



## San Diego County Childhood Obesity Initiative Government Domain Minutes April 26, 2016

Attendees: Cheryl Moder, Dan Fesperman, Erica Phung, Juanita Garcia, JuliAnna Arnett, Nina Ghatan, Stacey Kurz, Stan Miller, Stephanie Gioia, and Tina Zenzola.

- I. Welcome and introductions led by Tina Zenzola
- II. Healthy Chula Vista Action Plan- Stacey Kurz
  - a. In January the Chula Vista City Council adopted the first Healthy Chula Vista Action Plan (Action Plan).
  - b. The Action Plan acts as a roadmap for improving health throughout the community and includes 66 strategies in seven areas:
    - i. Land use- includes affordable housing and design standards
    - ii. Community engagement- includes an inventory of community assets and the establishment of a Health Advisory Commission and engaging youth and seniors to identify health issues and problem solve solutions.
    - iii. Healthy food access- includes food waste prevention (pilot program at Hilltop), farmers markets, food distribution; fast food verses healthy casual food offerings, and full service grocery stores.
    - iv. Physical activity- includes safe campaign to increase awareness of walking, biking, and pedestrian access.
    - v. Transportation- includes ADA compliance and safe routes to school (all six elementary schools participated), and public transit availability to community assets/ desirable locations.
    - vi. Environmental quality- includes utilizing a health assessment tool to address environmental justice issues and promote programs that address air quality.
    - vii. Healthcare and prevention-supporting mental health and preventive health and homelessness.
- III. Municipal Food Policy Scan- was conducted to identify language regarding farmers markets, urban agriculture, and government procurement.
  - a. Results from the scan will be included in the municipal profiles.
  - b. The County, in partnership with the IRC is planning to host a forum on AB551 and urban agriculture in July, more details to come.
- IV. Municipal Profiles- Cheryl presented a draft healthy city profile to the workgroup for feedback. Cheryl agreed to design template and incorporate the feedback for the June workgroup meeting.

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- V. Active Transportation Workshop/Forum- Circulate San Diego is planning to host a workshop on SB743 on May 26 from 9-11:00am. Please save the date, Nina will forward more details as they are available.
  - a. Next Steps:
    - i. Identify ways to expand awareness of Action Plan
    - ii. Stacey share the general plan matrix with workgroup; and explore opportunities for healthy youth concession contracts
    - iii. Nina add policy to the COI policy clearinghouse
    - iv. Cheryl talk to Dana about contact information for the municipal profile and resign profile for June meeting.
  - b. The City of Chula Vista is also applying to become an Age Friendly Community through AARP.
- VI. Healthy Vending forum- The County is also planning to host a healthy vending forum in partnership with the COI targeted towards governments, businesses, and schools in June or July, more details to come.
- VII. Announcements
  - a. This is the last week to acquire signatures to increase the tobacco tax, contact Erica for more information.

Next Meeting: June 29 from 12:30-2:30pm at CHIP

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