



<b>4. Cajon Valley Union</b>	BP 5030	3	<ul style="list-style-type: none"> <li>● The Superintendent or designee shall provide access to free, potable water during meal times in the food service area in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students' consumption of water by educating them about the health benefits of water and serving water in an appealing manner.</li> </ul>
<b>5. Carlsbad Unified</b>	BP 5030		<ul style="list-style-type: none"> <li>● The Superintendent or designee shall provide access to free, potable water during meal times in the food service area in accordance with Education Code 38086 and 42 USC 1758, and shall encourage student's consumption of water by educating them about the health benefits of water.</li> </ul>

<b>6. Chula Vista</b>	BP 5030	4  10	<ul style="list-style-type: none"> <li>● Provide access to free, fresh drinking water during meal times in the food service area(s) of the school. (SB 1413)</li> <li>● Promote the consumption of water, fruits, vegetables, whole-grain products, low-fat or fat-free unflavored dairy products, and healthy food preparation methods emphasizing calorie balance between food intake and energy expenditure through physical activity and exercise.</li> </ul>
<b>7. Del Mar Union</b>	BP 5030	2	<p>The Superintendent or designee shall provide access to free, potable water during meal times in the food service area in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students' consumption of water by educating them about the health benefits of water and serving water in an appealing manner.</p> <p><i>Previous policy: Snacks served during the school day or in afterschool care or enrichment programs will make a positive contribution to children's diets and health, with an emphasis on serving fruits and vegetables as the primary snacks and water as the primary beverage.</i></p>

<b>8. Encinitas Union</b>	AR	C  d	<ul style="list-style-type: none"> <li>• <u>Allowed</u>: water or seltzer water without added caloric sweeteners;</li> <li>• Snacks served during the school day or in after-school care or enrichment programs will make a positive contribution to children’s diets and health, with an emphasis on serving fruits and vegetables as the primary snacks and water as the primary beverage.</li> </ul>
<b>9. Escondido Union</b>	BP 5030	5	<p>The superintendent or designee shall provide access to free, potable water during meal times in the food service area in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students’ consumption of water by educating them about the health benefits of water and serving water in an appealing manner.</p> <p><i>Previous policy:</i>  <i>The only beverages that shall be sold, served, or given away shall be water (with no added sweeteners), milk, fruit juice, preferably 100 percent but at least 50 percent fruit juice (with no added sweeteners), vegetable juice, at least 50 percent vegetable juice (with no added sweeteners), and in middle schools only, electrolyte replacement beverages with no more than 42 grams of added sweeteners per 20 ounce serving.</i></p>

<b>10. Escondido Union High</b>	AR	3	<p>Allowed: water or seltzer water without added caloric sweeteners; appropriate sports drinks; fruit and vegetable juices and fruit-based drinks that contain at least 50% fruit juice and that do not contain additional caloric sweeteners; unflavored or flavored lowfat or fat-free fluid milk and nutritional-equivalent nondairy beverages (to be defined by USDA)</p>
<b>11. Fallbrook Union High</b>			<p>Drinking water with no added sweetener</p>
<b>12. Grossmont Union High</b>	BP	8	<p>The following beverages are allowed for sale during the school day:</p> <ul style="list-style-type: none"> <li>• Drinking water with no added sweetener</li> </ul>

<b>13. Julian Union Elementary</b>	BP 5030	6	<ul style="list-style-type: none"> <li>• Schools will offer an accessible water station located within the snack/lunch area during meals and nutrition breaks to ensure that all children have access to water.</li> <li>• Snacks served during the school day or in after-school programs will make a positive contribution to children’s diets and health, with an emphasis on serving fruits and vegetables as the primary snacks and water as the primary beverage.</li> </ul>
<b>14. Julian High</b>	BP 5030	5  6	<ul style="list-style-type: none"> <li>• Schools will offer an accessible water station located within the snack/lunch area during meals and nutrition breaks to ensure that all children have access to water.</li> <li>• Snacks served during the school day or in after-school programs will make a positive contribution to children’s diets and health, with an emphasis on serving fruits and vegetables as the primary snacks and water as the primary beverage.</li> </ul>
<b>15. La Mesa Spring Valley</b>	AR	C  e	<ul style="list-style-type: none"> <li>• <u>Allowed:</u> Water or seltzer water<sup>5</sup> without added caloric sweeteners;</li> <li>• <u>Snacks:</u> Snacks served during the school day or in after-school care or enrichment programs will make a positive contribution to children’s diets and health, with an emphasis on serving healthy snacks, which includes fruit and vegetables and water as the primary beverage.</li> </ul>

<b>16. Lemon Grove</b>	BP 5030	3	<ul style="list-style-type: none"> <li>• Promote the consumption of water, fruits, vegetables, whole-grain products, low-fat or fat-free dairy products, and healthy food preparation methods emphasizing calorie balance between food intake and energy expenditure through physical activity and exercise.</li> </ul>
<b>17. Mt. Empire</b>	BP 5030	4	<ul style="list-style-type: none"> <li>• Acceptable School Beverages: Drinking Water- No added sweetener</li> <li>• All students and staff will be provided access to clean drinking water at no cost.</li> </ul>

