

Meeting Minutes: Schools & After-School Domain January 17: 2:00 p.m. – 3:30 p.m. 2-1-1 San Diego 3860 Calle Fortunada, Rm. 114 San Diego, CA 92123	Next Domain Meeting: Schools & After-School Domain February 21, 201: 2:00 p.m. – 3:30 p.m. 2-1-1 San Diego 3860 Calle Fortunada, Rm. 114 San Diego, CA 92123
Attendees: Alma Palacios, Daniel Barajas, Debal Acquaro, Deirdre Kleske, Erika Hernandez, Jenny Flores, Melissa Roberts, Nick Beatman (HHSA); Amy Garfinkel (SDUSD); Angeles Nelson, Dan Fesperman (CHIP); Heather Berkoben (Dairy Council); Heather Ransons (YMCA CRS); Jamie Cassutt-Sanchez (United HC); Jamie Moody, Kate Edra (UCSD); Jessica Mendelson (AHA); Kate McDevitt (SDUSD); Christina Prado, Lupita Lira (CI); Priscila Hegger (RCHSD); Sam Duke (FSD); Staci Boretzky (AFHG); Susi Jones (JUSD); Yuka Asada (UIC)	
Recorder: Nina Ghatan (CHIP)	

Topic/Issue	Discussion	Action
Welcome	<ul style="list-style-type: none"> Deirdre Kleske led introductions. 	
Announcements	<ul style="list-style-type: none"> Jamie’s role with United Healthcare is expanding to work with any school district that uses VEBA for its employee benefits. Jamie can provide training and support for student and staff wellness. Once the details are finalized, we’ll email them to district reps to share with school districts. Heather is on the planning committee for the California Farm to School and Garden Conference, which runs March 27-29 in Modesto. Please see the flyer for more details. 1/24 the Health link Collaborative will meet in San Marcos at 8:30am, contact Melissa for more info. SANDAG Go by Bike mini-grant deadline is 1/20; 2/15 is the Fun Run Grant deadline. 2/14 is Love your Heart, blood pressure screenings will be available bi-nationally. Cal Dept. of Ed. Health Education Taskforce has discussed developing a nutrition ed. curriculum. SD Unified has over 170 schools that have a school site wellness coordinator that will implement a campus assessment and one staff and one student intervention by May. If you have any resources, please send them to Kate. Chula Vista Elementary School District began a wellness newsletter for staff to inform them about the wellness policy as well as resources and community events that support wellness. The Winter 2016 edition included a healthy fundraising section with a link to the COI Healthy School Fundraising Champions recognition program. Six nutrition specialists with County of San Diego will be working with SNAP-Ed eligible families throughout the County to work with students and parents. 	
Presentation: National School Wellness Policy Project, Yuka Asada-University of Illinois at Chicago	<ul style="list-style-type: none"> The National School Wellness Policy project is evaluating school district wellness policies and practices, student outcomes and implementation, and the impact of Healthy Hunger-Free Kids Act. The Bridging the Gap Report was the most comprehensive evaluation of written wellness policies from 2006-2007 to 2013-2014 and includes national representation of sample school districts. Topics in report include nutrition education, school meals, competitive food and beverages, physical activity and physical education, staff wellness and modeling, communications, etc. District wellness policies were evaluated based on strength and comprehensiveness. Quantitative Findings: 	<ul style="list-style-type: none"> Send the Bridging the Gap link and the National School Wellness Policy project to the workgroup.

	<ul style="list-style-type: none"> ○ Comprehensiveness scores found school meals and nutrition education to be the most addressed topics. ○ Districts are less likely to use strong language in their wellness policies. ○ 63% do not have Smart Snack guidelines and 36% have strong policy language (although some use general language that their policies are in accordance with federal guidelines). ○ 79% of schools prohibit marketing unhealthy options; 14% include strong policy language on that topic. ● Qualitative Stakeholder insights included feedback from 15 student representatives from nine states. <ul style="list-style-type: none"> ○ Majority of students were from the West and students were predominately Hispanic. ○ Key findings and recommendations include continue to advocate for school food reform, engage students in implementation efforts, and improve meal quality and presentation. ● A superintendent study is just beginning, so stay tuned. 	
<p>COI and Farm to School Updates- Dan Fesperman</p>	<ul style="list-style-type: none"> ● Prem Durairaj, the new director of food systems and research at CHIP will begin January 30. ● COI Mini-grant projects have been awarded for a bike to school project at two schools in National City and an intersection mural in Linda Vista to help with traffic calming. Keep an eye out for round two of funding in June. ● 1/12 COI Leadership approved signing on to a letter by CA Food Policy Advocates to the State Board of Ed. and CA Dept. of Ed. to advocate for the State's <i>Every Student Succeeds Act (ESSA)</i> implementation plan to provide guidance and encouragement for districts to include funding for wellness priorities in their budgets. ● State of Childhood Obesity in San Diego County Report will be released within the next couple months and will include data and information generated by the workgroup. ● COI will be launching a policy agenda, more details will be available after our February retreat. ● 12/2 was the Good Food Showcase. Partners that were in attendance reported that they enjoyed the Farm to School education table, K-12 curriculum, and the taste of the showcase. 	<ul style="list-style-type: none"> ● Add time on our March agenda to review State of Childhood Obesity Report.
<p>Project Updates</p>	<p>LCAP Advocacy and Toolkit</p> <ul style="list-style-type: none"> ● School Districts have to create new budgets annually (called LCAPs) to submit to SDCOE by June. ● Stakeholder engagement is required and now is an opportune time to organize to advocate for wellness. ● A recommendation was to create a calendar of upcoming meetings for partners to attend. ● Mental/social/emotional health is an areas of great concern for school staff and superintendents. Since there is a connection between mental and physical health, there may be an opportunity for us to start the conversation around wellness and connect them with resources, such as ACES/trauma informed care and Question, Persuade, and Refer trainings from the County. <p>Preschool Policy</p> <ul style="list-style-type: none"> ● Yuka is interested in expanding her work to the preschool setting and evaluating data of preschool policy language. She is currently seeking funding for evaluation efforts. ● YMCA is working on improving preschool wellness policy language through QPI and REACH. ● NEOP also has integrating preschools as a priority when working with school districts on their wellness policies. 	<ul style="list-style-type: none"> ● At February meeting share what districts currently have in their LCAPs and strategies to advocate to include wellness priorities. ● Jamie Moody to send Deirdre resources on early childhood wellness policies and evaluation.