

**San Diego County Childhood Obesity Initiative
Early Childhood Workgroup
September 22, 2015**

Attendees: Anne Kashiwa, Ashley Barbee, Holly Retz, Jake McGough, Joangrace Espiritu, Josh Bariuan, Karee Hopkins, Kathleen Merchant, Keturah Swenson, Kristine Smith, Laura Jeanes, Nina Ghatan, Penny Adler, Selina Brollini, Shana Bruno, Shirley Krussel, Sophie Boland, Stan Miller, Veronica Klinger, and Victoria Flores.

AGENDA ITEM	DISCUSSION	ACTION ITEMS
1. Introduction & Minutes	<ul style="list-style-type: none"> Group completed introductions and approved the minutes. 	
2. Announcements	<ul style="list-style-type: none"> CDA is hosting a roundtable conference for childcare providers 10/25 from 9-4pm at Universal Studios, cost is \$10. Free flu shots will be given 10/9 at Bayside Community Center and 10/13 at Mira Mesa Senior Center for individuals six months and older. Vitoria just joined the YMCA CRS team and is working with Josh on the Wellness Champion program. NHA is looking for community partners involved with dental health to join the health advisory team and provide educational trainings to parents, contact Laura for more details. League of Women Voters is encouraging businesses to host screenings of Raising of America; Qualcomm will be showing the video 10/29, contact Penny if you are interested in tabling at the event. Olivewood Gardens has two upcoming workshops 10/9 on Creating and Sustaining Your School Gardens and 11/6 on Generating Healthy Eaters, cost is \$40.00/person. Stan thanked YMCA CRS staff for their support at the Action Plan press conference. YMCA CRS is hiring two health educators with food service experience to work with QPI sites on improving NAP SACC scores. 	<ul style="list-style-type: none"> Nina forward flyers (conference, flu shot, and Raising of America) to workgroup.
3. Education Scan- Kristine Smith	<ul style="list-style-type: none"> 17 colleges and universities were scanned to determine which institutions offered degrees in child development, early childhood education, and similar topics, to determine if physical activity and nutrition classes were required or offered as electives. Currently 12 institutions offer nutrition courses and three offer physical activity courses as part of the degree. A recommendation was made to have 100% of the schools require nutrition and physical activity courses as part of the degree program. Workgroup expressed an interest in digging deeper and determining required courses and electives (COI intern could assist with this). A decision was made to create a higher education subcommittee to determine next steps and best strategies to approach the universities, to make policy level changes. 	<ul style="list-style-type: none"> Nina schedule upcoming Higher Ed. Taskforce meeting immediately before or after next workgroup meeting.
4. COI Partner List Updates	<ul style="list-style-type: none"> Partner list was updated, see workplan for more details. 	
5. Live Well Partnership- Ashley	<ul style="list-style-type: none"> Workgroup wanted to explore the opportunity for Wellness Champions 	

**San Diego County Childhood Obesity Initiative
Early Childhood Workgroup**

<p>Barbee</p>	<p>(renewing their applications) to become Live Well partners as an added incentive.</p> <ul style="list-style-type: none"> • Ashely provided background information on Live Well and their four strategic approaches: building better service delivery system, supporting positive choices, pursuing policy systems, and environmental changes, and improving culture within. • Live Well has over 136 partners that work collectively in five areas of influence: health, knowledge, standard of living, community, and social. • Businesses and organizations that meet the criteria for a year, are invited to become a Live Well partner; Live Well partners are recognized and receive a proclamation from the county. • Benefits of becoming a Live Well partner include: recognition on county's website, ability to showcase best practices, learn about evidence-based practices, and leverage partnerships and resources. 	<ul style="list-style-type: none"> •
<p>6. Next Meeting</p>	<ul style="list-style-type: none"> • October 27, 2015 at 10:00 a.m. at YMCA Childcare Resource Service, 3333 Camino del Rio South #400, San Diego, CA 92108 	