18. National City	BP 5030	5	The Superintendent or designee shall provide access to free, potable water during meal times in the food service area in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students' consumption of water by educating them about the health benefits of water and serving water in an appealing manner.
19. Poway Unified	BP	2	Students and staff should have access to appropriate hydration (e.g., water or other fluids).
20. San Diego Unified	H-7700	5	The Food Services Department's goals are: <ul style="list-style-type: none"> <li>• Make available free potable drinking water for all students.</li> </ul>
21. San Dieguito Union High	AR 5030	4	<ul style="list-style-type: none"> <li>• The district ensures that students and staff have access to appropriate hydration (e.g., water or other fluids).</li> </ul>
		6	<ul style="list-style-type: none"> <li>• The only beverages that shall be sold are: Water, with no added sweeteners</li> </ul>
22. San Marcos Unified	BP 5030	4	<ul style="list-style-type: none"> <li>• <b>Acceptable School Beverages:</b> Drinking Water—no added sweetener</li> </ul>
		7	<ul style="list-style-type: none"> <li>• To comply with the State and Federal Regulations, all students will have access to free drinking water in the meal and nutrition break areas.</li> </ul>
23. San Pasqual Unified	BP 5030  Appendix A	4	<ul style="list-style-type: none"> <li>• Students and staff should have access to appropriate hydration (e.g., water or other fluids).</li> </ul>
		13	<ul style="list-style-type: none"> <li>• Elementary School: <ul style="list-style-type: none"> <li>○ Water, with no added sweetener</li> </ul> </li> <li>• Middle School: <ul style="list-style-type: none"> <li>○ Water, with no added sweetener</li> </ul> </li> </ul> <p><i>Previous policy:</i></p> <ul style="list-style-type: none"> <li>• <i>Establish and maintain a safe physical environment for students and staff including acceptable indoor air quality, ambient lighting and temperature conditions, equipment safety, hygienic facilities, safe transportation, and ensuring optimal social environment in schools.</i></li> </ul> <p><i>Elementary School:</i> <i>Water with no added sweetener</i></p>

	Appendix B		<p><i>Middle and High School: Water with no added sweetener</i></p> <p><u><i>Healthy Beverages:</i></u></p> <ul style="list-style-type: none"> <li>○ <i>Water – Water should be the main drink served to kids at snack times. Water satisfies thirst and does not have sugar or calories. If kids are used to getting sweetened beverages at snack times, it may take a little time for them to used to drinking water.</i></li> </ul>
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<b>24. San Ysidro</b>	BP 5030	2  7 8	<ul style="list-style-type: none"> <li>● Promoting the consumption of water, fruits, vegetables, whole-grain products, and low-fat or fat-free dairy products, and healthy food preparation methods emphasizing calorie balance between food intake and energy expenditure through physical activity and exercise.</li> <li>● Drinking water with no added sweetener</li> <li>● Free, potable water will be available for consumption in the place where meals are served during meal service at all district schools.</li> </ul> <p><i>Previous policy: Furthermore, the governing board will ensure that free, potable water will be available for consumption in the place where meals are served during meal service at all district schools. (Section 203, Healthy, Hunger-Free Kids Act, 2010)</i></p>
<b>25. Solana Beach</b>	BP 5030		<p>The Superintendent or designee shall provide access to free, potable water during meal times in the food service area in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students’ consumption of water by educating them about the health benefits of water and serving water in an appealing manner.</p> <p><i>Previous policy: Snacks served during the school day or in after-school care or enrichment programs will make</i></p>

			<i>a positive contribution to children's diets and health, with an emphasis on serving fruits and vegetables as the primary snacks and water as the primary beverage.</i>
<b>26. South Bay Union</b>	BP 5030	5	The Superintendent or designee shall provide access to free, potable water during meal times in the food service area in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students' consumption of water by educating them about the health benefits of water and serving water in an appealing manner.  <i>Previous policy: Drinking water with no added sweetener</i>
<b>27. Spencer Valley</b>	BP	3	The school shall provide access to free, potable water during meal time in the food service area in accordance with Education Code 38086 and 42 USC I758, and shall encourage students' consumption of water by educating them about the health benefits of water and serving water in an appealing manner. This may include allowing students to refill reusable water bottles with clean, potable water during the school day. Well water is routinely tested quarterly and on a yearly cycle, and the results are made public each June.
<b>28. Valley Center-Pauma Unified</b>		1	<i>Previous policy: Beverages -Asst. Water's Milk and 100% Juice</i>
<b>29. Warner Unified</b>	BP 5030	4	The Superintendent or designee shall provide access to free, potable water during meal times in the food service area in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students' consumption of water by educating them about the health benefits of water and serving water in an appealing manner.

<b>30. Albert Einstein</b>		4	Lunch periods should be scheduled so that students do not have to eat lunch unusually early or late, and ideally, so that they come after periods of exercise and with sufficient time to eat. Middle school students may eat during passing periods and all students will be allowed to drink water during class time.
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