

Meeting Minutes: Schools & After-School Domain November 15, 2016: 2:00 p.m. – 3:30 p.m. United Way of San Diego County 4699 Murphy Canyon Rd. Room 100 San Diego CA 92123	Next Domain Meeting: Schools & After-School Domain January 17, 2017: 2:00 p.m. – 3:30 p.m. NEW LOCATION 2-1-1 San Diego 3860 Calle Fortunada, Rm. 114 San Diego CA 92123
Attendees: Amy Garfinkel (SDUSD); Andrea Rangel (YMCA); Alexis Beltran, Heather Cruz (CVESD); Angeles Nelson, Anita Lopez (CHIP); Cherianne Barry (Olivewood Gardens); Dana Henderson (Feeding San Diego); Debal Acquaro, Deirdre Kleske, Dianne Bourque, Melissa Roberts (HHSA); Heather Berkoben (Dairy Council); Jessica Mendelsohn (AHA); Kate Edra (UCSD); Kim Speckhahn (NCHS WIC); Nicole Hardin-Chung (The Children’s Initiative); Yuka Asada (UIC) Recorder: Nina Ghatan (CHIP)	

Topic/Issue	Discussion	Action
Welcome	<ul style="list-style-type: none"> Deirdre Kleske led introductions. 	
Announcements	<ul style="list-style-type: none"> Dairy Council is recognizing student All Stars in grades 4-12 who are creating healthy environments at their schools. Each winner will receive \$100 gift card. Please see the flyer for more details. The Dairy Council is also recognizing Outstanding Nutrition Educators that incorporate nutrition lessons in their classrooms. Application deadline is 2/28, see flyer for more details. The Healthlink North County meeting on 11/29 from 8:30-10:00am in San Marcos will include presentations on the lead prevention program and dental health initiative. Feeding San Diego will be hosting food distribution sites during the holidays, please share the flyer. Breastfeeding Coalition is helping childcare providers to become breastfeeding friendly. If you know parents looking for childcare (or if they have within the past two years) contact Linda Radecki for survey details. Breastfeeding Coalition is looking for new members, their next meeting is January 12. North County Health Services is providing breast pumps to schools in Escondido Union High School District to support students with breastfeeding. Sweetwater is currently revising their wellness policy to include language about staff and student lactation accommodations. CDE shared the ACLU’s lactation accommodation policies with superintendents. Yuka Asada will present at the January meeting on the National Wellness Policy Study. Reminder: the January meeting will be at <u>our new location</u>, 2-1-1 San Diego. Deirdre shared the Local School Wellness Policy Implementation Summary of the Final rule under the HHFKA. This is to be in place by June 30, 2017 so the workgroup can discuss strategies to support districts to be able to comply with the final rule, such as revising and communicating policy. 	<ul style="list-style-type: none"> Nina check with 2-1-1 to see if COI roster is provided in advance if it would ease of check in for January meeting. Nina send HHFK Final Rule out again with minutes.
Presentation: Shape of the Nation Report	<ul style="list-style-type: none"> Shape of the Nation Report was developed in 2016 to inform Physical Education and physical activity policies and practices, and to increase students’ physical literacy. Physical literacy is about giving kids the skillset, cognitive understanding, and value for physical 	<ul style="list-style-type: none"> Nina send out the ppt. out with the minutes. Paige bring cards to the next

<p>and Physical Education Resources- Paige Metz, SDCOE</p>	<p>activity to increase the likelihood that they will want to be physically active as adults.</p> <ul style="list-style-type: none"> • National trends show nearly all states have Physical Education content standards, professional requirements for teachers, and some type of Physical Education requirement. • 91% of parents feel there should be more Physical Education and physical activity in schools. • Most schools allow other activities to substitute for Physical Education, and some states allow districts to waive it entirely (including California which waives the final two years of high school). • Only a few states prohibit withholding or using physical education as punishment. • The median Physical Education budget per school is only \$764/year, and there is no specific bucket of funding for it. • California requires physical activity at elementary, middle, and high school, however 61% of students do not attend on an average week. • Ed Code requires four years of Physical Education; 2 years can be waived if a student passes 5 of 6 FITNESSGRAM* components (* fitness assessment for students in grades 5, 7, and 9). • There is not specific required curriculum, or teacher student ratios for class-size, also Physical Education is not included in a student’s GPA. • Professional development for teachers is not required and states do not have an evaluation system in place to ensure implementation of existing policies. • States vary in how they hold schools accountable depending on if they are high or low performing schools. • CAL 200 and ACLU have been trying to hold districts accountable through a Williams Complaint because of the lack of opportunities for students of color. • Most districts and sites don’t know what quality Physical Education programs look like. • Local Control Accountability Plans is an opportunity for schools to identify their goals and ways to fund them. • A portion of Title I funding may be used for health, wellness, Physical Education, and physical activity and can tie into Title 2 (professional development), and Title 4 (health and safety) funding. • We have to advocate for Physical Education funding because it is a part of a well rounded curriculum. • What we can do: encourage change at the local level; inform policy makers; access and promote resources; and help schools access funding for programs and professional development. • Fit 2 Learn, Fit 4 Life website is a resource for quality physical activity and Physical Education, and includes a glossary of terms, Physical Education apps, and grade-appropriate resources. • They are also recognizing “MVPs” that are physical activity leaders. • Participants can submit ideas to continue growing the website with quality resources. • SHAPE American teacher toolbox includes a calendar and resources (including early childhood) that meet the national standards, (you’ll have to compare it to the CA standards). 	<p>meeting</p>
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<p>COI and Farm to School Updates- Nina Ghatan</p>	<ul style="list-style-type: none"> • Nina provided a brief over of the COI Mini-Grant and thanked partners for helping to promote the opportunity. • Of the seven application received, two projects were selected. • The first project supports a bike to school program in National City and the second is for an intersection mural in Linda Vista that provides traffic calming to support active transportation. • Round two of funding will be available in May 2017. • Don't forget to register for the Good Food Showcase on December 2 at the Leichtag Ranch in Encinitas. 	<ul style="list-style-type: none"> • Register for the Good Food Showcase
<p>Project Updates</p>	<p>LCAP Advocacy and Toolkit</p> <ul style="list-style-type: none"> • California Food Policy Advocates is developing a toolkit on incorporating nutrition in the LCAP. • The workgroup can help supplement the resource by creating a section on Physical Education and physical activity and how it relates to students' academic success. • Paige will be taking the lead on this project; since it's a statewide resource it can potentially impact a lot of kids. • Once the resource is finalized, we can train wellness committees on the toolkit and how to access data through CHIS and NHANES. • A recommendation was made to host trainings open to all COI workgroups, and in different regions, to try to increase participation. <p>Preschool Policy</p> <ul style="list-style-type: none"> • Will discuss more in-depth next year. <p>Partner Education and Collaboration</p> <ul style="list-style-type: none"> • Recommended presentation include: County Share the Care oral health program; school district successes (San Diego Unified Wellness Center and BMI mapping, Jamie Cassutt-Sanchez share work in Escondido, Heather Cruz share work in Chula Vista); Doug Dalay share Project One for All on the impact of homeless on wellness and McKinney-Vento Act; and ACES and trauma-informed care. Additional ideas can be directed to Debal Acquaro. 	