

Meeting Minutes: Schools & After-School Domain September 20, 2016: 2:00 p.m. – 3:30 p.m. United Way of San Diego County 4699 Murphy Canyon Rd. Room 100 San Diego CA 92123	Next Domain Meeting: Schools & After-School Domain October 18, 2016: 2:00 p.m. – 3:30 p.m. United Way of San Diego County 4699 Murphy Canyon Rd. Room 100 San Diego CA 92123
Attendees: Amy Garfinkel (SDUSD); Catherine Slomka OUSD; Cherianne Barry, Corrie Moduenig (Olivewood Gardens); Dan Fesperman (CHIP); Daniel Barajas (COMPACT); Barbara Hughes, Debal Acquaro, Deirdre Kleske, Doug Delay, Melissa Roberts (HHSa); Heather Berkoben (Dairy Council); Heather Ransons, Jake McGough (YMCA); Kate Edra (UCSD); Kim Speckhahn (NC Health Services WIC); Madeline White (ADA); Nicole Hardin-Chung (The Children’s Initiative); Paige Metz (SDCOE); Penny Adler (League of Women Voters); Robin McNulty (SDHC); Sam Duke (FASD); Staci Boretzky (Alliance for Healthier Generation); Susi Jones (JUSD Pathways); Yuka Asada (UIC); Recorder: Nina Ghatan (CHIP)	

Topic/Issue	Discussion	Action
Welcome	<ul style="list-style-type: none"> Deirdre Kleske led introductions. 	
Announcements	<ul style="list-style-type: none"> Fire Up Your Feet Fall Activity Challenge runs October 1-31. K-8 schools can track physical activity and win cash rewards. Check out www.fireupyourfeet.org for more details. Kate McDevitt, one of the Schools Domain co-chairs o recently announced she is changing roles and will now be a Wellness Supervisor with San Diego Unified. We hope she continues as a co-chair, but are unsure at this time. In the meantime, Kate Edra will be filling in. 9/27 8:30-10am School Health and Wellness Collaborative Meeting. 9/23 is the next Farm to School Taskforce Meeting in San Marcos. 	
Dehydration’s Connection to Childhood Obesity Dr. Sarka Southern, Gaia Medical Institute	<ul style="list-style-type: none"> Dehydration is a common health problem affecting over 50% of children and seniors. Even mild dehydration can affect balance, coordination, speed, changes in mood, attention, memory and cause health complications. As a result the Gaia Medical Institute has developed rapid dehydration tests that are cost effective and use saliva to provide quick results. If schools or after-school programs are interested in participating in a study, Gaia Medical Institute will be able to provide testing free of charge. To learn more, watch the presentation at: https://www.youtube.com/watch?v=YAHFXEBKP-Q 	<ul style="list-style-type: none"> Nina forward studies from Dr. Southern to the workgroup
Strategic Planning Activity	<ul style="list-style-type: none"> Participants completed a networking activity to discuss how their positions connect to the COI and how we could strengthen the workgroup. Partners reported it would be beneficial to: have more district wellness leads attend meetings, build workgroup capacity to advocate for wellness funding in LCAP, provide more time during meetings to identify action steps, have more time for networking to better understand the work of partners around the table, and provide new partners with an orientation. Afterwards partners were asked to complete the Action Plan Strategy document and write their names on poster paper to identify the top five strategies they are working on. 	