

Domain 5: Community-based, Faith-based and Youth Organizations

“Shaping a Healthy Future” Award- The Junior League of San Diego

The Junior League of San Diego, Inc. is part of an international organization of women committed to promoting volunteerism, developing the potential of women, and improving the community through the effective action and leadership of trained volunteers. This year, the Junior League volunteers will donate nearly 60,000 hours to improving the health of San Diego’s children by inspiring families to make healthy eating and exercise a regular part of their lives.

The organization’s community projects are excellent examples of innovative and replicable programming that utilize cross-domain collaboration to strengthen the effectiveness of childhood obesity prevention and reduction efforts. The Junior League is empowering schools, community-based organizations and after-school programs to organize family physical activities and increase awareness of healthy lifestyles through projects such as “Growing Healthy Students,” “Kids Unplugged” and “Run for your Life”.

As a partner of the Childhood Obesity Initiative, they have provided the “School/Before & After-School” Domain with \$5,000 to award mini-grants to schools for the implementation of wellness policies. They are dedicated and passionate members of the Initiative’s cross-collaborative School Garden Committee and provided volunteers for the Childhood Obesity Summit. The Junior League is an excellent example of an organization empowering the community to create a brighter, healthier future.