

<p>Meeting Minutes: Schools & After-School Domain October 20, 2015: 11 a.m. – 12:30 p.m. United Way of San Diego County 4699 Murphy Canyon Rd. Room 100 San Diego CA 92123</p>	<p>Next Domain Meeting: Schools & After-School Domain ***NEW TIME*** November 17, 2015: 12 a.m. – 1:30 p.m. United Way of San Diego County 4699 Murphy Canyon Rd. Room 100 San Diego CA 92123</p>
<p>Attendees: Allyson Diaz, Erin Hogeboom (FASD); Ashley Barbee, Debal Acquaro, Deirdre Kleske, Jenny Flores, Judy Wright, Melissa Roberts (HHS); Heather Berkoben (Dairy Council of CA); Kate McDevitt (UCSD Center for Community Health), Melanie Petersen (San Diego Hunger Coalition); Nancy Maldonado (AHA/ASA), Nanette Lopez (Healthy Dining); Shirley Krussel, Danielle Mendoza, Rama Meschi-Tehrani, Brittany Lawson, Keturah Platt, Fan Qi (students); Stan Miller (CHIP); Shohre Zahedi (Hygia Weight Loss & Nutrition); Susi Jones (JUSD Pathways); Tamala Perryman (YMCA) Recorder: Nina Ghatan (CHIP)</p>	

Topic/Issue	Discussion	Action
Welcome	<ul style="list-style-type: none"> Deirdre Kleske led introductions. 	
Announcements	<ul style="list-style-type: none"> Valhalla High School, in the Grossmont Union High School District, is piloting a program with the ASB to have a wellness officer and four student reps (one from each grade) to promote a healthy school. This group could provide a student rep. for the district council. The workgroup expressed interest in inviting some students to present at a future meeting. 11/3 Health Link North County meeting will include a presentation on Agua4All Pilot Project: Safe Water Access in Schools and Communities. “Local Control Accountability Plans: The Wellness Connection” workshop will be 12/3. Attendees will learn how to advocate to include wellness in district budgets. Local examples will be provided along with tools to monitor implementation. Center for Ecoliteracy is working with CHIP’s food systems department to expand California Thursdays; Susi announced that Julian will participate. Julian is celebrating Food Day 11/4 with a school walk on the veggie trail, workshops, and local food; vendors are still needed, contact Susi if you are interested in participating. Nutrition Educator Contest has begun, if you know a passionate nutrition educator encourage them to apply by 11/13 for a \$500 prize, contact Heather for more details. Dairy Council is still seeking tech savvy teachers to test the web-based high school nutrition education program with their students and provide feedback, contact Heather for more info. 11/13 COI and CHIP are hosting a sugar-sweetened beverage forum from 7:45-11:30am at National University. Guest speakers will present on the physiological impact of SSBs, the soda taxes in Mexico and Berkeley, and policy solutions. Contact Nina for more information. <i>Let’s Go Local!</i> Produce Showcase is 10/23 from 2:00 -5:00pm at the Leichtag Ranch in Encinitas. In November, CHIP directors Dan Fesperman and Stan Miller will be switching positions because of areas of expertise and interest. 	<ul style="list-style-type: none"> Invite Valhalla/Grossmont students involved with wellness councils to present at future meeting. Promote the LCAP training within your networks

