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| Meeting Minutes: Schools & After-School Domain June 21, 2016: 11:00 p.m. – 12:30 p.m. United Way of San Diego County 4699 Murphy Canyon Rd. Room 100 San Diego CA 92123 | Next Domain Meeting: Schools & After-School Domain NEW TIME July 19, 2016: 1:00 p.m. – 2:30 p.m. United Way of San Diego County 4699 Murphy Canyon Rd. Room 100 San Diego CA 92123 |
| Attendees: Anita Lopez, Colin Cureton, Dan Fesperman (CHIP); Barbara Hughes, Deirdre Kleske, Judy Wright, Nick Beatman, Olivia Hughes (HHS); Carissa Iwamoto (FUESD); Catherine Slomka (OUSD); Elyse Homel-Vitale(CFPC); Gabie Armijo (FHCS); Heather Berkoben (Dairy Council of CA); Heather Ransons (YMCA CRS); Jamie Cassutt-Sanchez (EUSD); Kate Edra, Kate McDevitt (UCSD); Nancy Maldonado (AHA/ASA); Robin McNulty (SDHC); Shohre Zahedi (Hygia Weight Loss and Nutrition); Siri Perlman (SBSD) Recorder: Nina Ghatan (CHIP) | |

| Topic/Issue | Discussion | Action |
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| Welcome | <ul style="list-style-type: none"> Deirdre Kleske led introductions. | |
| Announcements | <ul style="list-style-type: none"> 6/29 is the summer meal program kick off at San Diego Unified and they will be hosting a BBQ as part of the event. A flyer with the summer meal sites was sent with meeting reminder last week. Dr. Shaila Serpas, co-chair of the COI Leadership Council, wrote an op-ed piece regarding an ordinance the city of Chula Vista was considering that would require the default beverage for kids meals to be water or milk. There was a positive article published in the UT a few weeks ago, which was followed by a negative one saying there was no correlation between soda consumption and childhood obesity. Dr. Serpas’s piece was in response to the negative article. The ordinance was suppose to go to council, but is currently in limbo due to the media attention. UCSD has a full time job opening at for a Program Manager to work with Northgate markets throughout Southern CA on a food incentive match grant program. They are looking for someone who is bilingual and has experience with healthy retail. Contact Kate for details. | |
| LCAP: The School Nutrition Connection- Melissa Cannon, California Food Policy Advocates (CFPA) | <ul style="list-style-type: none"> In 2013 the Local Control Funding Formula was created to give all school districts base funding with additional funds allocated to districts with high rates of students who are low-income, English learners, or foster youth. Districts are required to engage the community to determine funding priorities and create a plan and budget using the Local Control and Accountability Plan (LCAP) template to identify the goals, needs, anticipated measureable outcomes, and action steps. The goals must align with the following funding priorities: student achievement, student engagement, school climate, Common Core Standards, parental involvement, broad course of study, pupil outcomes, and local priorities. There is a direct link between student achievement and wellness. Breakfast significantly increases attendance and decreases tardiness. Student who attend class hungry are more likely to exhibit behavioral problems. Physical activity during the day helps children focus and aids behavior. 38% of LCAPs referenced the school meal programs. Large districts were more likely to mention | <ul style="list-style-type: none"> Melissa Cannon is seeking school board members who are school nutrition advocates to help CFPA link to other school board members on this issue. Contact Nina if you have any leads. |

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| | <p>nutrition programs; some tied programs to additional funding, but most linked to cafeteria funds.</p> <ul style="list-style-type: none"> • Student achievement, engagement, and school climate most often tied to nutrition programs. • LCAP Case Studies: <ul style="list-style-type: none"> ○ Novato Unified covered the cost of reduced-price meals for qualifying low-income students to provide all students access to high quality meals. ○ Encinitas Union funded farm-to-cafeteria produce and innovative educational activities at all nine schools within the district. ○ Pittsburg Unified funded a garden coordinator whose work was tied to NGSS and STEM opportunities for students. • Other districts have provided more substantial snacks, updated cafeteria facilities and equipment, improved quality of meals, hired additional staff to assist families to apply for free and reduced priced meals, offered breakfast at no cost to all students, and provided 2nd chance breakfast. • Elyse (from CFPA in San Diego) explained direct certification which automatically enrolls CalFresh (food stamp) recipients in the school's free and reduced price meal programs. She can present more on this if requested. • Interview findings: some school food service directors were unaware