

School Wellness Policy Attributes
“Other Food Additives”

District Name	BP/AR	Page #	Sentence
1. Bonsall Unified		5	The Board of Trustees believes that foods and beverages available to students at district schools should support the Wellness Policy, contribute to the reduction of childhood obesity, and promote optimal health. All foods and beverages that are sold to students, including foods and beverages provided through the district's Nutrition Services Program, student vending machines, fundraisers, or other venues, will meet or exceed state and federal nutrition standards. Artificial trans-fat foods cannot be sold or provided to pupils on K-8 campuses at anytime.
2. Fallbrook Union High	BP 5030		<p>Food sold to students, except foods served as part of a federally reimbursable meal program, shall meet the following standards:</p> <ul style="list-style-type: none"> • Not more than 35% of its total weight shall be composed of sugar, including naturally occurring and added sugar, excluding fruits or vegetables that have not been deep fried • Fruit-based drinks that are composed of no less than 50% fruit juice and have no added sweetener • Vegetable-based drinks that are composed of no less than 50% vegetable juice and have no added sweetener • Drinking water with no added sweetener • Electrolyte replacement beverages that contain no more than 42 grams of added sweetener per 20-ounce serving, have water as the first ingredient, contain at least 10 but no more than 90 milligrams of potassium per 8 ounces and contain no added caffeine
3. Julian Union High	BP 5030	5	Beverages containing added sweeteners including sugar, invert sugar, dextrin, sucrose, honey, corn syrup, aspartame, saccharine, sucralose, cane juice, molasses, Equal, NutraSweet, and Splenda shall not be sold or made available to students on the school campus.

<p>4. Mt. Empire Unified</p>	<p>BP 5030</p>	<p>4</p>	<p>Acceptable Snack – A food item containing:</p> <ul style="list-style-type: none"> • No artificial trans fat • No more than 35% of its calories from fat • No more than 10% of its calories from saturated fat • No more than 35% of its total weight from sugar including naturally occurring and added sugar • No more than 175 calories per individual food item (for elementary students) • No more than 250 calories per individual food item (for middle, junior high or high school students) <p>Acceptable School Beverages:</p> <ul style="list-style-type: none"> • Drinking water – no added sweetener • Fruit based drinks – no less than 50% vegetable juice, no added sweetener • Milk – 2%, 1%, nonfat, soy, rice and other similar nondairy milk <p><i>Previous Policy:</i></p> <p><i>Acceptable snack – A food item containing:</i></p> <ul style="list-style-type: none"> • <i>No more than 35% of its total weight from sugar including naturally occurring and added sugar</i> <p><i>Acceptable School Beverages</i></p> <ul style="list-style-type: none"> • <i>Drinking water – No added sweetener</i> • <i>Fruit-based drinks – No less than 50% vegetable juice, no added sweetener</i>
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5. Oceanside Unified	AR 5030	10	<p>ELIMINATION OF SWEETENED CARBONATED BEVERAGES</p> <ul style="list-style-type: none"> • Non-fruit, carbonated beverages with added sweetener have been eliminated from all campuses starting thirty minutes before the beginning of each school day until thirty minutes after the end of the school day. Wellness policy requires that local policy to not be less restrictive than federal policy. (SB965) • The ban on carbonated beverages with added sweetener will apply to all programs in the district, including the Nutrition Services program, student vending machines, student stores, classroom parties, special events, and fundraising events. This ban applies thirty minutes before the beginning of each school day until thirty minutes after the end of the school day. (SB965)
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6. Poway Unified	BP	4	<p>The following non-compliant guidelines apply:</p> <ul style="list-style-type: none"> • Caffeinated beverages containing more than 30 milligrams of caffeine per 12 oz. serving including coffee, tea, and chai (excluding low-fat or fat-free chocolate milk, and hot chocolate, which contain small amounts of caffeine). • Beverages containing vitamin/mineral-like supplements and additives such as food colorings/ flavors not approved by FDA, herbal, and non-vitamin supplements (including, but not limited to, ginkgo biloba, ephedra, ginseng, guarana, mahuang, etc.). • Beverages containing added sweeteners, including, but not limited to, sugar (raw, refined, unrefined, cane, brown, turbinado, white), invert sugar, dextrin, sucrose, honey, corn syrup, high fructose corn syrup, aspartame, saccharin, sucralose, cane juice, molasses, Equal, NutraSweet and Splenda (excluding hot chocolate).
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7. San Marcos		4	<u>Acceptable School Beverages</u> <ul style="list-style-type: none"> • Drinking Water – no added sweetener • Fruit-based drinks – no less than 50% fruit juice, no added sweetener • Vegetable based drinks – no less than 50% vegetable juice, no added sweetener
8. San Ysidro	BP 5030	7	School Beverages: <ul style="list-style-type: none"> • Drinking water with no added sweetener • Fruit juice with no less than 50% fruit juice, no added sweetener • Vegetable drinks with no less than 50% juice, no added sweetener • Milk: 1%, non-fat, milk alternatives such as soy, almond and rice milk • Carbonated drinks that are currently on the USDA exemption list and approved by the Child Nutrition Department.
9. Spencer Valley	BP	3	School meals may be prepared fresh on-site, shall meet or exceed state and federal nutritional standards, may not include pre-packaged foods whenever possible, may offer a vegetarian option to students, and may include a gluten-free alternative.
10. Valley Center-Pauma Unified	AR 3550 Food Service	2	The district’s food service program shall give priority to serving unprocessed foods and ingredients and fresh fruits and vegetables that have not been deep fried.
11. Vista Unified	BP 3012 Other Food sales	1 - 4	“No artificial sweeteners” (in foods or beverages at any grade)
12. Tech High		2	All meats and dairy products are hormone and anti-biotic free