none"> Legislation was signed into law in 2013; childcare licenses issued on or after 1/1/2016 will require providers to receive at least one hour of child nutrition training. Kim noted the Wellness Champion checklist has been updated to reflect the new nutrition requirements. 	<ul style="list-style-type: none"> Nina forward AB290 to workgroup.
4. Research Questions- Jamie Moody	<ul style="list-style-type: none"> Jamie asked the workgroup questions to help bridge the gap between researchers and childcare providers. Main takeaways from the discussion included: forming trusting relationships is key; two-way information sharing is necessary (share results with providers); discuss participation benefits (staff training a plus), liabilities, time commitment; and the need for organizations to build capacity to conduct evaluation internally. 	
5. Wellness Champion Updates	<ul style="list-style-type: none"> In June, 340 Wellness Champion referrals were provided via phone and internet; currently there are 43 Wellness Champions throughout the County and a number of providers are on the waitlist. Workgroup discussed the challenge of maintaining a high level of support and building a self-sustaining model. Current estimated actual cost to become a Wellness Champion is \$500 per site; we need to define the return on the investment for the providers. 	<ul style="list-style-type: none"> Brainstorm additional fee structure ideas for next month. Future discussion- second year Wellness Champions receive Live Well partner designation. Hold off promoting Wellness Champion program because of

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	<ul style="list-style-type: none"> To maintain the integrity of the program, YMCA CRS could institutionalize the program and charge providers a sliding fee based on their zip code and size. Workgroup discussed the challenge for home care providers to limit screen time to 30 minute a week; the group decided to maintain the standard and give providers tools and resources (ex. music and movement) to be successful. 	waitlist.
6. Indicators and Workplan Updates	<ul style="list-style-type: none"> Reviewed the current indicators and updated the workplan. 	<ul style="list-style-type: none"> Refer to documents for more details.
7. Partner List	<ul style="list-style-type: none"> Next month we will review the partner list and prioritize presenters. 	<ul style="list-style-type: none"> Email partner list to workgroup and print copies for next month.
8. Childhood Obesity Conference Debrief	<ul style="list-style-type: none"> Highlights from the conference included: using promotoras in early childcare setting to provide education and guidance; impact of stress on childhood obesity; and breastfeeding and prenatal education as obesity prevention. 	<ul style="list-style-type: none"> Invite Shana and Anne to the next Healthcare Domain meeting.
9. Next Meeting	<ul style="list-style-type: none"> August 25, 2015 at 10:00 a.m. at YMCA Childcare Resource Service, 3333 Camino del Rio South #400, San Diego, CA 92108 	