

## School Wellness Policy Attributes “Electrolyte Replacement Beverages”

<b>District Name</b>	<b>BP/AR</b>	<b>Page #</b>	<b>Sentence</b>
<b>1. Alpine Union</b>	BP 5030	f	Not allowed: soft drinks containing caloric sweeteners; sports drinks...
<b>2. Cajon Valley Union</b>			Allows electrolyte beverages in middle schools
<b>3. Encinitas Union</b>		1	Whereas, nationally, the items most commonly sold from school vending machines, school stores, and snack bars include low nutrition foods and beverages, such as soda, sports drinks, imitation fruit juices, chips, candy, cookies, and snack cakes Thus, the Encinitas Union School District is committed to providing school environments that promote and protect children’s health, well-being, and ability to learn to their fullest potential by supporting healthy eating and physical activity.
<b>4. Escondido Union</b>			Allows electrolyte beverages in middle schools
<b>5. Escondido Union High</b>			Allows “appropriate sports drinks”
<b>6. Fallbrook Union High</b>			Allows electrolyte beverages
<b>7. Grossmont Union High</b>			Allows electrolyte beverages
<b>8. Julian Union Elementary</b>	BP 5030		Beverages containing added sweeteners including sugar, invert sugar, dextrin, sucrose, honey, corn syrup, aspartame, saccharine, sucralose, cane juice, molasses, Equal, NutraSweet, and Splenda shall not be sold or made available to students on the school campus.
<b>9. Julian Union High</b>	BP 5030	5	Beverages containing added sweeteners including sugar, invert sugar, dextrin, sucrose, honey, corn syrup, aspartame, saccharine, sucralose, cane juice, molasses, Equal, NutraSweet, and Splenda shall not be sold or made available to students on the school campus.

<b>10. La Mesa Spring Valley</b>			Allows electrolyte beverages for middle schools but also says no “sports drinks.”
<b>11. Lakeside Union</b>			Allows electrolyte beverages at middle schools
<b>12. Lemon Grove</b>			Does not sell in middle schools but not in policy
<b>13. Mt. Empire</b>	BP 5030	4	Electrolyte replacement beverages and caffeinated beverages will not be sold on campus during school hours.
<b>14. Poway Unified</b>	BP	5	Beverages containing added sweeteners, including, but not limited to, sugar (raw, refined, unrefined, cane, brown, turbinado, white), invert sugar, dextrin, sucrose, honey, corn syrup, high fructose corn syrup, aspartame, saccharin, sucralose, cane juice, molasses, Equal, NutraSweet, and Splenda (excluding hot chocolate).
<b>15. Ramona Unified</b>	AR 5030	11	<b>Middle/High Schools – Beverage Restrictions</b> Electrolyte replacement beverage: Water as first ingredient, and ≤ 2.1 grams added sweetener per 1 fl oz., and at least 10 but no more than 150 milligrams of sodium per 8 fl oz, and no added caffeine
<b>16. San Dieguito Union High</b>			Allows electrolyte beverages
<b>17. San Marcos Unified</b>	BP 5030	5	Electrolyte replacement drink (high school only) – Must include: Water as first ingredient No more than 2.1 grams of added sweetener per fluid ounce At least 10 but not more than 90 milligrams of potassium per 8 ounces No added caffeine Must be preapproved by Child Nutrition Services

<b>18. San Pasqual Unified</b>			Allows electrolyte beverages at middle & high  Middle School: Electrolyte replacement beverages that have no more than 42 grams added sweetener per 20 ounce serving.
<b>19. South Bay Union</b>			Allows electrolyte beverages at middle
<b>20. Spencer Valley</b>	BP	4	Students shall be discouraged from bringing non-nutritious food items from home such as candy, soda, and sports drinks.
<b>21. Vista Unified</b>			Allows electrolyte beverages at middle and high