

**San Diego County Childhood Obesity Initiative
Early Childhood Workgroup**

April 26, 2016

Attendees: Dan Fesperman, Debal Acquaro, Debbie Miranda, Haley Alderete, Heather Ransons, Jaki Falch, Judy Wright, Karee Hopkins, Ketty Swenson, Kim Speckhahn, Kim Woodworth, Kristine Smith, Laura Jeanes, Linda Dao, Nina Ghatan, Penny Adler, Reem Salameh, Shana Wright, Shelby Gomez, Stan Miller, and Veronica Klinger.

AGENDA ITEM	DISCUSSION	ACTION ITEMS
1. Introduction & Minutes	<ul style="list-style-type: none"> Group completed introductions and approved the minutes. 	<ul style="list-style-type: none"> Nina correct minutes
2. Announcements	<ul style="list-style-type: none"> 4/30 Linda Vista Readiness Network is hosting a preschool fair at the Linda Vista Library from 10:00am-1pm. 4/28 Lunch with the League from 11:30-1:30pm on the topics of minimum wage and Earned Income Tax Credit. 5/6 Local Childcare Planning Council is hosting a legislative lunch from 11am-2pm at the Handlery Hotel; Debra McMannis with California Department of Education will be the keynote speaker. YMCA CRS hosted a training for childcare providers in Chula Vista through the Nemours Grant; they plan to host three more workshops. 5/7 Parenting Expo from 8:00am-1:00pm at the Town and County, free lunch and childcare provided. First 5 San Diego received IMPACT funding through First 5 California for systems improvements, such as making connections between home visiting program and quality early development programs, expanding screenings and referrals to family childcare homes, and promoting breastfeeding friendly childcares providers. In August the San Diego County Breastfeeding Coalition will be hosting a mini seminar with James McKenna on infant sleep. COI plans to host a “First 1000 Days” seminar (from conception to age two) in partnership with the Healthcare Domain. We are forming a planning committee, contact Dan if you’re interested in participating. A special thanks to Kathleen for working diligently to get BMI and breastfeeding data from five WIC agencies, the findings will be included in the COI’s State of Childhood Obesity Report. 	<ul style="list-style-type: none"> Dan bring First 1000 Days committee signup sheet.
3. Presentations: Discount School Supply and Lakeshore Learning	<ul style="list-style-type: none"> Representatives from Discount School Supply and Lakeshore Learning reviewed age appropriate products for early childcare setting. 	
4. Workplan Updates	<ul style="list-style-type: none"> Reminder was made to continue with new partner outreach, check Drop Box prior to scheduling presenters. 	<ul style="list-style-type: none"> Continue with new partner outreach
5. YMCA Updates	<ul style="list-style-type: none"> Wellness Champion project made 624 referrals to 74 providers since the March meeting. QPI Update: Over 100 technical assistance visits have been made to 34 agencies. YMCA CRS staff is working with San Diego Unified to improve healthy eating information in the parent handbook, which is provided to parents whose children are enrolled in preschool (includes 48 sites). 	
6. Next Meeting	<ul style="list-style-type: none"> May 24, 2016 at 10:00 a.m. at YMCA Childcare Resource Service, 3333 Camino del Rio South #400, San Diego, CA 92108 	

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