

Meeting Minutes: Schools & After-School Domain February 21, 2017: 2:00 p.m. – 3:30 p.m. 2-1-1 San Diego 3860 Calle Fortunada, Rm. 114 San Diego, CA 92123	Next Domain Meeting: Schools & After-School Domain March 21, 2017: 2:00 p.m. – 3:30 p.m. 2-1-1 San Diego 3860 Calle Fortunada, Rm. 114 San Diego, CA 92123
Attendees: Amy Garfinkel (SDUSD); Angeles Nelson, Dan Fesperman, Prem Durairaj (CHIP); Ashley Brooks, Claire Tiraby Nguyen, Melisa Sambath, Sakura Takahashi, Samantha Willins, Rachel Charles, Susan Ocampo (students); Catherine Dick (SAY SD); Corrie Madueno (Olivewood Gardens); Dana Henderson (Feeding San Diego); Debal Acquaro, Deirdre Kleske, Erica Hernandez, KellyAnne Rodriguez (HNSA); Heather Cruz (CVESD); Heather Ransons (YMCA CRS); Jamie Cassutt-Sanchez (United HC); Jamie Moody (UCSD), Jessica Mendelson (AHA); Kate McDevitt (SDUSD); Lupita Lira (CI); Priscila Hegger (RCHSD). Joining by phone: Shohre Zahedi (Hygia); Staci Boretzky (AFHG); Yuka Asada (UIC) Recorder: Nina Ghatan (CHIP)	

Topic/Issue	Discussion	Action
Welcome	<ul style="list-style-type: none"> Deirdre Kleske led introductions. 	
Announcements	<ul style="list-style-type: none"> If you have examples of healthy school celebrations policies that are working, please share with Kate. In Chula Vista, all visitors must check in at the front office and front office staff are aware of the “no food at birthday celebrations” policy, so they help enforce it with the parents. Since this district policy is very clear and covers all schools, it makes it easier to communicate expectation with parents. Fun celebration alternatives can also be provided, and this works well in elementary schools. Kate said SDUSD hired three new wellness center coordinators to start at the end of February to support the high school students at Hoover, Lincoln, Serra, Morse, Crawford, and San Diego high schools. Each coordinator will support two high schools. If you have resources/services, or would like to do workshops with students notify Kate. Summer Food Service Program is gearing up through Feeding San Diego. They have 10 sites available and may be able to add a few more at libraries or schools. Contact Dana for more information. Shohre attended the Del Mar wellness committee meeting where they discussed the Go Zen program, which is a program that trains and licenses teachers to use the online platform to provide social-emotional support and anxiety relief to students in a classroom setting. San Diego Unified is training staff on mindfulness. Kate offered to connect Shohre with Donna Magden. 	<ul style="list-style-type: none"> Deirdre forward LCAP documents to Nina to send to workgroup Kate connect Shohre with Donna Magden
<u>Presentation: LCAP Wellness Connection- New Resources, Deirdre Kleske</u>	<ul style="list-style-type: none"> Every Student Succeeds Act (ESSA) and the Local Control Funding Formula (LCFF) provide schools with the opportunity to fund wellness. Stakeholder engagement is a requirement of Local Control Accountability Plan (LCAP), and schools are currently in the process of revising their LCAPs between now and April, because the deadline to submit LCAP’s to the County Office of Education is June 30. Resources including the CFPA LCAP Guide, FRAC School Break Scorecard, California Local School Wellness Policy Collaborative website, Active Living Research, and data from the San Diego Hunger Coalition are available to show the connection between student wellness and academic achievement. Workgroup partners are encouraged to contact districts they work with to find out dates of LCAP stakeholder meetings so they can attend and champion the cause of including wellness funding in LCAPs. Angeles Nelson 	<ul style="list-style-type: none"> Send Deirdre research and resources related to wellness/academics link.

	<p>described how Deirdre attended a Lemon Grove meeting for parents on English language learners called DELAC that morning to educate parents about advocating for wellness. Deirdre was supported by CHIP’s Lemon Grove HEAL Zone staff and the County Nutrition Educator for East Region.</p> <ul style="list-style-type: none"> • Water access and safety was used as an example of an advocacy topic, with help from recent articles on Vista installing filtered water stations, and San Ysidro having to provide students with bottled water after findings of high lead levels. LCAP funds could be used for water testing and water stations. • Research and resource that show the connection between wellness and academics including the CFPA LCAP Guide, FRAC School Break Scorecard, California Local School Wellness Policy Collaborative website, Active Living Research, and data from the San Diego Hunger Coalition. The Alliance for a Healthier Generation is currently compiling information on this topic. • If enough resources are gathered a section can be created on the COI website. 	
<p>COI Updates- Dan Fesperman</p>	<ul style="list-style-type: none"> • COI will be hosting a strategic planning retreat on 2/24 with our key partners. • We plan to discuss the COI policy agenda and look forward to providing more updates once they are available. • Domain level planning will start in the summer. • The State of Childhood Obesity Report is in the process of being finalized; we look forward to releasing it soon electronically. 	
<p>Farm to School Update- Prem Durairaj</p>	<ul style="list-style-type: none"> • Prem introduced himself and provided an overview of his background and experience. • Good Food Rebate Program is a pilot program with Fallbrook Unified School District, where CHIP provides up to a 20% rebate on local food procurement. • The district hosted a recent open house to highlight the local food that was being served and discussed successes and challenges. • The Farm to Institution Council (currently in the design phase) will identify synergy and linkages to improve the food system. • Results from the Good Food Showcase held in December are still being measured, and will help better identify priorities and targets for the next event. • Prem will present the Good Food Rebate Program at the Farm to School and Garden Conference in March and at the Childhood Obesity Conference in San Diego at the end of May. • The next Farm to School Taskforce Meeting is 3/10 in Oceanside; the meetings are a great opportunity to connect with school food nutrition directors. 	
<p>Project Updates</p>	<ul style="list-style-type: none"> • Partner Education and Collaboration: next month Dan will present on a draft of the State of Childhood Obesity in San Diego County Report. • Preschool Wellness Connection: Jamie M. is taking the lead on this project to better integrate early childhood education (ECE) programs into district and school wellness, and include ECE language in school wellness policies. <ul style="list-style-type: none"> ○ The COI website has a list of policy recommendations for daycare and ECE sites, and is at the forefront in establishing strong policies and guidelines. 	

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| | <ul style="list-style-type: none">○ Currently we have not identified any districts that include this language in their wellness policies, though Chula Vista is working with the YMCA Child Resource Center on developing an early childhood section in their wellness policy through CHIP’s REACH grant.○ Jamie is working on a literature review to see if there are any tangible behavior changes as a result of wellness policy adoption in ECE settings.○ The Domain’s Indicators of Progress rubric will be updated with a more in-depth preschool section.● District Representatives: Shohre reported that Solana Beach School District’s wellness policy committee is now meeting regularly which is a positive development. | |
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