

**San Diego County Childhood Obesity Initiative
Early Childhood Workgroup
December 15, 2015**

Attendees: Anne Kashiwa, Debal Acquaro, Elyse Martinez, Holly Retz, Karee Hopkins, Kathleen Merchant, Ketty Swenson, Kim McDougal, Kim Speckhahn, Laura Jeanes, Morgan Bowne, Nina Ghatan, Pamela Volden, Penny Adler, Shana Wright, and Shelby Gomez.

| AGENDA ITEM | DISCUSSION | ACTION ITEMS |
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| <p>1. Introduction & Minutes</p> | <ul style="list-style-type: none"> • Group completed introductions and approved the minutes (with edits). | <ul style="list-style-type: none"> • Nina update minutes to reflect corrections |
| <p>2. Announcements</p> | <ul style="list-style-type: none"> • 12/16 as part of One Book, One San Diego the mayor plans to read a book at Central Elementary School at 11:30am. Books will be given out in English and Spanish as part of the event. • 1/19 Raising of America will air on KPBS; Penny agreed to forward details as they are available. The screening at Qualcomm went well, with over 100 attendees. The League of Women Voters has a copy of the documentary partners can borrow. Contact Penny for more details. • Pew Charitable Trust will be visiting NHA (one of three organization chosen throughout the country) to learn best practices and how they adhere to CACFP meal patters, while making healthy meals from scratch. NHA will begin operating out of new kitchen January 4, 2016. • Thanks to support from UCSD Center for Community Health Lactation Supportive Environments, the San Diego Airport now has lactation rooms in both terminals! COI shared the story on our social media pages. | <ul style="list-style-type: none"> • Like the COI Facebook and follow us on Twitter to keep up to date with news and events. |
| <p>3. QPI Nutrition Work</p> | <ul style="list-style-type: none"> • YMCA is using NapSACC results to support QPI sites to develop quality improvement plans. • The YMCA will be working with 34 agencies (representing over 400 sites) on providing family style meals, working with new vendors, and educating families and teachers. • Initial meetings are in progress and include goal setting (have visited 16 sites to date); phase two includes providing TA in specific areas. • The project is funded through July 2016. • There is a desire to have school districts with onsite preschools to modify wellness policies to include specific language about preschools (family style meals, portion size, juice availability, etc.). • Deirdre has been in touch with Shelby about the process (First 5 contracts with San Diego Office of Ed., who then contracts to outside organizations). • NHA staff are working with parent advocates and school food service directors at San Diego Unified to replace fruit juice with fresh fruit and to add garden salads to preschool menus. | |
| <p>4. Workplan Updates</p> | <ul style="list-style-type: none"> • The Higher Education Taskforce met to determine next steps for | <ul style="list-style-type: none"> • Nina transfer survey questions to |

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| | <p>assessing curricula for higher education degrees programs in early childhood education and related fields.</p> <ul style="list-style-type: none"> • The taskforce plans to review syllabi and course materials, develop key questions (for higher ed. contacts), and identify best practices. • Healthy Eating Physical Activity Training survey was reviewed with the workgroup. | <p>Survey Monkey</p> <ul style="list-style-type: none"> • Nina forward survey link to workgroup |
| 5. Partner Outreach List | <ul style="list-style-type: none"> • Partner outreach list was updated, Nina will forward to workgroup for follow up. | <ul style="list-style-type: none"> • Nina forward Outreach List to workgroup |
| 6. Next Meeting | <ul style="list-style-type: none"> • January 26, 2016 at 10:00 a.m. at YMCA Childcare Resource Service, 3333 Camino del Rio South #400, San Diego, CA 92108 | |