



**San Diego County Childhood Obesity Initiative
Healthcare Domain Minutes
January 15, 2016**

Attendees: Amanda Schultz, Anne Kashiwa, Cheri Fidler, Dan Fesperman, Dean Sidelinger, James Beaubeaux, Nina Ghatan, and Shana Wright Bruno

- I. Welcome and introductions led by Cheri Fidler
- II. 2-1-1- Pilot Project Update
 - a. Pilot project is an extension of the physical activity and nutrition database developed in partnership with 2-1-1.
 - b. The project plans to support the clinic to community connection by proactively connecting 300 families with children ages 2-12 that are obese with community services (food insecurity, nutrition, housing, transportation, etc.).
 - c. ACE will train 2-1-1 staff to become health coaches and plan to fund a portion of the project, amount to be determined.
 - d. Location is yet to be determined, but will likely be two CPMG offices in Southeast San Diego, Western Chula Vista, or Oceanside.
 - e. UCSD will provide IRB and evaluation.
 - f. Intervention
 - i. Timeline-planning (6 months), intervention (12 months), evaluation (6 months)
 - ii. Once parent provide consent, physician will forward contact information to 2-1-1 for follow up.
 - iii. 2-1-1 will conduct 5-2-1-0 assessment, screen for social services, and assist with goalsetting.
 - iv. Outcome measures include: number of families identified and referred, number enrolled in project, retention rate, pre and post screenings, number of resources utilized, goal completion, and provider and patient perception of program and satisfaction.
- III. Joint Convening of OB/GYN and Pediatricians
 - a. The purpose of the convening is to understand messaging needs for physicians.
 - b. Anne mentioned Family Health Services in Logan Heights is interested in this project.
 - i. They are also currently working with San Diego Hunger Coalition on a food insecurity screening and expressed interest in tracking breastfeeding rates in EHR.
 - c. Next Steps:
 - i. Anne and Shana develop list of key questions on healthy weight gain and breastfeeding for key informant interviews/ focus group.
 - ii. Jim provide a list of the OBs in San Diego and ask CPMG to follow up with their OBs regarding participation.
 - d. Host focus group/ key informant interviews.
 - e. Linda should be able to present EHR breastfeeding results at a future workgroup meeting.
- IV. 5-2-1-0 Survey Tool- draft a survey tool to identify the reach of 5-2-1-0 within the healthcare system (incorporated in EHR).
- V. ANNOUNCEMENTS
 - a. LSE have given out 12 scholarships to provide clinics with lactation support.
 - b. First 5 is looking to support early childcare providers with lactation support, including space for breastfeeding and storage for breastmilk.

Next Meeting: February 19, 2016 from 9-10:30am at CHIP