	<ul style="list-style-type: none"> • Copies of the <i>Live Well San Diego</i> Tools for Schools Toolkit are still available from Deirdre. Also online at: http://www.livewellsd.org/content/dam/livewell/bestpractices/Tools%20for%20Schools%20Final%20for%20Web.pdf • 10/24 Kate is touring Mountain Meadow farms, let her know if you are interested in attending. • The University of California system recently started a Global Food Initiative with a K-12 Schools workgroup. The UCSD Center for Community Health has been invited to participate. Kate has shared some of the work of the Schools domain and hopes to share updates with the workgroup. • HAN hosted an amazing advocacy training last week to train ambassadors on how to communicate with elected officials. 	
<p>Legislative Updates</p>	<ul style="list-style-type: none"> • AB1321 Nutrition Incentives Act- allows WIC recipients to receive matched funding for local produce, measure passed, but remains unfunded. • Elementary and Secondary Education Act, which would replace “No Child Left Behind,” has been postponed until 2016. • Kate sent district reps a summary of 4 bills that passed to support/expand school health initiatives. • Pacific-to-Plate bill just passed, allowing fisherman to sell directly to consumers. 	
<p>School Meals/ Summer Meals outreach- Melanie Petersen</p>	<ul style="list-style-type: none"> • Only 41% of low-income children participate in Summer Food Service Programs. Host sites are typically libraries, rec centers, churches, etc. • San Diego Hunger Coalition (SDHC) partnered with San Diego Unified to offer summer meals by providing free meals to children and teens in areas where at least half the children come from families with incomes at 185% of the federal poverty level (no ID or enrollment required). • SDHC received funding to pilot an awareness campaign at five summer meal sites from July to August and interviewed parents, directors, and sponsors of summer meal programs to develop a strategy for regional outreach with input from community leaders. • Observations: program model was problematic (required parental involvement/transporation). Site programming was an effective driver to bring kids to the site as they can be there for more than just lunch. Also a challenge because not all parents can afford programs. • Site challenges included cost, safety, and lack of volunteers. • Recommendations to strengthen the model included investing in peer to peer outreach, assessing safety and strength of prospective sites, incorporating community members in awareness campaign, utilizing Summer Meals Taskforce, and providing more flexibility (allowing parents to take meals offsite, for example). • Best Practice Highlight: Heaven’s Windows uses Senior Community Service Employment Program (SER) for staffing as opposed to volunteers, and is looking at apartment complexes as future sites. • Another strategy is to pass legislation to fund summer nutrition assistance programs so parents of children receiving free-or-reduced meals during the school year receive EBT funds to purchase 	

	<p>food during the summer break. Pilot projects have reduced food insecurity by 33%.</p> <ul style="list-style-type: none"> • Three bills that would provide summer nutrition assistance that SDHC is tracking include: Hunger Free Summer for Kids Act 2015, Stop Child Summer Hunger Act of 2015, and the Summer Meals Act of 2015. 	
<p>Farm to School Updates</p>	<ul style="list-style-type: none"> • Please remember to forward <i>Let's Go Local!</i> event details to school partners. • CHIP's food systems department started a new blog: https://chipfoodsystems.wordpress.com/ 	<ul style="list-style-type: none"> • Sign up for Food Systems Blog
<p>Project Updates</p>	<ul style="list-style-type: none"> • Healthy Fundraising – Deirdre Kleske <ul style="list-style-type: none"> ○ Funny/strange fundraisers included: auctioning off an assault rifle in Montana, McTeachers event (in partnership with McDonalds) where teachers cook and serve food, teachers delivering pizza to homes (for Papa John's), auction/raffle lunch with your teacher or principal for a day, kiss the pig (teacher who raises most money kisses a pig at a school assembly), "donkey drop" on football field, and dance-a thons. ○ <i>Edible San Diego</i> Magazine had a story about Yasukochi Family Farms farm to school work and Kerry's Berries school fundraisers in North County. Deirdre got information from the PTAs doing the fundraisers to include in the Recognition programs. Link to article: http://bit.ly/1XTyHnS ○ Recommendation was made to ask parents via COI's social media channels what type of fundraisers their children's schools are participating in. • Partner Education and Collaboration – Debal Acquaro <ul style="list-style-type: none"> ○ November: Paige Metz is presenting on Physical Education/Physical Activity and a new resource: Fit2Learn, Fit4Life an ○ December: No meeting ○ January: Feeding America will present on a diabetes intervention in a school in Lemon Grove being done in partnership with UCSD. ○ February- Liza Flowers of SD County Office of Education's Regional Technical Assistance Program (RTAC) will present "After-School 101," followed by discussion of strategies to support healthy after-school environments. ○ Ideas for future presentations: <ul style="list-style-type: none"> ▪ Joanne Martin to discuss the Hoover Cluster Wellness Council in San Diego Unified (City Heights) ▪ Global Food Initiative (Kate) ▪ Escondido Staff and Student wellness council (Jamie), perhaps along with ▪ Kimberly Israel on Escondido's mental and emotional health and wraparound project for middle school students ▪ VEBA (Voluntary Employee Benefits Association) on staff wellness resources for school districts 	<ul style="list-style-type: none"> • Nina ask followers of COI's social media pages to weigh in on school fundraisers • Workgroup "like" COI Facebook page and "follow" us on Twitter • Nina send healthy fundraiser form and flyer with minutes and meeting reminders each month. • Forward Deirdre healthy fundraising leads to investigate. • Forward Debal presentation leads to investigate.

	<ul style="list-style-type: none">▪ 9th District PTA (has been invited)▪ Mental health resources and wellness policy recommendations (refer wellness committees to <u>policy clearinghouse</u> and Tools for Schools toolkit)▪ Mindfulness and stress reduction to reduce overeating▪ Valhalla/Grossmont students involved with the wellness council (Ashley)	
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