

<p>Meeting Minutes: Schools & After-School Domain May 17, 2016: 2:00 p.m. – 3:30 p.m. United Way of San Diego County 4699 Murphy Canyon Rd. Room 100 San Diego CA 92123</p>	<p>Next Domain Meeting: Schools & After-School Domain NEW TIME June 21, 2016: 11a.m. – 12:30 p.m. United Way of San Diego County 4699 Murphy Canyon Rd. Room 100 San Diego CA 92123</p>
<p>Attendees: Barbara Hughes, Debal Acquaro, Deirdre Kleske, Donnabel Erfe-Beltran, Romalyn Watson (HHSa); Cheyenne Bourne, Colin Cureton, (CHIP); Dana Henderson (Feeding America SD); Diana Bergman (Olivewood Gardens); Gabie Armijo (FHCSd); Heather Berkoben (Dairy Council of CA); Heather Ransons (YMCA CRS); Kelly Bowman (Healthy Dining); Nicole Hardin (The Children’s Initiative); Susi Jones (JUSD) Recorder: Nina Ghatan (CHIP)</p>	

Topic/Issue	Discussion	Action
Welcome	<ul style="list-style-type: none"> Deirdre Kleske led introductions. 	
Announcements	<ul style="list-style-type: none"> 5/18 Julian Pathways is hosting a wellness fair; contact Suzy for more details. Spencer Valley just added a new “par course” fitness course that’s open to the community when school isn’t in session. San Diego Unified School District has 76 joint use agreements in place, allowing the public access to school playing fields outside of school hours. In Mayor Faulkner’s State of the City address in January he announced a plan to create or redevelop 50 parks over the next five years, many of them to be for shared use between schools and the community. 6/25 (10am-1pm) Olivewood Gardens is hosting a Day of Play with food, activities, and crafts. They are looking for interactive activities for kids. All are welcome to attend free of charge. 5/21 Olivewood Gardens is hosting a Seedling Soiree, which is their annual fundraiser. For tickets, visit their website. Feeding America San Diego has confirmed nine of their summer food service sites; see the flyer for more details. The COI’s Government Domain is partnering with the County of San Diego HHSa, UCSD Center for Community Health, and the AHA/ASA to host a healthy vending forum on June 23 from 9-11am. The forum will make the case for healthy and sustainable vending, highlight local best practices, and showcase company product lines. More details to come. Alliance for Healthy Generation is hiring a Southern California Program Manager for the Healthy Schools Program. Due to increased concern over school food waste, the USDA created a fact sheet about “share tables” which provides guidance on how to safely make leftover, unopened foods or whole fruit available to other students and diverted from the landfill. 5/25 (6-7:30 pm) the PTA Councils of Chula Vista Elementary School District and Sweetwater 	<ul style="list-style-type: none"> Nina send share table information to workgroup Nina forward Protecting Kids flyer to workgroup

	<p>Univied High School District are holding an adults only “Protecting Kids From Sexual Predators” forum at the Chula Vista Civic Center Library.</p>	
<p>Connecting Preschools and School Wellness</p>	<ul style="list-style-type: none"> • Childcare Programs can be divided into these categories: <ul style="list-style-type: none"> ○ State and federally funded programs (Title 5) - most school site programs are Title 5 and are run by the district. They have their own eligibility requirements and the cost is covered in part or in full depending on family’s needs. Education-based activities are the focus. ○ Childcare Centers (Title 22) – faith-based and other nonprofit centers typically fall under this category. Parents pay out of pocket, or payment can be subsidized through a voucher based on eligibility. The programs vary in philosophies and curriculum. Some centers provide meals and snacks and others don’t. Sites can participate in Wellness Champion Program, Quality Preschool Initiative (QPI), and other quality improvement programs. <ul style="list-style-type: none"> ▪ There are about <u>970</u> Title 5 and Title 22 childcare sites in San Diego County. ○ Family Childcare Homes – these are licensed (small-up to 8 children, or large-up to 14 children of mixed ages), offer more flexible hours of care, may provide meals and snacks, and may participate in CACFP. All adults in the home must pass a criminal background clearance and the home must pass a health and safety inspection about once every five years. Some family childcare homes are Wellness Champions. <ul style="list-style-type: none"> ▪ Community Care Licensing oversees licensed programs and conducts unannounced visits, investigates complaints, and monitors violations. ▪ There are about <u>3,800</u> licensed family childcare homes in San Diego County. ○ License-exempt care (also known as family, friend, or neighbor) - these providers are not paid equally to a licensed providers and service must be provided at the provider’s home. They are not required to meet the same standards as licensing, but individuals must be finger-printed and pass criminal background. • The Wellness Champion designation is given to childcare providers that are dedicated to providing a healthy environment for children by meeting evidence-based standards identified on the Wellness Champion Checklist. Once providers receive the designation they are given priority referrals through the YMCA Childcare Resource Service (CRS). • Voucher programs provide alternative payment options for eligible parents and are administered by YMCA CRS and Child Development Associates. • Heather Ransons, with YMCA CRS, is providing nutrition support to QPI sites on portion size and family style meals to support nutrition, and social and motor skills. She is also working with San Diego Unified to improve the Parent Handbook to educate parents on best practices the sites are implementing. They are also working to develop healthy food guidelines and alternatives for 	

	celebrations.	
COI Updates	<ul style="list-style-type: none"> Nina reviewed the Community Domain’s Community Health Action Map Partners (CHAMP) project, which maps community engagement activities throughout San Diego County related to healthy eating and physical activity. The map acts as a resource for community engagement groups looking for peer-to-peer support, and helps connect residents to community advocacy groups in their neighborhood. 	<ul style="list-style-type: none"> Forward Nina community advocacy groups focused on healthy eating and physical activity to add to CHAMP.
Farm to School Update	<ul style="list-style-type: none"> Farm to School Taskforce met on 5/6 at the Chula Vista Elementary School District. There were presentations on the Summer Meals Taskforce, chef training, AB1826 (food waste reduction and recovery), and current food waste reduction efforts in Ramona. It was a packed house! F2STF meetings will reconvene in the fall with new co-chairs: Paloma Perez (San Ysidro) and Dawn Stone (Escondido Union School District). CHIP will release an RFP for one school district to participate in the “good food rebate program”, which will provide up to \$10,000 as a rebate on local and sustainable food purchases to support better food options. The project is funded by the Leichtag Foundation, with preference given to North County school districts. SAVE THE DATE- “Let’s Go Local” showcase event will be held in the afternoon on <u>December 2</u> at the Leichtag Ranch, in partnership with Coastal Roots Farm. The event will include education, lunch, and the showcase. 	
Project Updates	<ul style="list-style-type: none"> The workgroup expressed interest in learning about stress management techniques implemented at schools in Orange County. Debal agreed to follow up with Eleanor Shonkoff’s contacts to schedule a presenter. In September, we’ll have a presentation on the impact of dehydration on obesity. Lemon Grove was recognized for a healthy fundraiser, a “Color Run.” We now have 13 examples from 9 districts. Santee, Lemon Grove, Sweetwater, Chula Vista, and La Mesa districts plan to update their wellness policies based on results from the WellSat Policy evaluation done by the <i>Live Well San Diego</i> School Wellness team. 	<ul style="list-style-type: none"> Highlight Healthy Fundraisers in COI eNewsletter and add chart to website. Help capture healthy fundraisers and forward Deirdre leads to investigate. Nina send healthy fundraiser form and flyer with minutes and meeting reminders each month.