

Terms & Definitions for SDUSD's Farm to School program

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Farm to School. Farm to School connects schools (K-12) and local farms with the objectives of serving healthy meals in school; improving student nutrition; providing agriculture, health and nutrition education opportunities; and supporting local and regional farmers.

Locally Grown. The term locally grown refers to fresh or lightly processed fruits; vegetables and meat; milk or protein sources which have been grown and/or raised within the area defined by San Diego Unified to be local. Foods which are manufactured in San Diego, but do not contain food grown or raised within the area defined by San Diego Unified to be local, will not be considered to be a locally grown food or a local food product.

The Food Services Department has created a 3 tiered definition of locally grown foods.

1. **San Diego Local.** Grown/raised within 25 miles from the San Diego County Line.
2. **Local.** Grown/raised within a 150 mile radius of the San Diego Unified Food Services distribution center.
3. **Regional.** Grown/raised within a 250 mile radius of the San Diego Unified Food Services distribution center.

Locally Raised. Raised refers to the production of an animal or an animal product. Locally raised means that the animal was raised within the area defined by San Diego Unified to be local. Animal products which are manufactured, bottled, cooked or assembled within the local designation but do not contain food grown or raised within the area defined by San Diego Unified to be local, will not be considered to be locally raised food or a local food products.

Local business and/or community partner. Is a San Diego County based business which is family owned and/or solely operated (sole headquarters or manufacturing plants) are within San Diego County. Products which are manufactured, bottled, cooked, assembled, chopped, cut or bagged within the designated local mileage do qualify as a product made by a local business and/or community partner.

Local Farms. Farms which grow or raise food within the area defined by San Diego Unified to be local and adhere to the standards outlined below;

- Farms that grow no less than one crop per 500 acres.
- Preference will be given to farms that grow no less than 2 crops per 250 acres.

- Preference will be given to farms which utilize hand harvesting, hand packing or human labor power in the growing, harvesting, packing and selling of their food.
- Farms that are no larger than 1,000 acres.
- Preference will be given to farms that are 500 acres or less.
- Farms that grow food organically and/or in a sustainable manner, w/ minimal detectable pesticide residues on/in final food products.
- Farms which are within the borders of the United States of America.
- Farms that grow food without organophosphate pesticides.
- Farms that do not pre-treat, wash or clean raw or lightly processed foods with toxic detergents or cleansing agents such as bleach, ammonium or others not listed here.
- Producers that use Integrated Pest Management (IPM) techniques.
- No IPM certification is required.
- Farms must be willing to and capable of working with the established produce company of the Food Services Department.
- Including meeting basic variety, grading and packing standards of that company.
- Farms must be willing to and capable of working with or delivering directly to the Food Services Department's cold storage facility.
- Preference will be given to farms that are willing to provide SDUSD students and staff with hands on participatory Farm to School learning opportunities such as hosting school field trips, participating in school events and/or presenting their food products to students, teachers and staff.

Sustainable. An act, whatever act, is sustainable when it has the ability to endure into the future without reduced prowess in its use, function or impact. When used in relation to food and the environment sustainability typically rests on the principle that we are able to meet the needs of the present generation without compromising the ability of future generations to meet their own needs.

Experiential learning. Experiential learning relates to the meaning making process of the individual's direct experience. In order to gain genuine knowledge from an experience, certain abilities are required:

1. The learner must be willing to be actively involved in the experience;
2. The learner must be able to reflect on the experience;
3. The learner must possess and use analytical skills to conceptualize the experience;
4. The learner must possess decision making and problem solving skills in order to use the new ideas gained from the experience.