



OUR COLLECTIVE IMPACT

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Shared Success: In Success Story Training, Group Learns How to Tell, Share Stories



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Opportunity

Every project tells a story. And that story is usually about people. Stories have long been an essential outlet for human understanding.

For eons we have told our stories, stories of the people, places and events that have touched our lives and changed our futures.

In community health, we see stories everywhere. By learning to recognize, record and tell those stories - through print, video or even through spoken language - we accomplish many things. Those include sharing vital information, earning future funding, and sharing successes leading to more opportunities. Importantly, **stories are the way we...**

Collaboration Corner

The "Collaboration Corner" is a section of the newsletter where we are asking partners to post collaborative opportunities, such as partnering on grant applications, volunteer opportunities, and other requests COI partners may be interested in supporting. Please email **Nina Ghatan** content by the 15th of the month and it will be included in the next newsletter.



Photo courtesy of Dunk Tank Marketing

Announcements


- The Media Arts Center's Teen Producers Project, a youth documentary filmmaking class, will be producing 2-3 minute visual stories during this fall session related to cardiovascular disease prevention. If your organization is interested in pitching at story to the youth, please complete this **form** by October 8, 2016.
- We'd like to wish Colin Cureton, CHIP's Food Systems Director farewell as he will be returning to Minnesota to continue working on food policy.
- The COI's Community Domain will be launching **Community Health Action Map Partners** (CHAMP) on October 31, 2016. CHAMP is a tool to connect community advocacy groups throughout San Diego County working on policy, systems, and environmental changes that support healthy eating and active living.
- The COI will be hosting two workshops/trainings to help build the capacity of our partner organizations over the next year. Please complete our two-question **survey** to let us know which topics are of interest to you.
- Early **bird pricing** for the 9th Biennial Childhood Obesity Conference is now available. The conference will once again be held in San Diego. Don't delay, register today!

COI Partner Highlight: Introducing Natalie Muth

Natalie Digate Muth, MD, MPH, RDN, FAAP is a dual board-certified pediatrician and obesity medicine physician and registered dietitian. She practices general pediatrics at Children's Primary Care Medical Group where she also leads a healthy weight clinic called the W.E.L.L. Clinic. In addition, she is the Senior Advisor for Healthcare Solutions for the American Council on Exercise and a member of the Executive Committee of the American Academy of Pediatrics Section on Obesity. **She is the author of ...**



News of Note

 [Carnival Supermarkets Promote Healthy Eating with 10 Cent Fruit and Vegetable Sale, October 1-2](#)

[City of Chula Vista holds panel on food insecurity](#)

[24:1 Community, Missouri](#)

[Discrimination toward overweight adolescents predictive of emotional problems](#)

[Warning labels could impact kids' sugary drink choices](#)



Events

CicloSDias

San Diego, CA | October 30, 2016

CicloSDias is a free open streets event that closes streets down to cars for the day and opens them to people to walk, bike, skateboard, etc. to create a healthy, sustainable and vibrant street experience. **For more details...**

The Good Food Showcase

Encinitas, CA | December 2, 2016

Please save the date for the Good Food Showcase. This event will be expanding on CHIP's Let's Go Local Produce Showcase. More details to come!

9th Biennial Childhood Obesity Conference

San Diego, CA | May 30-June 2, 2017

Please Save the Date for the 9th Biennial Childhood Obesity Conference. This event is the nation's largest, most influential collaboration of professionals dedicated to combating childhood obesity. [For more details...](#)

Research and Resources

"Look alike" Smart Snacks in Schools

A UConn Rudd Center study was the first to examine how selling look-alike Smart Snacks in schools affects parents' and students' attitudes about brand and perceptions of schools selling these products. Read the [fact sheet](#) and [full study](#) for more details.

**Launching Rx for CalFresh in San Diego: Integrating Food Security into Healthcare Settings**

The San Diego Hunger Coalition released a special [report](#) for healthcare providers, policy makers, and anti-hunger advocates on best practices and lessons learned for integrating food security into the healthcare setting.

Dehydration and Obesity

Dr. Sarka Southern with the Gaia Medical Institute presented at the September Schools and After-school Domain workgroup meeting on the connection between dehydration and obesity. To watch the presentation, click [here](#).

Sugar Industry and Coronary Heart Disease Research

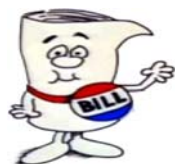
[Research findings](#) by University of California, San Francisco, published in JAMA Internal Medicine suggests many of today's dietary recommendations may have been largely shaped by the sugar industry.

A Place for Placemaking

Circulate San Diego released a [paper](#) on placemaking that outlines case studies of successful projects in San Diego and the challenges they have faced. The paper also offers recommendations on how the city can embrace creative placemaking, based on best practices in other cities.

211 San Diego: Nutrition, Healthy Weight, Physical Activity, and Diabetes Resource

San Diego County residents, healthcare providers, and agencies have access to FREE nutrition, healthy weight, physical activity, and diabetes resources by dialing "2-1-1" or clicking [here](#).



Policy Updates

[AB-2589 Public Health: Lactation Services and Equipment](#)

[AB-2782 Healthy California Fund](#)

[AB-1321 Nutrition Incentive Matching Grant Program](#)

[S. 2936 Stop Subsidizing Childhood Obesity Act](#)

Grant Opportunities

USDA Farm to School Grants

Application deadline: December 8, 2016

USDA will be awarding approximately \$5 million in grant funding to support improved access to local foods in schools. Competitive grants will be available to support planning, implementation, support service, and training.

[For more information...](#)

Sundt Foundation

Application deadline: December 15, 2016

The Sundt Foundation is awarding grants for nonprofit organizations that improve the quality of life for disadvantage children on a quarterly basis. Grants range from \$1,000 to \$10,000.

[For more information...](#)



How do you like our eNewsletter? [Send us feedback.](#)

We actively seek newsletter content from our partners. If you or your organization would like to submit content, please [email](#) it to Nina Ghatan.

The San Diego County Childhood Obesity Initiative is a public-private partnership facilitated by [Community Health Improvement Partners](#), a San Diego-based 501(c)3.

Disclaimer: The newsletter is for educational purposes only and does not constitute an endorsement of any product, resources, legislation, or intellectual content included in the

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