

**San Diego County Childhood Obesity Initiative  
Early Childhood Workgroup  
February 23, 2016**

**Attendees:** Bianca Bonilla, Blake Hofstad, Dan Fesperman, Debal Acquaro, Debbie Miranda, Haley Alderete, Helena Sabala, Heather Ransons, Holly Retz, Jake McGough, Jaki Falch, Jira Jane Aguilar, Ketty Swenson, Khristine Padiernos, Kim Speckhahn, Kristine Smith, Nina Ghatan, Osvaldo Alvarado, Shana Wright, and Shelby Gomez.

AGENDA ITEM	DISCUSSION	ACTION ITEMS
<p><b>1. Introduction &amp; Minutes</b></p>	<ul style="list-style-type: none"> <li>Group completed introductions and approved the minutes with revisions.</li> </ul>	<p>Nina update January minutes to reflect corrections.</p>
<p><b>2. Announcements</b></p>	<ul style="list-style-type: none"> <li>YMCA CRS submitted an application to pilot a Nemours toolkit (similar to the Wellness Champion program) to train providers on healthy eating and physical activity and to help them implement changes over a nine-month period. If funding is received, the workgroup would act as the advisory body. A decision will be made in March.</li> <li>North County Community Services oversees five preschools and a garden where they grow food for all of the preschools. Children are involved from seed to table and meals are funded through CACFP.</li> <li>Navy Region Southwest works with over 100 providers involved in CACFP; Debbie supports their nutrition work throughout the southwest region.</li> <li>Education Enrichment Systems has two sites in Linda Vista and 18 in North County. The Kindergarten Readiness Network, is hosting a multicultural fair in April and they are seeking materials for parents and children (anticipating 250 participants). Contact <a href="#">Blake</a> if you would like to participate.</li> <li>At the end of March, WIC will make changes in the food packages to include more fresh fruits, veggies, and yogurt. More details to come.</li> <li>Regional breastfeeding liaisons can connect childcare providers with breastfeeding support.</li> <li>4/9 San Diego County Breastfeeding Coalition is hosting a seminar on difficult feeders. For more info visit <a href="http://www.breastfeeding.org">www.breastfeeding.org</a>.</li> <li>First 5 and partners submitted an application for the Impact Grant to improve childcare settings, they hope to hear a decision soon.</li> <li>Neighborhood House Association's Central Kitchen is now open, we plan to host a future meeting there so partners can take a tour of the location. NHA provides healthy, scratch cooked meals to a number of childcare sites throughout the county.</li> <li>CDA Spring Conference for home childcare providers is coming up, Ketty agree to forward Nina the flyer to share with group.</li> </ul>	
<p><b>3. Project Concern International- Katherine Selchau</b></p>	<ul style="list-style-type: none"> <li>Provides humanitarian support in 16 countries.</li> <li>Healthy Start program focuses in areas with lowest rates of prenatal care and highest rates of poverty.</li> <li>Prenatal and postnatal home visiting services are provided.</li> </ul>	<ul style="list-style-type: none"> <li>Nina add Katherine to email list</li> <li>Nina forward workgroup PowerPoint presentation</li> </ul>

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	<ul style="list-style-type: none"> <li>• Goals include improving women’s health, strengthening family resilience, achieving collective impact, and providing patient support.</li> <li>• Participants are eligible for case management, group classes, and social events, such as family nights.</li> <li>• Eligibility: pregnant, low-income 200% of the federal poverty level, and must reside in specified zip codes.</li> <li>• Currently have well over 1000 participants and 600-700 families.</li> </ul>	
<p><b>4. Collaboration with Schools Domain</b></p>	<ul style="list-style-type: none"> <li>• Through the REACH Chula Vista project, YMCA CRS staff are working with a Schools Domain co-chair to develop model policy language for preschools on school grounds (specifically for children 0-5).</li> <li>• Once model language is developed, YMCA CRS staff and the Schools domain will advocate for the language to be added to the district wellness policies.</li> <li>• SNAP-Ed funds from the county will support YMCA CRS staff to complete this work in Lemon Grove, San Ysidro, San Diego Unified, Cajon Valley, and Oceanside.</li> <li>• The locations were determined by the county and sites will receive comprehensive support through QPI.</li> </ul>	
<p><b>5. Workplan Updates</b></p>	<ul style="list-style-type: none"> <li>• Higher Education Taskforce- assessing gaps in higher education curriculums for early childhood development to understand course offerings and determine ways to supplement the curriculum. <ul style="list-style-type: none"> <li>○ Developed a list of questions to collect information uniformly from community colleges and universities.</li> <li>○ We plan to develop a toolkit with guidelines and best practices that we would like them to cover (hunger cues, family style meals, responsive feeding, etc).</li> </ul> </li> <li>• Partner Outreach List- reminder was made to continue with new partner outreach and to check Drop Box prior to scheduling presenters.</li> <li>• Training Opportunities for Childcare Provider Survey- only five participants have responded to the survey, please participate and share survey within your networks.</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Nina send survey reminder today</b></li> <li>• <b>Blake agreed to forward a potential contact with SDSU’s Early Childhood Development Department.</b></li> </ul>
<p><b>6. YMCA Updates</b></p>	<ul style="list-style-type: none"> <li>• Wellness Champion project made 313 referrals to 63 providers since the January meeting.</li> <li>• QPI update: three schools have transitioned to family style meals; 50 technical assistance visits have been completed.</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Jaki forward Nina the calibration tool to share with workgroup</b></li> </ul>
<p><b>7. Next Meeting</b></p>	<ul style="list-style-type: none"> <li>• <b>March 22, 2016 at 10:00 a.m.</b> at YMCA Childcare Resource Service, 3333 Camino del Rio South #400, San Diego, CA 92108</li> </ul>	