that LCFF can be used to fund strategies to increase participation in school meal programs, or nutrition education tied to the meal program. Food service directors often lack administrative support, time, and resources. • When food service directors were asked about their priorities for including in LCAP they identified support for breakfast in the classroom, closed campus, community eligibility, recess before lunch, and adequate time to eat. • Next steps: reaching out to superintendents to provide a list of best practices around enhancing school meal quality, school meal participation, water access in schools, and school wellness. • CFPA is working with partners to identify best practices and develop sample LCAP language, PowerPoint, and additional LCAP resources for food services directors and school meal advocates. • One of our workgroup goals next year could be to better organize and advocate for LCAP changes. • LWSD School Wellness team analyzed district wellness policies using WellSAT and presented the information to superintendents and others. They are now surveying directs to better understand their needs and connect them to resources. On September 9th, the County Office of Education will provide some time for a resource fair during its annual meeting on School Welfare & Attendance. There will be a breakout session where district staff will be divided by County region to learn about resources in their communities that could support wellness in their schools. District Reps and partners who offer such resources will be invited to participate in this resource fair. • Melissa is seeking school board members who have advocated for school nutrition so she can make linkages with other school board members. • A recommendation was made to host a forum to educate parents on LCAP and wellness so they | |
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| | <p>can advocate for these changes at schools (this could be joint project with Community Domain).</p> | |
| <p>COI Updates- Dan Fesperman</p> | <ul style="list-style-type: none"> • The Media Domain is in the process of creating infographics on the following topics: COI overview, the prevalence of childhood obesity, the history of COI, and domain one-sheets • Colin Cureton just released a new analysis of childhood obesity trends in San Diego County (see workgroup presentation preview below) | |
| <p>Farm to School Update</p> | <ul style="list-style-type: none"> • New blog post on CHIP’s food systems work. • A couple school districts have expressed interest in getting involved with farm to school, so Colin is the process of planning a call/webinar in July to provide an overview on farm to school. • Colin will be presenting at the APA conference on farm to school; the poster presentation will be on collective impact, with an oral presentation on the farm to school index. • Colin is co-chairing food systems track for the 2017 Childhood Obesity Conference in San Diego, if you have ideas of local examples and youth engagement projects, please notify Colin. He has been in contact with the UCSD Youth Council. • Farm to School Taskforce will reconvene in September. • CHIP will be closing the RFP this Friday for one school district to participate in the good food rebate program, which will provide up to \$10,000 as a rebate on local and sustainable product purchases to support better food options. The project is funded by Leichtag and preference will be given to north county school districts. | <p>View CHIP Food Systems blog and sign up for notifications: https://chipfoodsystems.wordpress.com/</p> |
| <p>Project Updates</p> | <ul style="list-style-type: none"> • Deirdre presented a Wellness Policy 101 to the supervisors of ASSETS after-school programs in 15 high schools in San Diego Unified. This will be followed up this fall with a presentation by Barbara Hughes, the County’s nutrition education lead, on personal wellness as well as how to advocate for healthy changes in their school and community. • We now have 16 examples of healthy fundraisers in 10 districts. We have a great quote from Carmel Creek Elementary in Solana Beach School District that will be used as part of a success story to highlight the Healthy Fundraising Champions Recognition program. This story should appear in a COI enews this fall, and link to the chart of examples, and healthy fundraising resources on the COI website. • Workgroup Presentation Preview: July - continue discussion on engaging preschools located on school sites (Jake McGaugh, YMCA) August - new analysis of childhood obesity trends in San Diego County (Colin Cureton, CHIP) September – hydration’s role in obesity prevention (Dr. Sarka Southern, Gaia Medical Institute) | <ul style="list-style-type: none"> • Help capture healthy fundraisers and forward Deirdre leads to investigate. • Nina send healthy fundraiser form and flyer with minutes and meeting reminders each month. |