

Meeting Minutes: Schools & After-School Domain August 16, 2016: 2:00 p.m. – 3:30 p.m. United Way of San Diego County 4699 Murphy Canyon Rd. Room 100 San Diego CA 92123	Next Domain Meeting: Schools & After-School Domain September 20, 2016: 2:00 p.m. – 3:30 p.m. United Way of San Diego County 4699 Murphy Canyon Rd. Room 100 San Diego CA 92123
Attendees: Cherianne Barry (Olivewood Gardens); Colin Cureton, Dan Fesperman (CHIP); Debal Acquaro, Deirdre Kleske, Jenny Flores, Melissa Roberts, Nick Beatman (HHS); Heather Berkoben (Dairy Council); Heather Ransons, Tamala Perryman (YMCA); Kate Edra (UCSD); Kim Speckhahn (NC Health Services WIC); Kim Speckhahn (North County Health Services WIC); Nicole Hardin (The Children’s Initiative); Robin McNulty (SDHC) Recorder: Nina Ghatan (CHIP)	

Topic/Issue	Discussion	Action
Welcome	<ul style="list-style-type: none"> Deirdre Kleske led introductions. 	
Announcements	<ul style="list-style-type: none"> North Region is hosting a Grandparents Raising Grandchildren event 8/27 for kinship caregivers. County Behavioral Health Services will be hosting forums to get input on mental health, alcohol, and drug services. Dinner and childcare will be provided for evening sessions. 9/23 from 8am-4pm the County is hosting an event for the public to assess the public health system. 9/9 is the Annual Summit on Student Engagement and Attendance. Many partners are participating in the Provider Fair. If your organization would like to participate, contact Deirdre for more details. American Diabetes Association is developing a school wellness program for students K-5 on 5-2-1-0 and healthy lesson plans. Feeding America San Diego is looking for four (two in North County) additional CACFP after-school meal programs sites that offer after-school enrichment. 9/10 from 10am-2pm South Region is hosting the 3rd Let’s Connect Expo at San Ysidro Adult Day Health to provide residents with community resources and application assistance. Eleven districts have new superintendents. The <i>Live Well San Diego</i> School Wellness Team created a list of current superintendents, which was shared via email with District Reps. 	<p>Contact Deirdre.kleske@sdcounty.ca.gov for more information on the Provider Fair on 9/9/16</p>
Child Overweight and Obesity in San Diego County, 2014-2015- Colin Cureton, CHIP	<ul style="list-style-type: none"> Data source- 2014 and 2015 CA Dept. of Education Physical Fitness Test Research files containing FITNESSGRAM measures based on BMI for all 5th, 7th, and 9th graders in California, totaling 99,464 San Diego County students. Methodology - arranged district-level figures for the weight status of 5,7th, 9th then disaggregated by gender, race/ethnicity, and socioeconomic status. Weaknesses - district-level as opposed to student-level data, small sample size in some districts, two years does not make a trend, and large swings (+5%) in obesity rates call into question data accuracy. Despite the limitations, this is the most recent and detailed analysis of childhood overweight and obesity in San Diego County using publicly accessible data with a strong health equity lens. 	

	<ul style="list-style-type: none"> • Results - between 2014 and 2015 there was an overall .05% increase in childhood overweight and obesity. • Childhood obesity rates in Coronado are about 15%, and close to 50% in National City. • In 2015 the childhood obesity rate was over twice as high for low-income children (22.7%) compared to non-low incomes children (10%). • In 2015 the childhood obesity rate was over twice as high for Hispanic children (23.1%) as it was for non-Hispanic children (10.8%). • Childhood obesity rates are decreasing for whites, two-or-more races, and Pacific Islander communities, and increasing in Hispanic and African American communities. • Childhood obesity rates vary widely based on school district, socioeconomic status and race/ethnicity. • Future research could include extending the analysis for three years and acquiring student level data and linking them to the COI indicators and farm to school data. • COI may need to consider adopting a comprehensive health equity lens. • The analysis lays the foundation for a more data-driven approach to childhood obesity reduction and prevention. • Recommendations included sharing the data with school leadership and nutrition departments, training District Reps to present the data to school wellness councils, emphasize to superintendents the connection between student health and student outcomes. 	
<p>COI Updates- Dan Fesperman</p>	<ul style="list-style-type: none"> • COI will be offering \$5,700 in mini-grants to school districts/schools and community based organization for community improvements such as placemaking. The Community Domain is determining the parameters and application process. More details soon. • Susi Jones and Jamie Cassutt-Sanchez will present at the September Leadership Council meeting on the role of wellness coordinators at their districts and how the COI supports their work. • Over the next eight months, the COI will do strategic planning. Next month we'll have an activity to help with workplan development. 	<ul style="list-style-type: none"> • Deirdre forward Nina healthy fundraising resources to add to website • Partners: share healthy fundraising success story to help increase awareness and to capture more examples.
<p>Farm to School Update</p>	<ul style="list-style-type: none"> • The next F2STF meeting is 9/23 at 10am in San Marcos. • The three-year farm to school plan will be presented to the Vista Unified School District this week. • The food systems team will begin conducting crop availability research soon. • Currently there are 14 districts involved with California Thursdays. • The Harvest of the Month calendar is staying the same, with an option to swap April and July. Materials available through UCSD (Kate Edra at kedra@ucsd.edu) • If you have any other project or presentation ideas, please notify Deirdre or Debal Aquaro. • National Wellness Policy Study funded through USDA captured 9 years of school district data and was looking at 5 year longitudinal data compared to student achievement data. • Spoke to food service director, students, superintendents, and other stakeholders and have 	

	<p>developed briefs targeted for stakeholders (not superintendents till next March) with best practices and linking school wellness and student outcomes. They will also be looking at implementation and providing recommendations.</p>	
<p>Project Planning: Celebrate the Green</p>	<ul style="list-style-type: none"> • Dan reviewed the current Schools Domain workplan to highlight all of the accomplishments over the past couple years, projects that are complete, and where the work is continuing. • We will continue this discussion over the next couple months to identify new projects such as incorporating pre/k into school wellness policies, superintendent outreach for school wellness resources, and continuing to advocate for wellness funding in district LCAPs. 	