

**San Diego County Childhood Obesity Initiative  
Early Childhood Workgroup  
May 24, 2016**

**Attendees:** Anne Kashiwa, Haley Alderete, Heather Ransons, Jaki Falch, Ketty Swenson, Kim Speckhahn, Lily Valmidiano, Linda Dao, Maryann Miernicki, Nina Ghatan, Ozzy Alvarado, Penny Adler, Reem Salameh, Selina Brollini, Shana Wright Bruno, Shelby Gomez, and Veronica Klinger.

AGENDA ITEM	DISCUSSION	ACTION ITEMS
1. Introduction & Minutes	<ul style="list-style-type: none"> <li>Group completed introductions and approved the minutes.</li> </ul>	
2. Announcements	<ul style="list-style-type: none"> <li>Ozzy attended an oral health training at the National Head Start Conference and received a resource binder for teachers and home visitors to share with parents. Visit <a href="http://cavityfreekids.org">cavityfreekids.org</a> and create an account to access the resources, use password: brushflossswish to access the binder.</li> <li>In the past, the workgroup wanted to engage oral health professional to attend the workgroup meetings; Shelby and Ozzy agreed to coordinate an oral health presentation at a future meeting.</li> <li>5/25 the League of Women Voters is hosting a Meet the Candidates forum with candidates for the County Board of Supervisors, Mayor, City of San Diego, and school boards from 6-8 pm at the Central Library.</li> <li>USDA hosted a webinar on the updated CACFP guidelines; beginning in October 2017 childcare providers will be able to count breastfed infants towards meal counts when mothers breastfeed onsite.</li> <li>The FDA is changing nutrition labeling guidelines to display added and naturally occurring sugars, more clear serving sizes, and calories counts.</li> </ul>	<ul style="list-style-type: none"> <li>Shelby and Ozzy coordinate oral health presentations with Mobile Dental Van and/or Council of Community Clinics.</li> </ul>
3. Presentations: Lily Valmidiano, Project Director for the Healthy Development Services, American Academy of Pediatrics	<ul style="list-style-type: none"> <li>The American Academy of Pediatrics (AAP) helps clinicians with continuing education and beginning in 2005 they started applying for grants and implementing projects (which is unique for AAPs across the county).</li> <li>Healthy Development Services (HDS) recognized a need to support families with children that have developmental needs.</li> <li>HDS provide various levels of treatment (speech therapy, OT, licensed therapists, etc.) for children, parent education, and care coordination.</li> <li>The program is funded by First 5 and AAP contracts with community organizations to implement.</li> <li>70% of referrals come from pediatricians, but referrals can also be made from community partners.</li> <li>First 5 augments costs that aren't covered by insurance. This is extremely helpful for cases that aren't severe because typically the costs aren't covered by insurance (creating a barrier for services).</li> <li>HDS has strong connections with QPI sites and once children begin school, HDS communicates services to the school.</li> <li>Parent Education and empowerment topics include nutrition support, breastfeeding encouragement, and children's physical and social-</li> </ul>	

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	<p>emotional development and the connection to physical activity.</p> <ul style="list-style-type: none"> <li>• Lily shared several case studies on families that have benefited from their services; ultimately success is dependent on parental involvement and follow through.</li> </ul>	
<p><b>4. Workplan Updates</b></p>	<ul style="list-style-type: none"> <li>• Higher Education Taskforce- COI's new intern, Cheyenne Bourne, is planning to begin key informant interviews with community college contacts. We hope to have more updates next month.</li> <li>• Partner Outreach List- reminder was made to continue with new partner outreach and to check <b>Drop Box</b> prior to scheduling presenters.</li> </ul>	
<p><b>5. Action Plan Strategies</b></p>	<ul style="list-style-type: none"> <li>• Nina provided an overview of the COI Action Plan and provided partners with a packet of Early Childhood Domain Action Plan Strategies.</li> <li>• Partners worked individually and in groups to document ways their organizations are implementing the identified strategies.</li> <li>• The purpose of the activity was to increase understanding of which strategies partners are currently working on, and areas for improvement and new partner engagement.</li> <li>• Afterwards, partners shared some of the strategies they are working on.</li> </ul>	
<p><b>6. YMCA Updates</b></p>	<ul style="list-style-type: none"> <li>• Wellness Champion project: <ul style="list-style-type: none"> <li>○ Made 431 referrals to 55 providers since the April meeting.</li> <li>○ 166 graduates total and 23 are starting the renewal process.</li> <li>○ This and will be the first group that will be expected to pay the \$50.00 fee to cover the cost for an onsite visit.</li> </ul> </li> <li>• QPI Update: <ul style="list-style-type: none"> <li>○ Provided technical assistance to over 500 staff members through professional development trainings.</li> <li>○ Grossmont Cuyamaca recently changed their food service from Sodexo to Neighborhood House Association and reported a decrease in food waste.</li> <li>○ YMCA CRS health educators recently created a farm stand in their waiting area to highlight Harvest of the Month. Produce will be delivered twice a month through CSAs and will be offered free of charge. Recipe cards with produce tips are also available.</li> </ul> </li> </ul>	
<p><b>7. Next Meeting</b></p>	<ul style="list-style-type: none"> <li>• <b>June 28, 2016 at 10:00 a.m.</b> at YMCA Childcare Resource Service, 3333 Camino del Rio South #400, San Diego, CA 92108</li> </ul>	