

San Diego County Childhood Obesity Initiative

"Shaping a Healthy Future" Award- Enid Hohn

Enid Hohn was a hero, advocate and true trailblazer in field of Student Nutrition Services and a major force in the fight against childhood obesity. As the Child Nutrition Services Director at Vista Unified School District for 15 years, Enid laid the foundation for better health for both students and staff in the district.

By regularly thinking outside of the box, Enid dramatically improved the nutrition environment of her district while maintaining the business obligations of Child Nutrition Services. She created Nino's Pizza, the district's own brand of pizza that is healthier than commercial pizzas and was immediately popular throughout the district. Her landmark move to re-vamp vending machines in schools was extraordinary as she vowed to ensure healthy, fresh and affordable items were available to students and staff while actually increasing profits. The Healthy Vending Program at Vista Unified has been held up as an international model. As a pioneer in the school nutrition environment, Enid consistently shared her research, challenges, and successes, allowing other school districts to follow her lead. She went beyond her district traveling extensively to Sacramento and Washington DC challenging legislators to champion children's health as well as education. She spoke regularly at school districts and conferences around the nation. In 2003, she told the North County Times, "If you give kids the choice to choose health, they will."

Sadly, Enid lost her battle with cancer earlier this year. Although she will be dearly missed by family, friends and colleagues alike, her legacy lives on in the contributions she made in the fight against childhood obesity.