



San Diego County Childhood Obesity Initiative Government Domain Minutes December 7, 2016

Attendees: Anastasiia Zhelokhovtseva, Dan Fesperman, Nina Ghatan, Stacey Kurz, and Stephanie Gioia-Beckman.

- I. Welcome and introductions led by Dan Fesperman
- II. Municipal Profiles
 - a. Anastasiia presented the updated municipal profiles and discussed some of the changes based on the last meeting.
 - b. Upon further review, the workgroup recommended adding the following: COI branded language, contact information, hyperlinks to all referenced policies, description for urban agriculture policies, the Government Domain as a resource, and additional language to the food policy scan resource.
 - c. The recommended updates will be made and shared at the next workgroup meeting.
 - d. Communities that fall within the Healthy Cities, Healthy Residents grantee areas can be prioritized as we launch the profiles.
- III. Healthy Vending Standards
 - a. Healthy Vending Standards are pretty consistent across the board, although the saturated fat content may vary slightly.
 - b. The City of San Diego aligns with California Smart Snacks in Schools, which encourages healthy taste tests and clear vending outcomes.
 - c. The recommendation is to offer 100% healthy vending and to include strict language regarding compliance monitoring in the contract.
 - d. County vending machine policies will be updated soon, so it might be possible to incorporate the recommendations in the revision.
 - e. Cutting edge machines highlight processing classification tags using a stop light visual.
 - f. **JuliAnna offered to share the sample model policy language with Nina to send to the workgroup.**
 - g. Recommendation was made for COI to meet with Canteen and other suppliers to make sure they can meet the criteria defined by the workgroup.
- IV. Default Beverage Incentive in Chula Vista
 - a. In November the Council agreed to adopt Kids Choice, which promotes water, milk, and 100% juice as the default beverage option for kids' meals at restaurants.

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- b. This aligns with the resolution that the City Council passed recognizing the negative impact of sugar-sweetened beverages.

V. Workplan Updates

- a. At the Live Well North Central meeting, Nina learned about a Placemaking Consortium that advocates for policies to streamline the permitting process for placemaking activities. Nina plans to attend the meetings in the future to see if there are ways the COI can support these efforts.
- b. **Dan add new partner outreach to the workplan;** next month we can begin identifying individuals and organizations to contact.
 - i. A starting point could be with the Healthy Cities, Healthy Residents grantees; new elected officials in Lemon Grove (two former RLA graduates); and Elly Brown with the San Diego Food Systems Alliance.
- c. The workgroup expressed interested in hosting an advocacy training for CBOs and nonprofits on ways they are able to educate elected officials on legislation.
 - i. We could also host a training for elected officials on healthy vending and best practices on ways to handle push back.
- d. **Stephanie forward the County Eat Well Standards to Nina to send to workgroup.**

VI. Announcements

- a. 12/16 Healthy Chula Vista is hosting a food forum.
- b. 12/13 COI webinar on childhood obesity initiatives across the country and will review their successes, challenges, and organizational structure.

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