



## San Diego County Childhood Obesity Initiative Healthcare Domain Minutes January 20, 2017

Attendees: Cheri Fidler, Cheryl Moder, Dan Fesperman, Dean Sidelinger, Drisana Moss, Giana Reuter, Kathleen Merchant, Kim Elkins, and Nina Ghatan

- I. Welcome and introductions led by Dan
- II. Rady Children's Obesity Clinic
  - a. The clinic sees over 500 kids a year, many of which are pre-diabetic.
  - b. The due to low follow through with individuals appointments, nurse practitioners support youth through group classes.
  - c. The average child is 12-13 years old and most families are on Medi-Cal, so they do not have a copay.
  - d. The workgroup continued the conversation on possibly using the clinic as a site for CCIW while continuing to identify a primary care setting (Dr. Bina in Lemon Grove or Dr. Serpas in Chula Vista).
  - e. Cheryl/Cheri ensure Giana and Drisana are added to the CCIW distribution list.
  - f. Giana and Drisana compile client demographics including age, insurance, zip code, race/ethnicity, gender, BMI, referral source, and if they are a return patient (in time for the next CCIW meeting).
  - g. Once the demographic information is finalized, we can also share it with Paige Metz co-chair of the Schools and After-school Domain, since there may be an opportunity for her to provide technical assistance and training to the schools the students attend.
- III. CCIW Update
  - a. ACE started training 14 staff from 2-1-1 on motivational interviewing this month.
  - b. Karis has agreed to take on the project management role, since they will be receiving the ACE funding; the remaining partners will continue supporting the project in kind.
  - c. Karis is working on the project timeline and plans to send a doodle out to schedule the next meeting.
- IV. OB/GYN Key Informant Interviews
  - a. The workgroup briefly reviewed the updated interview guide and pre-questions.
  - b. Preliminary recommendation include: making the pre-questions an online survey to make it easy, make question 12 on the pre-survey more inclusive by removing spouse and adding "partner or caregiver," and finally ending the pre-question by asking clinicians if they would be willing to talk to someone more in depth about their experience.
- V. Integrating Food Insecurity in the Healthcare Setting- Amanda was unable to join us due to illness, so she plans to provide an update on the forum at the next meeting.
- VI. New Partner Outreach
  - a. The workgroup expressed satisfaction with the partners around the table and acknowledged the need for an additional co-chair, since Jim Beaubaux from the San Diego County Medical Society retired.
  - b. We discussed filling the vacancy with another representative from the Medical Society or possibly Dean. We agreed to continue the discussion with Dean, offline.